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Title:

***“THE PATH TOWARDS A SOUND
HEART”***

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***Bahagian Pengurusan Masjid
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"THE PATH TOWARDS A SOUND HEART"

الْحَمْدُ لِلَّهِ الْقَائِلِ: يَوْمَ لَا يَنْفَعُ مَالٌ وَلَا بَنُونَ. إِلَّا مَنْ أَتَى اللَّهَ بِقَلْبٍ سَلِيمٍ.¹

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ. اللَّهُمَّ صَلِّ وَسَلِّمْ عَلَى سَيِّدِنَا مُحَمَّدٍ وَعَلَى آلِهِ وَصَحْبِهِ أَجْمَعِينَ.

أَمَّا بَعْدُ، فَيَا أَيُّهَا الْمُسْلِمُونَ اتَّقُوا اللَّهَ، أَوْصِيكُمْ وَإِيَّايَ بِتَقْوَى اللَّهِ فَقَدْ فَازَ الْمُتَّقُونَ.

قَالَ اللَّهُ تَعَالَى : يَا أَيُّهَا الَّذِينَ ءَامَنُوا اتَّقُوا اللَّهَ حَقَّ تُقَاتِهِ وَلَا تَمُوتُنَّ إِلَّا وَأَنْتُمْ مُسْلِمُونَ.²

Dear blessed Muslims,

I sincerely call upon all of us to strive in increasing our *taqwa* of Allah *Subhaanahu Wa Ta'aala* by fulfilling all of His Commands and leaving out all matters that He forbade. May we all be bestowed with blissfulness and success in this world and the Hereafter.

¹ ash-Shu'araa' 26: 88-89.

² Aal 'Imraan 3:102.

On this noble day, I would like to expound on a *khutbah* titled “**THE PATH TOWARDS A SOUND HEART.**”

Dear blessed Friday audience,

When we talk about success and happiness, many of us will instantly envision abundant wealth, high stature, and many offspring. However, in reality, the thing that can bring true success and happiness is possessing a heart that is sound and tranquil.

Allah *Subhaanahu Wa Ta’aala* mentions in verses 88 and 89 of Soorah ash-Shu’araa’ that was recited at the beginning of the *khutbah*:

**“The Day when there will not benefit [anyone] wealth or children
But only one who comes to Allah with a sound heart.”**

Imaam al-Baydaawi mentioned in his *tafseer* that on the Day of Judgment, the abundance of wealth and having many children will not guarantee that one is spared from the punishment of Allah *Subhaanahu Wa Ta’aala*, save those whose hearts are purified from disbelief and inclination towards disobedience.

At that time, it is not the amount of wealth amassed that one will be asked about, or the many offsprings that one boasts about but only one thing serves as the defining scale, namely a sound heart when standing in front of Allah *Subhaanahu Wa Ta’aala*. Therefore, it is only befitting that we ask ourselves, are our hearts truly sound?

This question is no small matter, for most of the destruction afflicting the society today such as broken family relationships, severed *silaaturrahm* (ties of kinship), and fragility within the unity of the *ummah*, originate from the very

same matter. That is the disease of the heart, specifically *hasad* (envy), jealousy, and grudge. When the heart is infected with this illness, it becomes very easy for one to bring down his brethren, exposing the fault of others when they should be concealed, harping on past mistakes that should have been buried, to the point of holding endless grudges.

Respected Friday congregation,

Rasulullah ﷺ had reminded us that the heart is the determinant for the good or bad of one's life.

In the *hadeeth* of an-Nu'maan bin Basheer *radiyAllaahu 'anhuma*, he ﷺ said:

أَلَا وَإِنَّ فِي الْجَسَدِ مُضْغَةً إِذَا صَلَحَتْ صَلَحَ الْجَسَدُ كُلُّهُ،
وَإِذَا فَسَدَتْ فَسَدَ الْجَسَدُ كُلُّهُ، أَلَا وَهِيَ الْقَلْبُ

"Beware! There is a piece of flesh in the body if it becomes good (reformed) the whole body becomes good but if it gets spoilt the whole body gets spoilt and that is the heart."

