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“BEWARE OF THE HEART”

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JABATAN AGAMA ISLAM SELANGOR



“BEWARE OF THE HEART”

الْحَمْدُ لِلَّهِ الْقَائِلِ : يَا أَيُّهَا النَّاسُ قَدْ جَاءَتْكُمْ مَوْعِظَةٌ مِّن

رَبِّكُمْ وَشِفَاءٌ لِّمَا فِي الصُّدُورِ وَهُدًى وَرَحْمَةٌ لِّلْمُؤْمِنِينَ ﴿٥٧﴾¹

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ وَأَشْهَدُ أَنَّ مُحَمَّدًا

عَبْدُهُ وَرَسُولُهُ. اَللّٰهُمَّ صَلِّ وَسَلِّمْ عَلٰى سَيِّدِنَا مُحَمَّدٍ وَعَلٰى اٰلِهِ

وَصَحْبِهِ ۚ أَجْمَعِينَ.

أَمَّا بَعْدُ، فَيَا أَيُّهَا الْمُسْلِمُونَ اتَّقُوا اللَّهَ، أَوْصِيكُمْ وَإِيَّايَ بِتَقْوَى

اللَّهِ فَقَدْ فَازَ الْمُتَّقُونَ.

قَالَ اللَّهُ تَعَالَى: يَا أَيُّهَا الَّذِينَ ءَامَنُوا اتَّقُوا اللَّهَ حَقَّ تُقَاتِهِ وَلَا

تَمُوتُنَّ إِلَّا وَأَنْتُمْ مُسْلِمُونَ ﴿١٠٢﴾²

Dear blessed Muslims,

I remind myself and invite esteemed audience to always strive in increasing our *taqwa* and *imaan* (belief) in Allah *Subhaanahu Wa Ta'aala*, as well as adherence in practicing the *Sunnah* of Rasulullah ﷺ. May our lives in this world and the Hereafter always remain blessed and preserved by Allah *Subhaanahu Wa Ta'aala*. *Inshaa Allah*.

¹ Yoonus 10:57

² Aal 'Imraan 3:102



On this glorious day, let us perform *muhaasabah* (evaluation) of our ourselves by taking lessons from a *khutbah* titled **“BEWARE OF THE HEART.”**

Dearest faithful congregation,

Each and every single part of the human body are created with its own unique functions and roles. When one malfunctions, then its task and function will be disrupted or becomes non-functional. This includes when a person is plagued with the disease of the heart. When the heart is infected with ailment, such person will be further away from Allah *Subhaanahu Wa Ta'aala* for such heart cannot perform its duties at par. It is unable to perform its task adequately, unable to perform *'ibaadah* (worship) unto Allah *Subhaanahu Wa Ta'aala*, moreover becoming increasingly distant from knowing Allah *Subhaanahu Wa Ta'aala*.

Allah *Subhaanahu Wa Ta'aala* had reminded us through verse 57 of soorah Yoonus, which means:

“O mankind, there has to come to you instruction from your Lord and healing for what is in the breasts and guidance and mercy for the believers.”

Dear beloved Muslims,

The disease of the heart is a very dangerous illness. Those suffering from it will not even be aware of it. Even if he or she is aware of it, it is very difficult for the person to remain patient in treating it, for the cure to the disease of the heart is by fighting off the evil desire. As in the *hadeeth* of Nu'man bin Basheer *radiyAllaahu 'anh*, where Rasulullah ﷺ said:



أَلَا وَإِنَّ فِي الْجَسَدِ مُضْغَةً إِذَا صَلَحَتْ صَلَحَ الْجَسَدُ كُلُّهُ، وَإِذَا فَسَدَتْ فَسَدَ الْجَسَدُ كُلُّهُ، أَلَا وَهِيَ الْقَلْبُ

“In the body there is a piece of flesh, and the whole body is sound if it is sound, but the whole body is corrupt if it is corrupt. It is the heart.”

(Agreed Upon)

It is crystal clear, that the heart is the king for the entire parts of our body, where the heart plays a vital role as the mover or leader for a particular deed, whether physically or spiritually. If one has a clean heart, then each and every deed performed will become perfected and excellent. But if his heart is corrupted, then all of the body parts will follow suit and become corrupted, and definitely he will forget the very reason for his creation and ultimately he will be distant from remembering Allah *Subhaanahu Wa Ta'aala*.

