



جَابَاتَانْ اِغَامَا اِيسْلَامْ سِلَانْغُورْ

JABATAN AGAMA ISLAM SELANGOR

RAMADAN :

A FOOD FAIR OR FESTIVAL OF WORSHIP?

Buffet Ramadhan
Sajian Se-Malaysia
Selenggara Bulan Ramadhan 6.30pm - 9.30pm

BUFFET BERBUKA PUASA
AL MUBARAK SELERA KAMPUNG

Special
IFTAR
ALL YOU CAN EAT

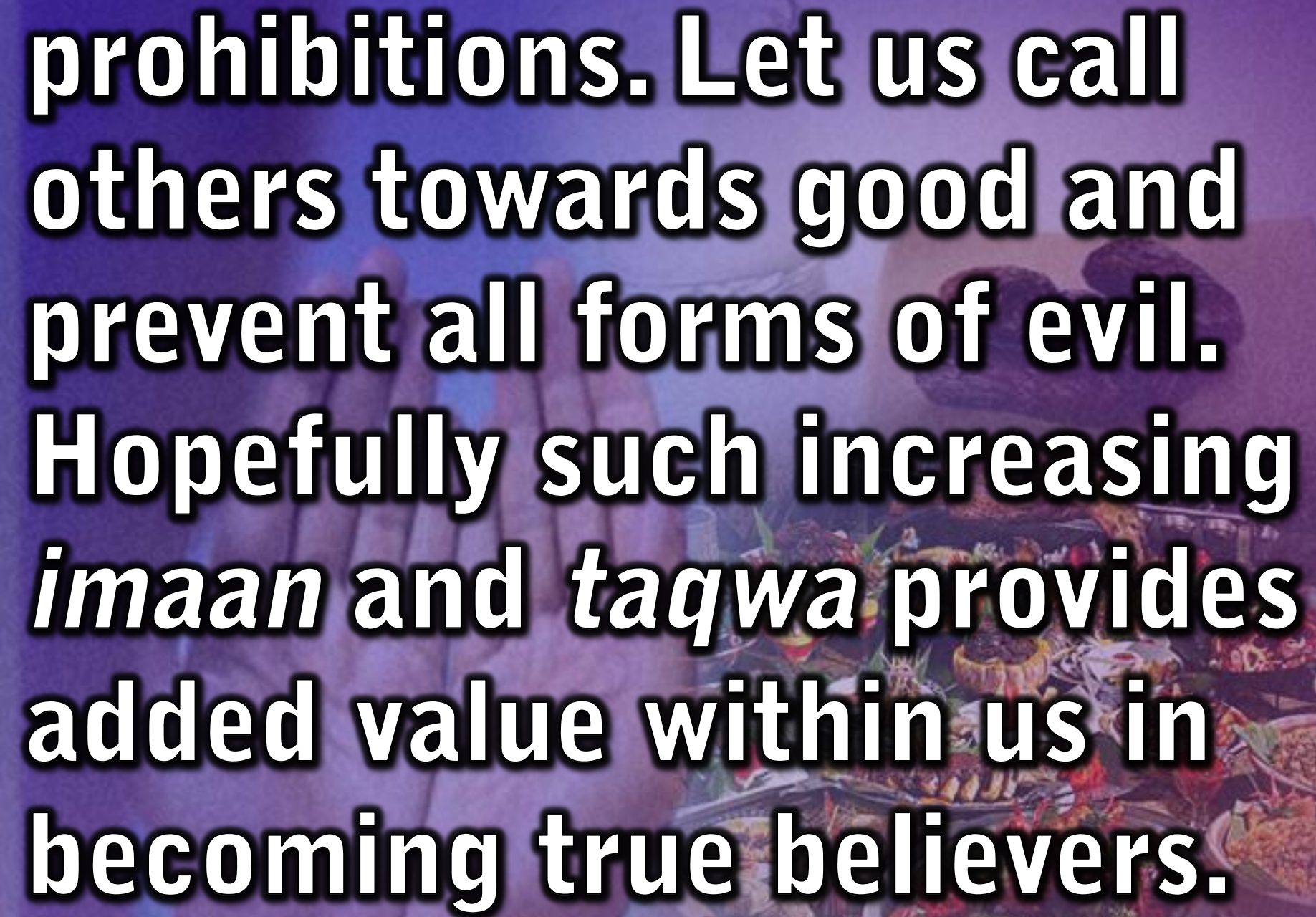
Ramadhan Buffet
NASRULHANI / MENDI / KEBAB / B.B.Q