(al-Bukhaari and Muslim)

This *hadeeth* teaches us upon a profound truth, that all human behaviors whether good or bad, abiding or disobedient, it all begins from the heart. When the heart is filled with *imaan* (faith), love, and *taqwa* of Allah *Subhaanahu Wa Ta'ala*, then all bodily limbs will obey, surrender, and driven towards obedience. On the flip side, if the heart is dominated by the lustful desire, envy, and grudge, all bodily limbs become enslaved to disobedience and enmity.

Furthermore, in this day and age, where we are inseparable from the use of social media, feelings of envy and displeasure will be expressed without much thought and made viral without thorough consideration. Obscenities are hurled in the comments section, as if one will not be held accountable or taken to task later. Beware of social media, even though it can tremendously facilitate our affairs, it can also become a burden of sins upon us if misused.

Dear beloved Friday congregants,

Islam teaches that a sound heart does not come about by itself, but that it necessitates a thorough process of purification of the soul or *tazkiyyatun nafs*, which is the very effort of cleansing the soul from blameworthy traits such as envy, *riyaa'* (showing off), arrogance, and grudge. The soul is then decorated with noble traits such as gratitude, patience, *tawaddu'* (humility), and compassion, through *mujaahadah* (striving) against the *nafs* (desire), as well as intensifying *'ibaadah* (worship) and righteous deeds.

The purification of the soul is among the main purpose for the messengership of Rasulullah ﷺ. He ﷺ guided his Companions not only to become a knowledgeable generation, but also possessing utmost *akhlaaq* (character) and pleasing to Allah *Subhaanahu Wa Ta'aala*. This coincides with what Allah *Subhaanahu Wa Ta'aala* mentions in the 2nd verse of Soorah al-Jumu'ah:

هُوَ الَّذِي بَعَثَ فِي الْأُمِّيِّينَ رَسُولًا مِّنْهُمْ يَتْلُوا عَلَيْهِمْ آيَاتِهِ
وَيُزَكِّيهِمْ وَيُعَلِّمُهُمُ الْكِتَابَ وَالْحِكْمَةَ

"It is He who has sent among the unlettered a Messenger from themselves reciting to them His verses and purifying them and teaching them the Book and wisdom."

Esteemed Friday audience,

Among the best method of purifying the soul and treating diseases of the heart is to increase in *shukr* (gratefulness), being pleased with the will of Allah *Subhaanahu Wa Ta'aala*, forgiving of others, and always engaging in *dhikr* (remembrance of Allah) and *istighfaar* (seeking forgiveness from Allah). The practice of making *wird* (invocation), *hizb* (litany), or *dhikr* collection whether *ma'thoor* (from authentic *Sunnah*) or compiled by the scholars are suitable in facilitating the masses to practice them in a consistent manner.

On this very opportunity, I would like to call upon those that administer *masaajid* and *suraus* to complete their list of Islamic course series at their respective locality with various religious sciences that are balanced for the community, inclusive of *'aqeedah*, *Sharee'ah*, and *Tasawwuf*. Invite certified teachers, whose knowledge and *akhlaaq* are recognized, to impart knowledge and providing guidance to the local community. I also would like to invite fellow congregants to altogether attend and benefit from *majaalis 'ilm* (circles of knowledge) offered.

My dearest and blessed Muslim brothers,

To end the *khutbah* today, let us reflect upon several lessons that can be garnered as guide in our lives:

1. The Muslim *ummah* must always cleanse its heart from reprehensible *akhlaaq* such as jealousy and enmity, hence decorating the

heart with virtuous *akhlaaq* and always having good thoughts upon the decree of Allah *Subhaanahu Wa Ta'aala*.

2. The Muslim *ummah* must always perform *muhaasabah* (self-evaluation) and diligently increase in acts of *'ibaadah* and righteous deeds as an avenue to develop a sound heart.

3. It behooves the Muslim *ummah* to revive and enliven *masaajid* and *suraus* by flocking to knowledge circles so as to nurture individuals that are knowledgeable, having tranquil heart, further forming a harmonious society possessing noble *akhlaaq*.

أَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ
قَدْ أَفْلَحَ مَنْ زَكَّاهَا. وَقَدْ خَابَ مَنْ دَسَّاهَا .