This has been the ailment within the *ummah* throughout time. They would reap *rizq* (provision) and *ni'mah* (favours) from Allah *Subhaanahu Wa Ta'aala* at will, but unfortunately, it is very heavy and difficult to remain grateful and thank Allah *Subhaanahu Wa Ta'aala*, who is the Most Merciful and Most Compassionate, as well as Most Giving. They deem that whatever it is that they possess, all were due to their own efforts.

Dear blessed audience,

Therefore, let us ponder for a moment, what is the status of our very own heart? Is it from among the following five categories that will be stated, among them:



1. The heart that is alive.

It is the heart which is safe from various diseases and damages. Inside it, there is none save the love for Allah *Subhaanahu Wa Ta'aala* and fear of Him. The heart is fearful upon matters that can further distance it from Allah *Subhaanahu Wa Ta'aala*. It is the heart that has *khushoo'* (tranquility and humility), alive and always cognizant of its very purpose of being on Allah's earth.

2. The heart that is dead.

It is the heart that is lifeless within it. It does not know it's *Rabb* (Lord), nor does it want to worship Him. It lives according to the whims and desire, and purely for worldly pleasure, despite incurring the wrath of Allah. It does not heed to the advice given. It only responds to the whispers and seduction of *shaytaan*.

3. The sick heart.

This heart stores tons of energy purely for the worldly life alone, with ailments infested within itself. Sometimes, it is able to remember Allah out of need for the worldly life, but it is actually closer to destruction and disobedience against Allah *Subhaanahu Wa Ta'aala*.

Dearest Muslims,

After knowing the status and category of our hearts, then hasten to find the cure or medicine that can restore the health and purity of our hearts, for every illness has its cure. Similarly, the sick heart has its cure, among them:

- 1. *Dhikrullaah* (especially not abandoning the obligatory prayers and knowledge regarding individual obligations).**



Allah *Subhaanahu Wa Ta'aala* mentions in verse 41 and 42 of soorah al-Ahzaab:

يَا أَيُّهَا الَّذِينَ ءَامَنُوا اذْكُرُوا اللَّهَ ذِكْرًا كَثِيرًا ﴿٤١﴾ وَسَبِّحُوهُ بُكْرَةً
وَءَصِيلاً ﴿٤٢﴾

“O you who have believed, remember Allah with much remembrance. And exalt Him morning and afternoon.”

2. Always in the companionship of al-Qur'an (recitation, learning, pondering, and comprehending its verses).

Allah *Subhaanahu Wa Ta'aala* mentions in the second verse of soorah al-Anfaal:

إِنَّمَا الْمُؤْمِنُونَ الَّذِينَ إِذَا ذُكِرَ اللَّهُ وَجِلَتْ قُلُوبُهُمْ وَإِذَا تُلِيَتْ
عَلَيْهِمْ ءَايَاتُهُ زَادَتْهُمْ إِيمَانًا وَعَلَىٰ رَبِّهِمْ يَتَوَكَّلُونَ ﴿٢﴾

“The believers are only those who, when Allah is mentioned, their hearts become fearful, and when His verses are recited to them, it increases them in faith; and upon their Lord they rely.”

3. Always remembering death (by always remaining grateful and repenting upon all of the sins and wrongdoings committed).

Allah *Subhaanahu Wa Ta'aala* mentions: in verse 34 of soorah al-A'raaf:



وَلِكُلِّ أُمَّةٍ أَجَلٌ مُّوَّضَعٌ فَإِذَا جَاءَ أَجَلُهُمْ لَا يَسْتَأْخِرُونَ سَاعَةً وَلَا

يَسْتَقْدِمُونَ ﴿٣٤﴾

“And for every nation is a [specified] term. So when their time has come, they will not remain behind an hour, nor will they precede [it].”

Respected audience,

To end this *khutbah*, let us altogether derive lessons and internalizations as guidance for us. Among them:

1. The Muslim *ummah* must always protect the heart from all types of ailments that can cause it to distance away from Allah *Subhaanahu Wa Ta'aala* and neglect the duty and responsibility of worshipping Him.

2. The Muslim *ummah* must always enliven the heart by always remembering Allah *Subhaanahu Wa Ta'aala* through increase in *dhikr*, recitation and *tadabbur* of al-Qur'an, as well as remaining grateful upon all of the favors that Allah has bestowed.

3. The Muslim *ummah* must remain cognizant of death, as motivation unto becoming servants of Allah that are *saalih* (righteous) and upright for the religion, family, and society.

أَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ



وَمِنَ النَّاسِ مَن يَقُولُ ءَامَنَّا بِاللَّهِ وَبِالْيَوْمِ الْآخِرِ وَمَا هُمْ
بِمُؤْمِنِينَ ﴿٨﴾ يُخَدِعُونَ اللَّهَ وَالَّذِينَ ءَامَنُوا وَمَا يُخَدَعُونَ إِلَّا
أَنفُسَهُمْ وَمَا يَشْعُرُونَ ﴿٩﴾ فِي قُلُوبِهِم مَّرَضٌ فَزَادَهُمُ اللَّهُ مَرَضًا وَلَهُمْ
عَذَابٌ أَلِيمٌ بِمَا كَانُوا يَكْذِبُونَ ﴿١٠﴾

“And of the people are some who say, “We believe in Allah and the Last Day,” but they are not believers. They [think to] deceive Allah and those who believe, but they deceive not except themselves and perceive [it] not. In their hearts is disease, so Allah has increased their disease; and for them is a painful punishment because they [habitually] used to lie.”

(Soorah al-Baqarah 2:8-10)

بَارَكَ اللَّهُ لِي وَلَكُمْ فِي الْقُرْآنِ الْعَظِيمِ، وَنَفَعَنِي وَإِيَّاكُمْ
بِمَا فِيهِ مِنَ الْآيَاتِ وَالذِّكْرِ الْحَكِيمِ وَتَقَبَّلَ مِنِّي وَمِنْكُمْ
تِلَاوَتَهُ، إِنَّهُ هُوَ السَّمِيعُ الْعَلِيمُ.
أَقُولُ قَوْلِي هَذَا وَأَسْتَغْفِرُ اللَّهَ الْعَظِيمَ لِي وَلَكُمْ وَلِسَائِرِ
الْمُسْلِمِينَ وَالْمُسْلِمَاتِ، فَاسْتَغْفِرُوهُ إِنَّهُ هُوَ الْغَفُورُ الرَّحِيمُ.

THE SECOND KHUTBAH

الْحَمْدُ لِلَّهِ الَّذِي جَعَلَنَا مِنَ الْمُسْلِمِينَ، وَرَزَقَنَا مِنَ الطَّيِّبَاتِ.
أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، وَأَشْهَدُ أَنَّ



مُحَمَّدًا عَبْدَهُ وَرَسُولَهُ. اللَّهُمَّ صَلِّ وَسَلِّمْ وَبَارِكْ عَلَى سَيِّدِنَا
مُحَمَّدٍ وَعَلَى آلِهِ وَصَحْبِهِ وَمَنْ تَبِعَهُمْ بِإِحْسَانٍ إِلَى يَوْمِ
الدِّينِ. أَمَّا بَعْدُ، فَيَا عِبَادَ اللَّهِ، اتَّقُوا اللَّهَ، أُوصِيكُمْ وَإِيَّايَ
بِتَقْوَى اللَّهِ فَقَدْ فَازَ الْمُتَّقُونَ.

Dear blessed audience,

Let us altogether strive to have the *taqwa* of Allah *Subhaanahu Wa Ta'aala* by increasing our obedience towards Him and avoiding acts of disobedience and abominable deeds.

إِنَّ اللَّهَ وَمَلَائِكَتَهُ يُصَلُّونَ عَلَى النَّبِيِّ يَا أَيُّهَا الَّذِينَ ءَامَنُوا صَلُّوا
عَلَيْهِ وَسَلِّمُوا تَسْلِيمًا ﴿٥٦﴾
اللَّهُمَّ صَلِّ وَسَلِّمْ عَلَى سَيِّدِنَا مُحَمَّدٍ وَعَلَى آلِهِ وَأَصْحَابِهِ
أَجْمَعِينَ.

اللَّهُمَّ اغْفِرْ لِلْمُسْلِمِينَ وَالْمُسْلِمَاتِ وَالْمُؤْمِنِينَ وَالْمُؤْمِنَاتِ
الْأَحْيَاءِ مِنْهُمْ وَالْأَمْوَاتِ، إِنَّكَ سَمِيعٌ قَرِيبٌ مُجِيبُ الدَّعَوَاتِ
وَيَا قَاضِيَ الْحَاجَاتِ. اللَّهُمَّ أَعِزِّ الْإِسْلَامَ وَالْمُسْلِمِينَ، وَأَهْلِكَ
الْكَفْرَةَ وَالْمُبْتَدِعَةَ وَالْمُشْرِكِينَ.