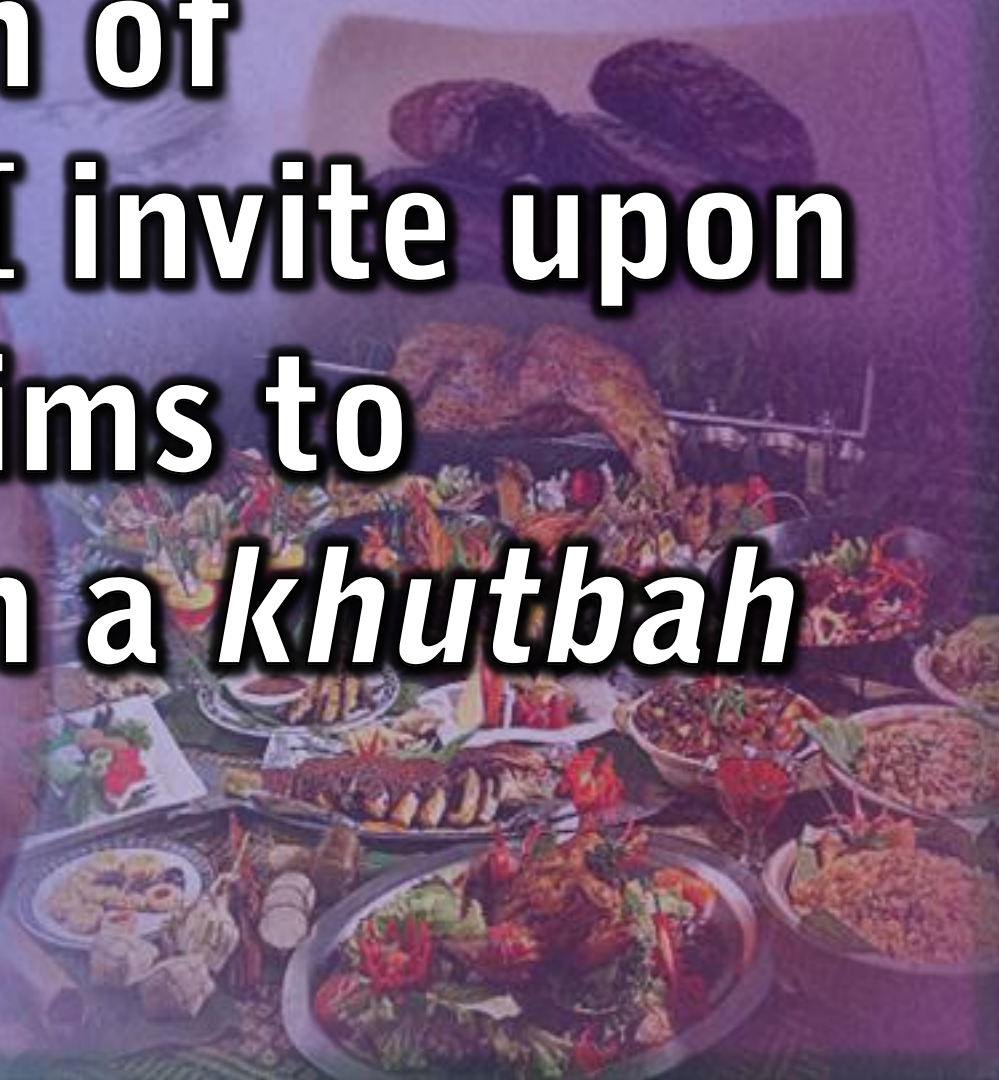


Let us strive to increase
our *imaan* and *taqwa* of
Allah with *istiqamah*
(steadfastness) by fulfilling
all of His Commands and
avoiding all of His

**prohibitions. Let us call
others towards good and
prevent all forms of evil.
Hopefully such increasing
imaan and *taqwa* provides
added value within us in
becoming true believers.**

The background of the image is a composite. On the left, there is a close-up of several hands raised in a gesture of prayer or supplication, with fingers spread. On the right, there is a photograph of a table laden with various dishes of food, including what appears to be rice, meat, and vegetables, suggesting a communal meal or feast. The entire image has a purple tint.

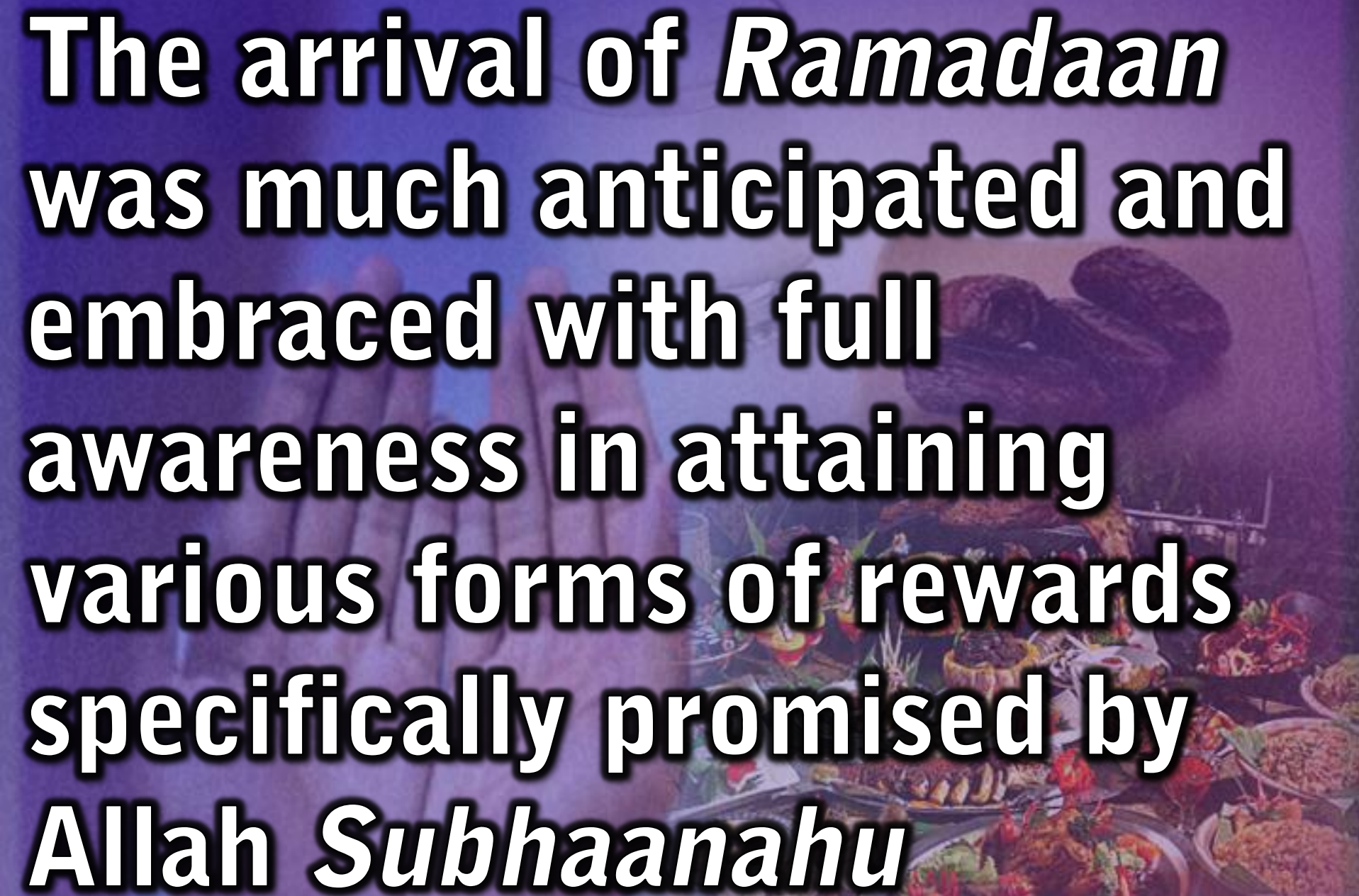
In conjunction with the noble month of *Ramadaan*, I invite upon fellow Muslims to ponder upon a *khutbah* entitled:



**“RAMADAAAN :
A FOOD FAIR OR
FESTIVAL OF
WORSHIP?”**



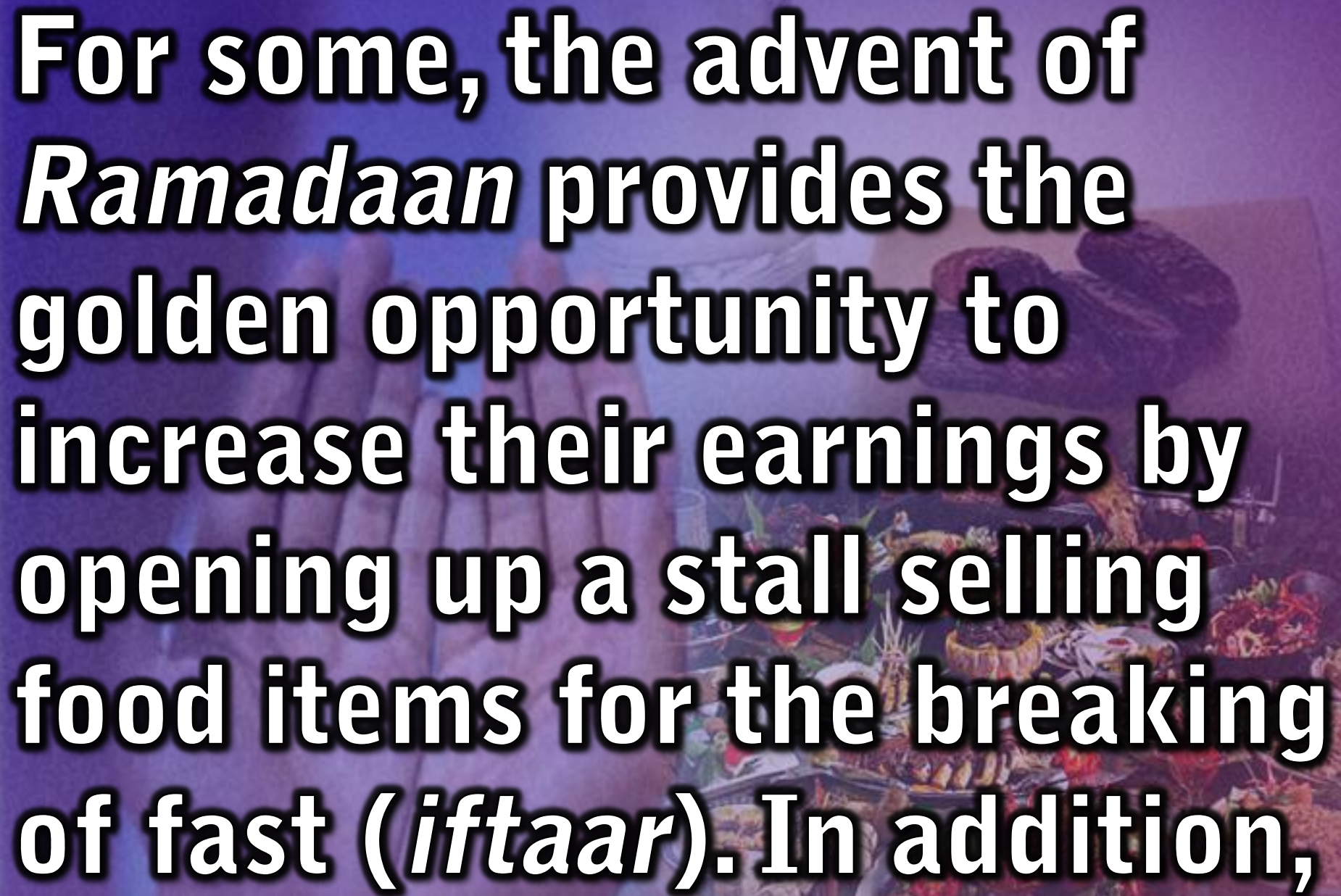
The arrival of *Ramadaan* was much anticipated and embraced with full awareness in attaining various forms of rewards specifically promised by Allah *Subhaanahu*

The background is a collage of three images. On the left, a hand is shown in a prayer position (Tasbeeh) with fingers spread. On the right, there is a photograph of a mosque's dome and minaret. At the bottom, there is a photograph of a variety of traditional Middle Eastern dishes, including hummus, falafel, and meatballs, arranged on a table.