"He has succeeded who purifies it, And he has failed who instills it [with corruption]."

(Soorah ash-Shams 91:9-10)

بَارَكَ اللَّهُ لِي وَلَكُمْ فِي الْقُرْآنِ الْعَظِيمِ وَنَفَعَنِي وَإِيَّاكُمْ بِمَا فِيهِ
مِنَ الْآيَاتِ وَالذِّكْرِ الْحَكِيمِ وَتَقَبَّلَ مِنِّي وَمِنْكُمْ تِلَاوَتَهُ إِنَّهُ هُوَ
السَّمِيعُ الْعَلِيمُ.

أَقُولُ قَوْلِي هَذَا وَأَسْتَغْفِرُ اللَّهَ الْعَظِيمَ لِي وَلَكُمْ وَلِسَائِرِ
الْمُسْلِمِينَ وَالْمُسْلِمَاتِ فَاسْتَغْفِرُوهُ إِنَّهُ هُوَ الْغَفُورُ الرَّحِيمُ.

THE SECOND KHUTBAH

الْحَمْدُ لِلَّهِ الَّذِي أَنْزَلَ الشَّرِيعَةَ، هَدَى لِلنَّاسِ وَرَحْمَةً،

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ. اللَّهُمَّ صَلِّ وَسَلِّمْ وَبَارِكْ عَلَى سَيِّدِنَا مُحَمَّدٍ وَعَلَى آلِهِ وَأَصْحَابِهِ وَمَنْ تَبِعَهُمْ بِإِحْسَانٍ إِلَى يَوْمِ الدِّينِ. أَمَّا بَعْدُ، فَيَا عِبَادَ اللَّهِ اتَّقُوا اللَّهَ أَوْصِيكُمْ وَإِيَّايَ بِتَقْوَى اللَّهِ فَقَدْ فَازَ الْمُتَّقُونَ.

إِنَّ اللَّهَ وَمَلَائِكَتَهُ يُصَلُّونَ عَلَى النَّبِيِّ يَا أَيُّهَا الَّذِينَ ءَامَنُوا صَلُّوا عَلَيْهِ وَسَلِّمُوا تَسْلِيمًا.³

اللَّهُمَّ صَلِّ وَسَلِّمْ عَلَى سَيِّدِنَا مُحَمَّدٍ وَعَلَى آلِهِ وَأَصْحَابِهِ أَجْمَعِينَ.

اللَّهُمَّ اغْفِرْ لِلْمُسْلِمِينَ وَالْمُسْلِمَاتِ وَالْمُؤْمِنِينَ وَالْمُؤْمِنَاتِ الْأَحْيَاءِ مِنْهُمْ وَالْأَمْوَاتِ، بِرَحْمَتِكَ يَا أَرْحَمَ الرَّاحِمِينَ. اللَّهُمَّ أَعِزَّ الْإِسْلَامَ وَالْمُسْلِمِينَ، وَأَذِلَّ الشِّرْكَ وَالْمُشْرِكِينَ، وَدَمِّرْ أَعْدَاءَ الدِّينِ، وَاجْعَلْ هَذَا الْبَلَدَ آمِنًا مُطْمَئِنًّا وَسَائِرَ بِلَادِ الْمُسْلِمِينَ.

³ al-Ahzaab 33:56.

اَللّٰهُمَّ وَفِّقْ اَئِمَّةَ الْمُسْلِمِيْنَ وَوُلَاةَ اُمُوْرِهِمْ وَجَمِيْعَ الْمُسْلِمِيْنَ
لِمَا فِيْهِ صَلاَحُ الْبِلَادِ وَالْعِبَادِ.

