



جباةان اءاماء اسلام سلانءور  
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***BEWARE OF  
THE HEART***

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

I remind myself and invite  
esteemed audience to  
always strive in  
increasing our *taqwa* and  
*imaan* (belief) in Allah  
*Subhaanahu Wa Ta'aala,*

as well as adherence in practicing the *Sunnah* of Rasulullah ﷺ. May our lives in this world and the Hereafter always remain blessed and preserved by Allah *Subhaanahu Wa Ta'aala. Inshaa Allah.*



On this glorious day, let us perform *muhaasabah* (evaluation) of our ourselves by taking lessons from a *khutbah* titled



***BEWARE OF  
THE HEART***

**Each and every single part of the human body are created with its own unique functions and roles. When one malfunctions, then its task and function will be disrupted or becomes**

**non-functional. This includes when a person is plagued with the disease of the heart. When the heart is infected with ailment, such person will be further away from**

Allah *Subhaanahu Wa Ta'aala* for such heart cannot perform its duties at par. It is unable to perform its task adequately, unable to perform *'ibaadah* (worship) unto

Allah *Subhaanahu Wa Ta'aala*, moreover becoming increasingly distant from knowing Allah *Subhaanahu Wa Ta'aala*.



**Allah *Subhaanahu Wa Ta'aala* had reminded us through verse 57 of soorah Yoonus, which means:**

***“O mankind, there has to come to you instruction from your Lord and healing for what is in the breasts and guidance and mercy for the believers.”***

The disease of the heart is a very dangerous illness. Those suffering from it will not even be aware of it. Even if he or she is aware of it, it is very difficult for the person to remain patient

in treating it, for the cure to the disease of the heart is by fighting off the evil desire. As in the *hadeeth* of Nu'man bin Basheer *radiyAllaahu 'anh*, where Rasulullah ﷺ said:



***“In the body there is a piece of flesh, and the whole body is sound if it is sound, but the whole body is corrupt if it is corrupt. It is the heart.”***

***(Agreed Upon)***

**It is crystal clear, that the heart is the king for the entire parts of our body, where the heart plays a vital role as the mover or leader for a particular deed, whether physically or spiritually. If one has a**

**clean heart, then each  
and every deed  
performed will become  
perfected and excellent.  
But if his heart is  
corrupted, then all of the  
body parts will follow suit  
and become corrupted,**

and definitely he will  
forget the very reason for  
his creation and  
ultimately he will be  
distant from  
remembering Allah  
*Subhaanahu Wa Ta'aala.*



This has been the ailment  
within the *ummah*  
throughout time. They  
would reap *rizq*  
(provision) and *ni'mah*  
(favours) from Allah  
*Subhaanahu Wa Ta'aala*  
at will, but unfortunately,

it is very heavy and  
difficult to remain  
grateful and thank Allah  
*Subhaanahu Wa Ta'aala,*  
who is the Most Merciful  
and Most Compassionate,  
as well as Most Giving.  
They deem that whatever

**it is that they possess, all  
were due to their own  
efforts.**

**Therefore, let us ponder  
for a moment, what is the  
status of our very own  
heart? Is it from among**

**the following five categories that will be stated, among them:**

**1. The heart that is alive.**

**It is the heart which is safe from various**



diseases and damages.  
Inside it, there is none  
save the love for Allah  
*Subhaanahu Wa Ta'aala*  
and fear of Him. The  
heart is fearful upon  
matters that can further  
distance it from

Allah *Subhaanahu Wa Ta'aala*. It is the heart that has *khushoo'* (tranquility and humility), alive and always cognizant of its very purpose of being on Allah's earth.

## 2. The heart that is dead.

It is the heart that is lifeless within it. It does not know it's *Rabb* (Lord), nor does it want to worship Him. It lives according to the whims and desire, and purely for

worldly pleasure, despite incurring the wrath of Allah. It does not heed to the advice given. It only responds to the whispers and seduction of *shaytaan*.

### **3. The sick heart.**

**This heart stores tons of energy purely for the worldly life alone, with ailments infested within itself. Sometimes, it is able to remember Allah out of need for the**

worldly life, but it is  
actually closer to  
destruction and  
disobedience against  
Allah *Subhaanahu Wa  
Ta'aala.*



**After knowing the status and category of our hearts, then hasten to find the cure or medicine that can restore the health and purity of our hearts, for every illness has its cure. Similarly, the**

**sick heart has its cure,  
among them:**

**1. *Dhikrullaah* (especially  
not abandoning the  
obligatory prayers and  
knowledge regarding  
individual obligations).**

**Allah *Subhaanahu Wa Ta'aala* mentions in verse 41 and 42 of soorah al-Ahzaab:**

***“O you who have  
believed, remember  
Allah with much  
remembrance. And  
exalt Him morning  
and afternoon.”***

**2. Always in the companionship of al-Qur'an (recitation, learning, pondering, and comprehending its verses).**

**Allah *Subhaanahu Wa Ta'aala* mentions in the second verse of soorah al-Anfaal:**



***“The believers are only those who, when Allah is mentioned, their hearts become fearful, and when His verses are recited to them, it increases them in faith; and upon their Lord they rely.”***

**3. Always remembering death (by always remaining grateful and repenting upon all of the sins and wrongdoings committed).**

Allah *Subhaanahu*  
*Wa Ta'aala* mentions:  
in verse 34 of soorah  
al-A'raaf:

***“And for every nation is a [specified] term. So when their time has come, they will not remain behind an hour, nor will they precede [it].”***

To end this *khutbah*,  
let us altogether  
derive lessons and  
internalizations as  
guidance for us.  
Among them:

1. The Muslim *ummah* must always protect the heart from all types of ailments that can cause it to distance away from Allah *Subhaanahu Wa Ta'aala* and neglect the duty and responsibility of worshipping Him.



2. The Muslim *ummah* must always enliven the heart by always remembering Allah *Subhaanahu Wa Ta'aala* through increase in *dhikr*, recitation and *tadabbur* of al-Qur'an,

**as well as remaining  
grateful upon all of  
the favors that Allah  
has bestowed.**

3. The Muslim *ummah* must remain cognizant of death, as motivation unto becoming servants of Allah that are *saalih* (righteous) and upright for the religion, family, and society.

***“And of the people are some who say, “We believe in Allah and the Last Day,” but they are not believers. They [think to] deceive Allah and those who believe, but they deceive not except***


***themselves and perceive [it] not. In their hearts is disease, so Allah has increased their disease; and for them is a painful punishment because they [habitually] used to lie.”***

***(Soorah al-Baqarah 2:8-10)***




**THE SECOND  
KHUTBAH**





**Let us altogether strive to have the *taqwa* of Allah *Subhaanahu Wa Ta'aala* by increasing our obedience towards Him and avoiding acts of disobedience and abominable deeds.**




**O Allah, grant us guidance in performing the five obligatory prayers in congregation, fulfilling *zakaat* through Selangor *Zakaat* Board (LZS), making endowment (*waqf*)**



**through *Perbadanan Wakaf Selangor* (Selangor Endowment Corporation) and giving away our wealth (*infaaq*) through *Tabung Infak Jariah Umat Islam Selangor* (TIJARI, Selangor Continuous Charity for Muslims Fund),**



**and to the orphans through  
Darul Ehsan Islamic  
Foundation (YIDE).**



**O Allah, bestow upon us *rizq* that are lawful and blessed, keep us away from acts of corruption and abuse of power for they are betrayals upon the trust given.**





**ILUSTRASI INI  
DISEDIAKAN OLEH**

**unit khutbah  
bahagian pengurusan masjid**