***Wa Ta'aala*, as mentioned in
the *hadeeth* of Abu
Hurayrah *radiyAllaahu 'anh*
where Rasulullah ﷺ said:
“Every (good) deed of the
son of Adam would be
multiplied, a good deed**

**receiving a tenfold to seven
hundredfold reward. Allah,
the Exalted and Majestic,
has said: ‘With the
exception of fasting, for it is
done for Me and I will give a
reward for it...’”**

(Muslim)



For some, the advent of *Ramadaan* provides the golden opportunity to increase their earnings by opening up a stall selling food items for the breaking of fast (*iftaar*). In addition,

there are various types of ads promoting *iftaar* deals at various places including hotels and fancy restaurants.

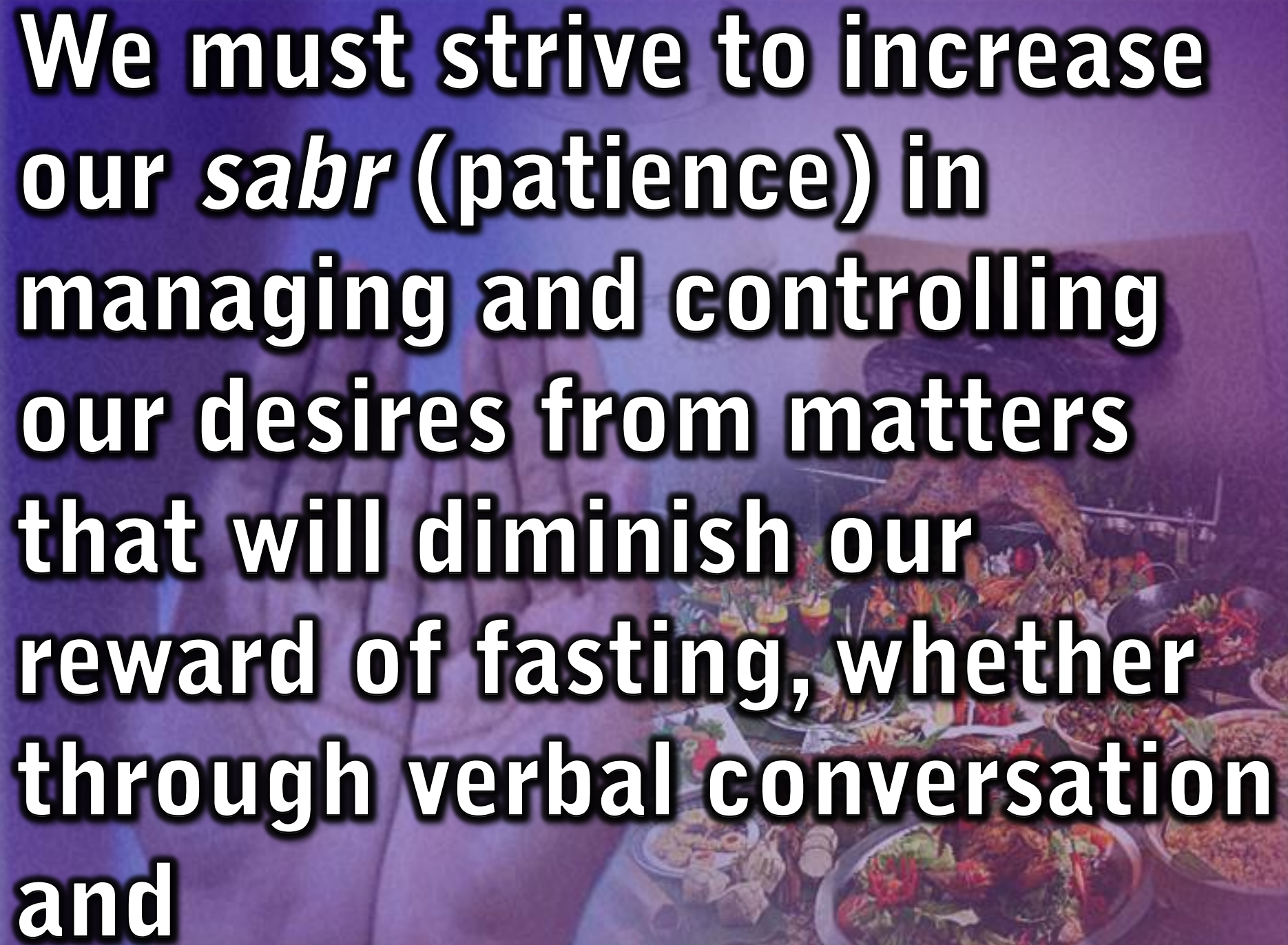
What are our actual objectives?



**Is *Ramadaan* celebrated
as a food fair or a festival
of worship?**

**We all know that indeed
Ramadaan is a month for
training the soul.**

**We must strive to increase
our *sabr* (patience) in
managing and controlling
our desires from matters
that will diminish our
reward of fasting, whether
through verbal conversation
and**



**physical actions such as
backbiting, slandering,
inciting others, altercation,
and others.**

**In a hadeeth Qudsi that was
narrated by Abu Hurayrah
radiyAllaahu ‘anh:**

Rasulullah ﷺ had said:

Allah said:

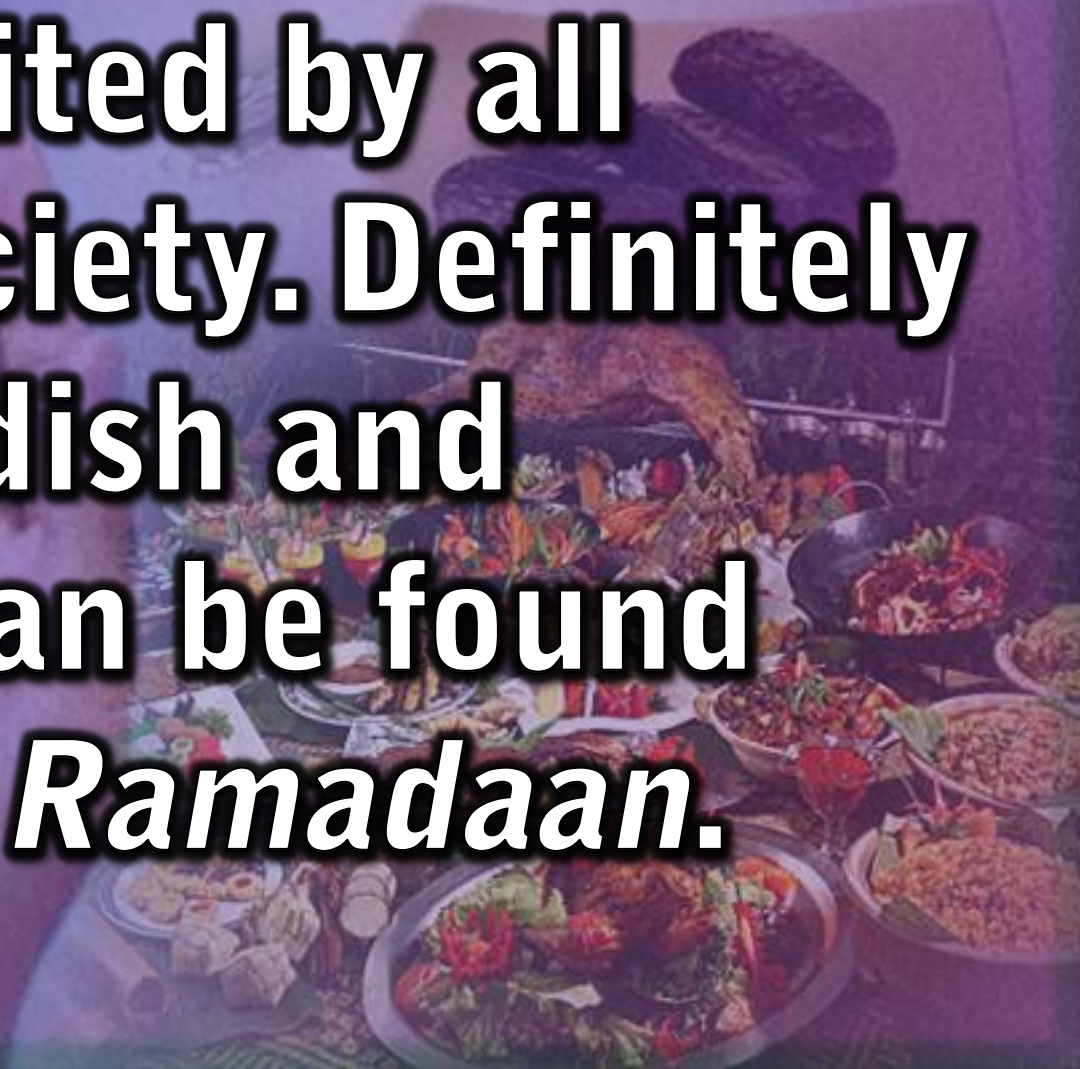
“... When any one of you is fasting on a day, he should neither indulge in obscene language, nor raise the voice; or if anyone reviles

**him or tries to quarrel with
him he should say: 'I am a
person fasting' ..."**

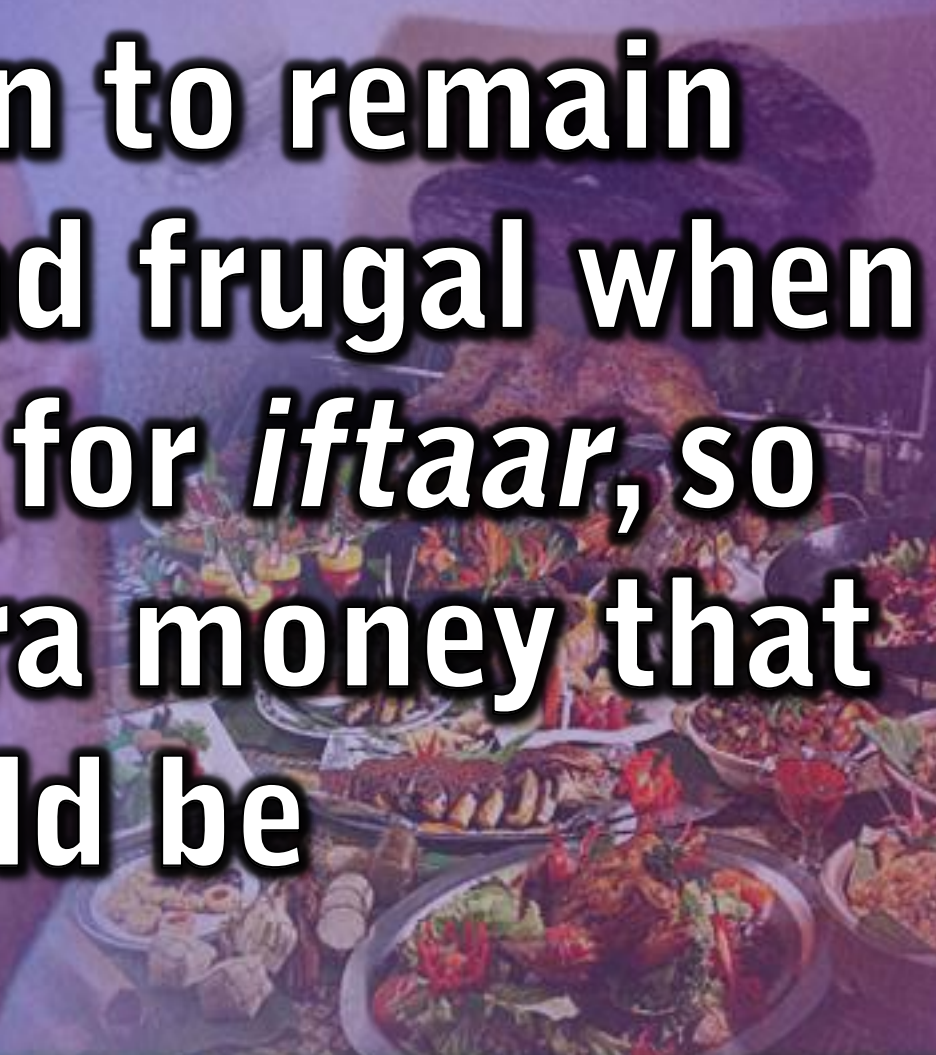
(al-Bukhaari and Muslim)

