



***FASTING INCREASES
THE TAQWA OF THE
MUSLIM UMMAH***



بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Let us altogether strive
to increase our *taqwa*
of Allah *Subhaanahu*
Wa Ta'aala by
performing all of His
Commands and leaving

**out all of His
prohibitions so that we
will be among those
attaining blissfulness in
this world and the
Hereafter.**

Today's *khutbah* is titled...


...

***FASTING INCREASES
THE TAQWA OF THE
MUSLIM UMMAH***



[#bahagianpengurusanmasjid](#)

Verily, the concept of fasting is not merely refraining from eating and drinking, as well as actions that would invalidate it, but it necessitates guarding the senses such as the

eyes, ears, and tongue, as well as bodily limbs from committing deeds that can lead to sinning and disobedience. Abu Hurayrah *radhiyAllaahu 'anh* reported: Rasulullah  said:

“Verily, fasting is not only abstaining from eating and drinking. Rather, fasting is abstaining from vanity and obscenity. If someone abuses you or acts foolish against you, then say: ‘Indeed, I am fasting.’”

(ibn Hibbaan)

Befitting with this holy month, there should not be any Muslims that purposely do not fast without any legitimate reason, for aside from sinning, that fasting that was missed out cannot

be made up even if one
fasts his entire life. In
the *hadeeth* of Abu
Hurayrah *radiyAllaahu*
'anh, Rasulullah ﷺ said:

“Whoever breaks the fast during Ramadaan without an allowance or illness, then if he fasted for all time, his fasting would not make up for it.”

(at-Tirmidhi)

Therefore, let us internalize our fasting with full diligence so that the aid from Allah *Subhaanahu Wa Ta'aala* will come, where fasting acts a shield, in addition to other virtues that are innumerable.

The Muslim *ummah* must seize this golden opportunity to indulge in *'ibaadah* (worship) throughout the month of Ramadaan, so as to reach the level of *taqwa* by performing;

First: The *Taraweeh* Supererogatory Prayer

The *sunnah* prayer of *taraweeh* is legislated only in the month of Ramadaan. It not only offers tremendous reward

but also grants *barakah*
(blessings) including
forgiveness of sins. In
the *hadeeth* of Abu
Hurayrah *radiyAllaahu*
'anh, Rasulullah ﷺ said:

“Whoever prays during the night in Ramadaan out of sincere faith and seeking its reward from Allah, will have all of his previous sins forgiven.”

(al-Bukhaari and Muslim)

The word **قَامَ** in this *hadeeth* refers to standing, meaning performing *salaah* (prayer), which also include other forms of *'ibaadah* such as engaging in

dhikr (remembrance of Allah), recitation of al-Qur'an, *i'tikaf* (seclusion) in the masjid, and others. While, the phrase "previous sins will be forgiven" refers to minor sins only, for the major

sins can only be
forgiven through
tawbah (repentance)
and resoluteness in not
repeating them again.

This indicates that fasting and the *taraweeh* prayer are two essential deeds during the month of Ramadaan. What a tremendous loss if we are not prepared to spare some time for 20 *raka'ah*

of *taraweeh* prayer as performed in Masjid al-Haraam in Makkah and Masjid an-Nabawi in Madeenah. The *taraweeh* prayer can only be performed in Ramadaan, it is not to be done in

other months. The
Companions of
Rasulullah and the
saaliheen (righteous)
of the past would be in
tears when they parted
with the month of

Ramadaan, fearing that they may not be able to experience Ramadaan of the following year, due to the health and age factor.

Two: Spending One's Wealth

Ramadaan is a very special period for those that give *infaaq* (charity) from their wealth. *Infaaq* that is *waajib* (obligatory)

would be *zakaat al-fitr*,
while the *sunnah*
(recommended) ones
are giving charity and
waqf (endowment).
Regarding the
obligation of giving

zakaat al-fitr, it is as
mentioned in the
hadeeth of ibn ‘Abbaas
radiyAllaahu ‘anhuma,
whom stated:

***“The Messenger of Allah
(ﷺ) enjoined zakaat al-fitr
as a purification for the
fasting person from idle
talk and obscenities, and
to feed the poor.”***

(Abu Dawood and ibn Maajah)

Giving charity by providing *iftaar* to those breaking their fast is promised with great rewards. While, stinginess and miserliness are among

the traits that will
destroy our inner
selves. Allah

Subhaanahu *Wa*

Ta'aala mentions in
verse 9 of Soorah al-
Hashr:

“...And whoever is protected from the stinginess of his soul - it is those who will be the successful.”