اَللّٰهُمَّ اِنَّا نَسْأَلُكَ وَنَتَوَسَّلُ اِلَيْكَ بِنَبِيِّكَ الْاَمِيْنِ، وَنَسْأَلُكَ
بِاسْمَائِكَ الْحُسْنٰى، وَصِفَاتِكَ الْعُظْمٰى، اَنْ تَحْفَظَ بَعِيْنَ
عِنَايَتِكَ الرَّبَّانِيَّةِ، وَبِحِفْظِ وَقَايَتِكَ الصِّمْدَانِيَّةِ، جَلَالَةَ مَلِكِنَا
الْمُعَظَّمِ، سُلْطَانَ سَلَاطُوْر، سُلْطَانَ شَرَفُ الدِّيْنِ اَدْرِيسِ شَاهِ
الْحَاجِ ابْنِ الْمَرْحُوْمِ سُلْطَانَ صَلَاحُ الدِّيْنِ عَبْدِ الْعَزِيْزِ شَاهِ
الْحَاجِ. اَللّٰهُمَّ اَدِمِ الْعَوْنَ وَالْهِدَايَةَ وَالتَّوْفِيْقَ، وَالصِّحَّةَ
وَالسَّلَامَةَ مِنْكَ، لَوْلِيَّ عَهْدِ سَلَاطُوْر، تَغْكُوْ اَمِيْر شَاهِ ابْنِ
السُّلْطَانَ شَرَفُ الدِّيْنِ اَدْرِيسِ شَاهِ الْحَاجِ، فِيْ اَمْنٍ وَصَلَاحٍ
وَعَافِيَةٍ بِمَنْكَ وَكَرَمِكَ يَا ذَا الْجَلَالِ وَالْاِكْرَامِ. اَللّٰهُمَّ اَطْلُ
عُمْرَهُمَا مُصْلِحِيْنَ لِلْمَوْظَفِيْنَ وَالرَّعِيَّةِ وَالْبِلَادِ، وَبَلِّغْ
مَقَاصِدَهُمَا لِطَرِيْقِ الْهُدٰى وَالرَّشَادِ.

O Allah! Strengthen the 'aqeedah of the Muslims upon the creed of *Ahl as-Sunnah wal-Jamaa'ah*, which is upon the path of Prophet Muhammad ﷺ and his Companions *radiyAllaahu 'anhum*, as formulated by Imaam Abu Hasan al-Ash'ari and Imaam Abu Mansoor al-Maatureedi, practicing upon the

Shaafi'i *Madhhab* (juristic school of thought) while accepting the other three *madhaahib*, practicing *tasawwuf* upon the way of Imaam Junayd al-Baghdaadi and Imaam al-Ghazaali. Spare us from all forms of bribery and abuse of power, as well as misguidance and extremism, and protect us from *fitan* that can harm the union and unity of the Muslim *ummah*.

O Allah! Bestow peace and prosperity upon our state and nation. Protect us from all forms of disaster, fitnah and calamity. Bestow upon us leaders that have utmost integrity, firmness, and courage in upholding the Truth according to Your *Sharee'ah*.

O Allah! Protect the Muslim *ummah* and Masjid al-Aqsa in Palestine. Preserve them from oppression and evil, and bestow upon them steadfastness, strength, and victory.

رَبَّنَا هَبْ لَنَا مِنْ أَزْوَاجِنَا وَذُرِّيَّتِنَا قُرَّةَ أَعْيُنٍ وَاجْعَلْنَا لِلْمُتَّقِينَ إِمَامًا.⁴
رَبَّنَا ءَاتِنَا فِي الدُّنْيَا حَسَنَةً وَفِي الْآخِرَةِ حَسَنَةً وَقِنَا عَذَابَ النَّارِ.⁵
عِبَادَ اللَّهِ، إِنَّ اللَّهَ يَأْمُرُ بِالْعَدْلِ وَالْإِحْسَنِ وَإِيتَايَ ذِي الْقُرْبَى وَيَنْهَى
عَنِ الْفَحْشَاءِ وَالْمُنْكَرِ وَالْبَغْيِ يَعِظُكُمْ لَعَلَّكُمْ تَذَكَّرُونَ.⁶
فَاذْكُرُوا اللَّهَ الْعَظِيمَ يَذْكُرْكُمْ وَاشْكُرُوهُ عَلَى نِعَمِهِ يَزِدْكُمْ،
وَاسْأَلُوهُ مِنْ فَضْلِهِ يُعْطِكُمْ وَلَذِكْرُ اللَّهِ أَكْبَرُ وَاللَّهُ يَعْلَمُ مَا
تَصْنَعُونَ.

⁴ al-Furqaan 25:74.

⁵ al-Baqarah 2:201.

⁶ an-Nahl 16:90.