**Part of controlling the
desire is our actions when
shopping**

for food for *iftaar* at
Bazaar Ramadaan that is
eagerly awaited by all
walks of society. Definitely
all sorts of dish and
beverages can be found
throughout *Ramadaan*.
Therefore,



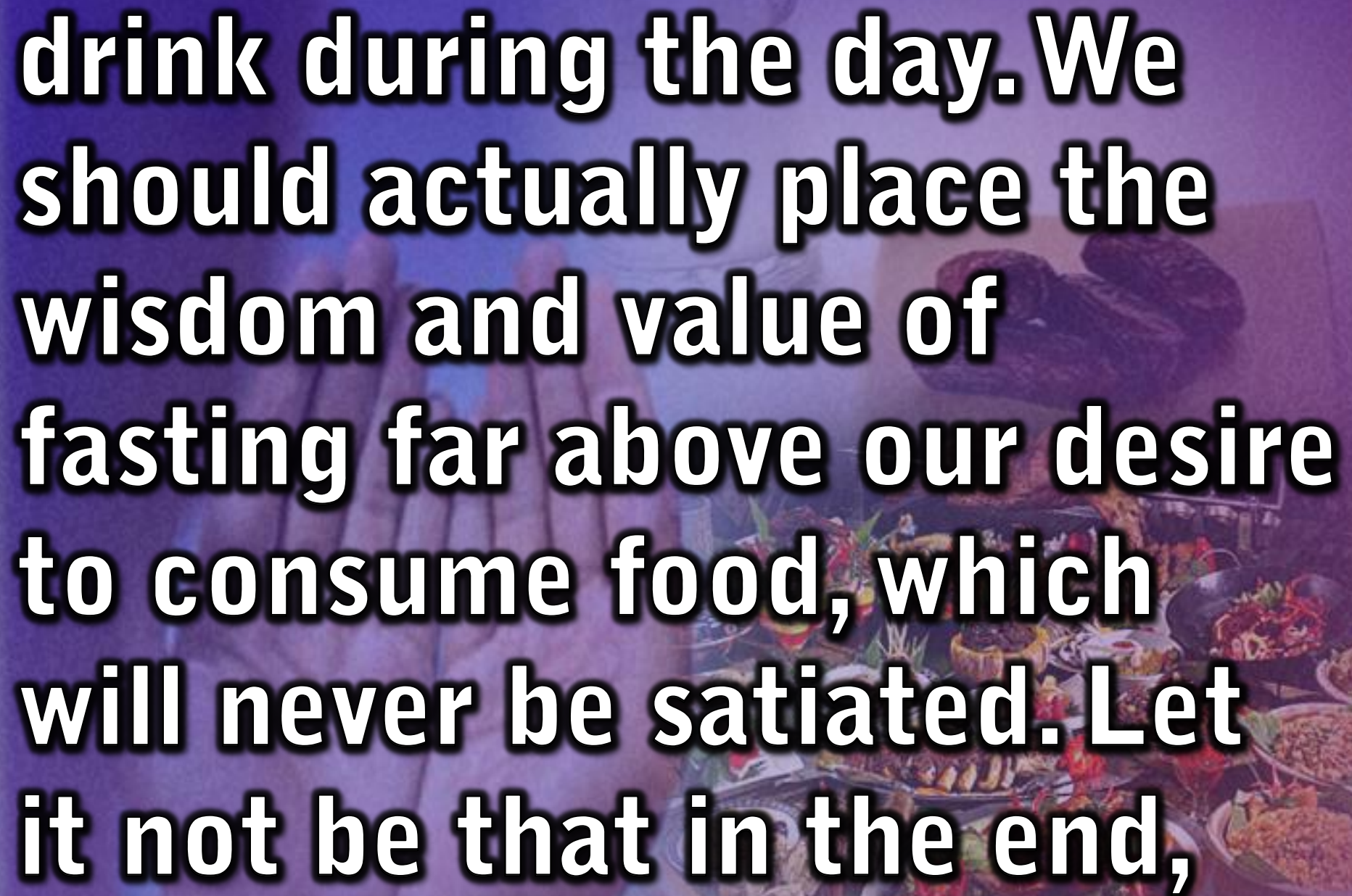
**I would like to personally
advise my dearest
congregation to remain
moderate and frugal when
buying food for *iftaar*, so
that the extra money that
we have could be
channeled**

The background image shows a table set for iftar, featuring several plates of food. There are bowls of green and tomato salads, plates of rice with meat, and other traditional dishes. A person's hand is visible in the background, possibly serving or preparing the food. The overall scene is dimly lit, with a purple tint.

to those that are truly in need.