Third: Recitation of al-Qur'an

Al-Qur'an was sent down in the month of Ramadaan and its recitation is *'ibaadah*. Al-Qur'an provides fundamental laws

for the Muslims. Its recitation is *'ibaadah*, to ponder and learn about its teachings are also *'ibaadah*, and adhering to its teachings is *waajib*. Allah *Subhaanahu Wa Ta'aala* will grant

shafaa'ah (intercession)
which is goodness, *rahmah*
(mercy), and forgiveness
upon those that recites al-
Qur'an. In the *hadeeth* of
Abu Umaamah al-Baahili
radiyAllaahu 'anh,
Rasulullah ﷺ said:

***“Recite the Qur’an,
for it will come as an
intercessor for its
reciters on the Day of
Resurrection.”***

(Muslim)

Moreover, if we are able to recite it rigorously during Ramadaan whether in the masjid or with the family at home, not only will we attain the *shafaa'ah* but we will be able to educate our family

**members in becoming
closer with al-Qur'an.**

**Fourth: Increasing Our
Supplication**

**Whichever righteous deeds
that we indulge in, let us not**

at all forget to make *du'aa* (supplication). This is because supplications in the month of Ramadaan will be accepted by Allah *Subhaanahu Wa Ta'aala*, especially at the time of breaking the fast.

In the *hadeeth* of ‘Abdullah bin ‘Amr *radhiyAllaahu ‘anhuma*, Rasulullah ﷺ said:

“When the fasting person breaks his fast, his supplication is not turned back.”

(ibn Maajah)

According to 'A'ishah
radiyAllaahu 'anha,
Rasulullah ﷺ had
taught her to
supplicate;

اللَّهُمَّ إِنَّكَ عَفُورٌ نُحِبُّ الْعَفْوَ فَأَعْفُ عَنِّي

“O Allah, You are Most Forgiving, and You love forgiveness; so forgive me.”

(Ahmad, ibn Maajah and at-Tirmidhi)

Ramadaan fasting has many *hikmah* (wisdom), among them is to overcome the *nafs* (desire) and defeat the *shahwah* (lustful desire) whether on eating and drinking or other matters.

Fasting also purifies the heart from the filth of sins and prepares one to become a person of *taqwa*. Similarly, fasting trains one to become patient, fulfilling his or her promise, and have

**compassion upon others.
For the hungry person
will consciously remain
cognizant of the hunger
endured by others. May
we be bestowed with
compassion and remain
ever ready to assist those**

that are truly in need.
Fasting also softens the
heart, and the soft heart
will taste the pleasure of
beseeching and
remembering Allah
Subhaanahu Wa Ta'aala.

Hence, let us deeply
internalize upon our
fasting with great
diligence so that the help
of Allah will come, where
fasting serves as a shield,
and other virtues that are
countless. It is greatly

recommended that we
strive to increase our
knowledge and become
well-informed of the
common issues
regarding the *'ibaadah*
of fasting, so that our
fasting will be accepted

by Allah *Subhaanahu
Wa Ta'aala.*

To end the sermon
today, let us reflect
upon the following
suggestions:

1. The Muslim *ummah* must have certainty that fasting in the month of Ramadaan is an ordainment that is *waajib* upon every Muslim.

2. The Muslim *ummah* must be well-versed regarding the rulings pertaining to issues in fasting, so that their fasting adheres to the *Shara'*.

3. The Muslim *ummah* must remain *istiqaamah* (steadfast) while performing *'ibaadah* throughout Ramadaan, with fasting during the day and supererogatory

'ibaadah during the
night, so as to attain the
barakah of this blessed
month.


***“And when My servants
ask you, [O
Muhammad],
concerning Me - indeed
I am near. I respond to
the invocation of the
supplicant when he***

calls upon Me. So let them respond to Me [by obedience] and believe in Me that they may be [rightly] guided.”


(al-Baqarah 2:186)



**THE SECOND
KHUTBAH**



Let us altogether strive to have the *taqwa* of Allah *Subhaanahu Wa Ta'aala* by increasing our obedience towards Him and avoiding acts of disobedience and abominable deeds.




O Allah, grant us guidance in performing the five obligatory prayers in congregation, fulfilling *zakaat* through Selangor *Zakaat* Board (LZS), making endowment (*waqf*)




through *Perbadanan Wakaf Selangor* (Selangor Endowment Corporation) and giving away our wealth (*infaaq*) through *Tabung Infak Jariah Umat Islam Selangor* (TIJARI, Selangor Continuous Charity for Muslims Fund),




**and to the orphans through
Darul Ehsan Islamic
Foundation (YIDE).**




**Make us among Your slaves
that fulfills the *amaanah*.
Strengthen our *imaan* so that
we avoid treachery, protect us
from becoming among those
that neglect their
responsibilities, and protect**



**our state and nation from
destruction due to bribery.
Render the duty to lead our
country upon Your slaves
whom are trustworthy and
honest, as well as firm and
courageous in upholding**



**the truth and executing
justice according to the
Sharee'ah. O Allah, make the
masaajid and *suraus* in the
state of Selangor as Your
peaceful homes,**



**uniting everyone, and
serve as the heart of the
ummah's strength.**



**ILUSTRASI INI
DISEDIAKAN OLEH**

**unit khutbah
bahagian pengurusan masjid**