اللَّهُمَّ إِنَّا نَسْأَلُكَ وَنَتَوَسَّلُ إِلَيْكَ بِنَبِيِّكَ الْأَمِينِ، وَنَسْأَلُكَ
بِأَسْمَائِكَ الْحُسْنَى، وَصِفَاتِكَ الْعُظْمَى، أَنْ تَحْفَظَ بَعَيْنِ
عِنَايَتِكَ الرَّبَّانِيَّةِ، وَبِحِفْظِ وَقَايَتِكَ الصَّمَدَانِيَّةِ، جَلَالَةَ مَلِكِنَا
الْمُعْظَمِ، سُلْطَانَ سَلَاطُونِ، سُلْطَانَ شَرَفِ الدِّينِ اَدْرِيسِ شَاهِ
الْحَاجِ ابْنِ الْمَرْحُومِ سُلْطَانَ صَلَاحِ الدِّينِ عَبْدِ الْعَزِيزِ شَاهِ
الْحَاجِ. اللَّهُمَّ أَدِمِ الْعُونَ وَالْهَدَايَةَ وَالتَّوْفِيقَ، وَالصِّحَّةَ
وَالسَّلَامَةَ مِنْكَ، لَوْلِيَّ عَهْدِ سَلَاطُونِ، تَعَكَوْ أَمِيرِ شَاهِ ابْنِ
السُّلْطَانَ شَرَفِ الدِّينِ اَدْرِيسِ شَاهِ الْحَاجِ، فِي أَمْنٍ وَصَلَاحِ
وَعَافِيَةٍ بِمَنْكَ وَكَرَمِكَ يَا ذَا الْجَلَالِ وَالْإِكْرَامِ. اللَّهُمَّ أَطْلُ
عُمْرَهُمَا مُصْلِحِينَ لِلْمُؤَظَّفِينَ وَالرَّعِيَّةِ وَالْبِلَادِ، وَبَلِّغْ
مَقَاصِدَهُمَا لِطَرِيقِ الْهُدَى وَالرَّشَادِ.

O Allah, grant us guidance in performing the five obligatory prayers in congregation, fulfilling *zakaat* through Selangor *Zakaat* Board (LZS), making endowment (*waqf*) through *Perbadanan Wakaf Selangor* (Selangor Endowment Corporation) and giving away (*infaaq*) our wealth through *Tabung Infak Jariah Umat Islam Selangor* (TIJARI, Selangor Continuous Charity for Muslims Fund), and to the orphans through Darul Ehsan Islamic Foundation (YIDE).



O Allah, bestow upon us *rizq* that are lawful and blessed, keep us away from acts of corruption and abuse of power for they are betrayals upon the trust given.

اللَّهُمَّ يَا دَافِعَ الْبَلَاءِ، اِدْفَعْ عَنَّا هَذَا الْوَبَاءَ وَالْبَلَاءَ وَالْمَرَضَ
وَالشَّدَائِدَ وَالْمِحْنَ، بِلُطْفِكَ يَا لَطِيفُ إِنَّكَ عَلَى كُلِّ شَيْءٍ
قَدِيرٌ وَبِالْإِجَابَةِ جَدِيرٌ.

رَبَّنَا هَبْ لَنَا مِنْ أَزْوَاجِنَا وَذُرِّيَّتِنَا قُرَّةَ أَعْيُنٍ وَاجْعَلْنَا لِلْمُتَّقِينَ إِمَامًا.
رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَفِي الْآخِرَةِ حَسَنَةً وَقِنَا عَذَابَ النَّارِ ﴿٣١﴾.
عِبَادَ اللَّهِ، إِنَّ اللَّهَ يَأْمُرُ بِالْعَدْلِ وَالْإِحْسَانِ وَإِيتَايَ ذِي الْقُرْبَى
وَيَنْهَى عَنِ الْفَحْشَاءِ وَالْمُنْكَرِ وَالْبَغْيِ يَعِظُكُمْ لَعَلَّكُمْ تَذَكَّرُونَ



فَاذْكُرُوا اللَّهَ الْعَظِيمَ يَذْكُرْكُمْ وَاشْكُرُواهُ عَلَى نِعَمِهِ يَزِدْكُمْ،
وَاسْأَلُوهُ مِنْ فَضْلِهِ يُعْطِكُمْ وَلَذِكْرُ اللَّهِ أَكْبَرُ وَاللَّهُ يَعْلَمُ مَا
تَصْنَعُونَ.