We are all reminded to not perceive *Bazaar Ramadaan* as a food fair and an avenue to gorge ourselves out after refraining from food and

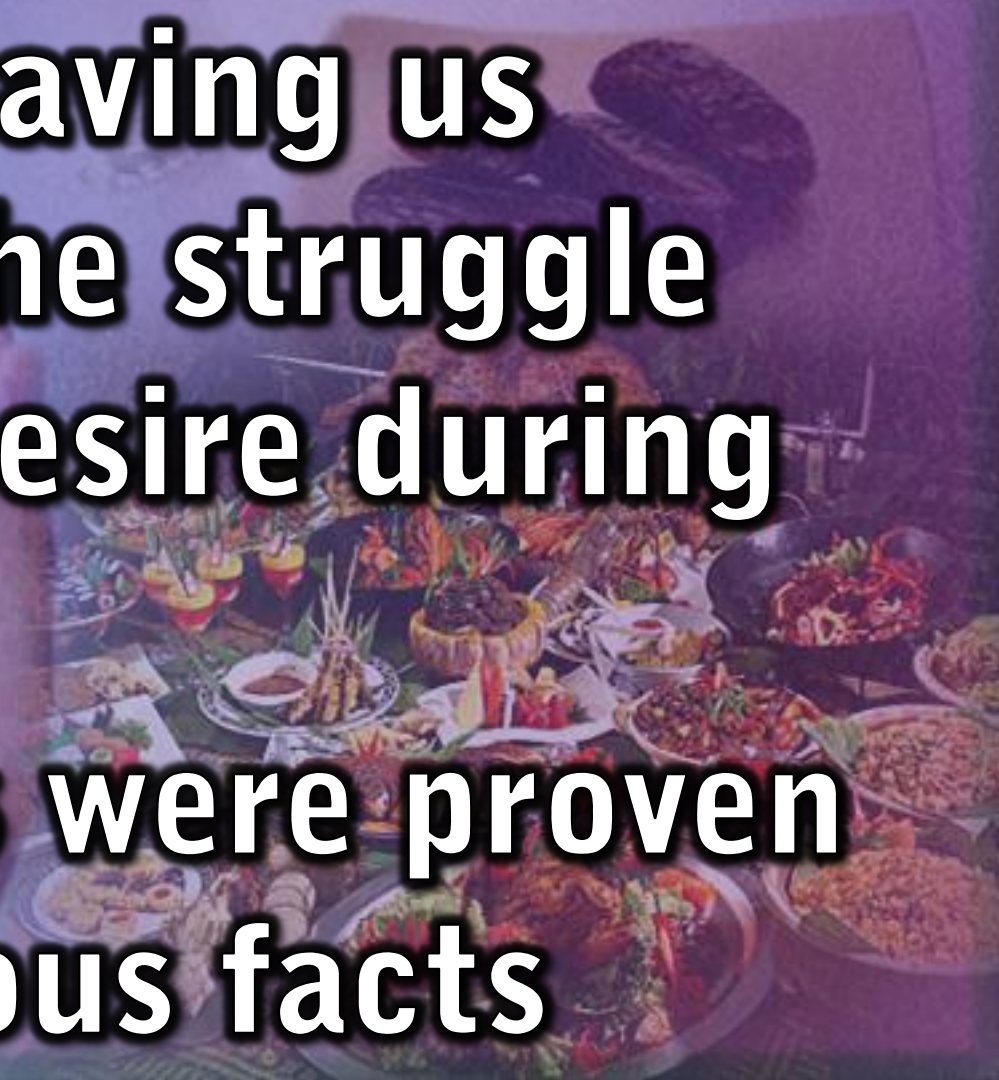
drink during the day. We should actually place the wisdom and value of fasting far above our desire to consume food, which will never be satiated. Let it not be that in the end,

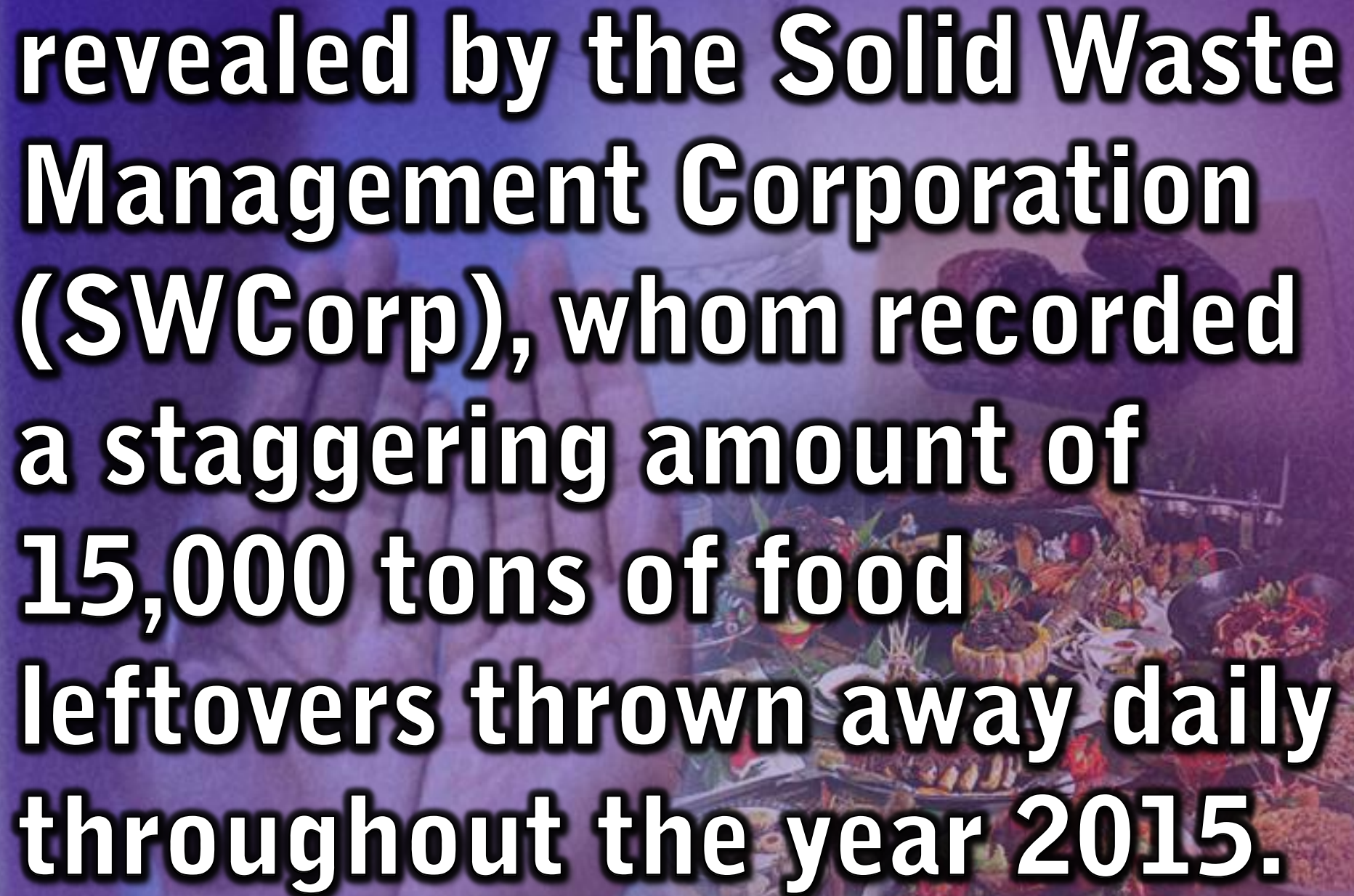


Bazaar Ramadaan becomes
“bazir” (wasted)

Ramadaan, leaving us
defeated in the struggle
against our desire during
iftaar.

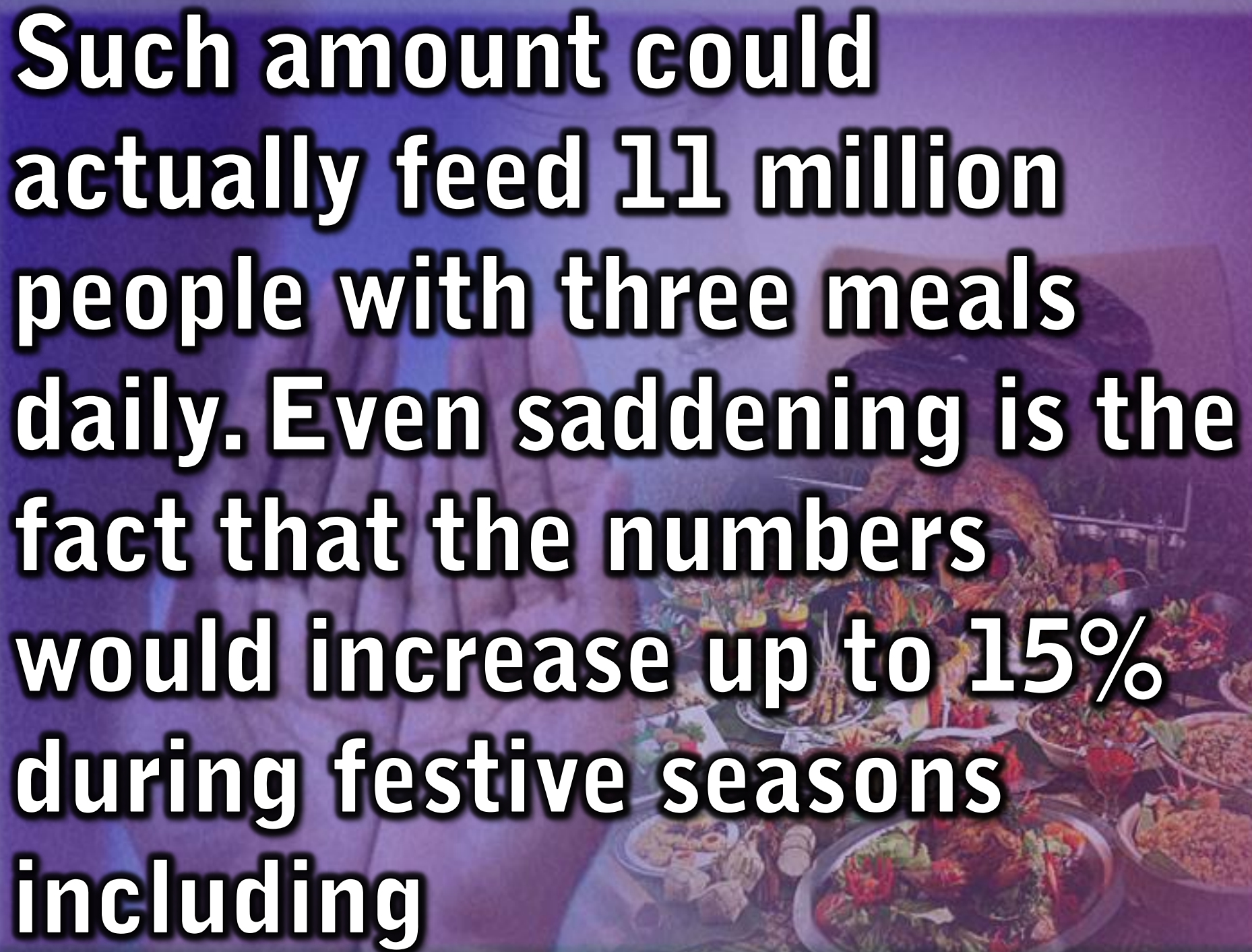
Our concerns were proven
through various facts






revealed by the Solid Waste Management Corporation (SWCorp), whom recorded a staggering amount of 15,000 tons of food leftovers thrown away daily throughout the year 2015.

Such amount could actually feed 11 million people with three meals daily. Even saddening is the fact that the numbers would increase up to 15% during festive seasons including




Ramadaan.

The same source cited that a third ($1/3$) of the food was wasted during its preparation process, production, and consumption. Researches have found that a household

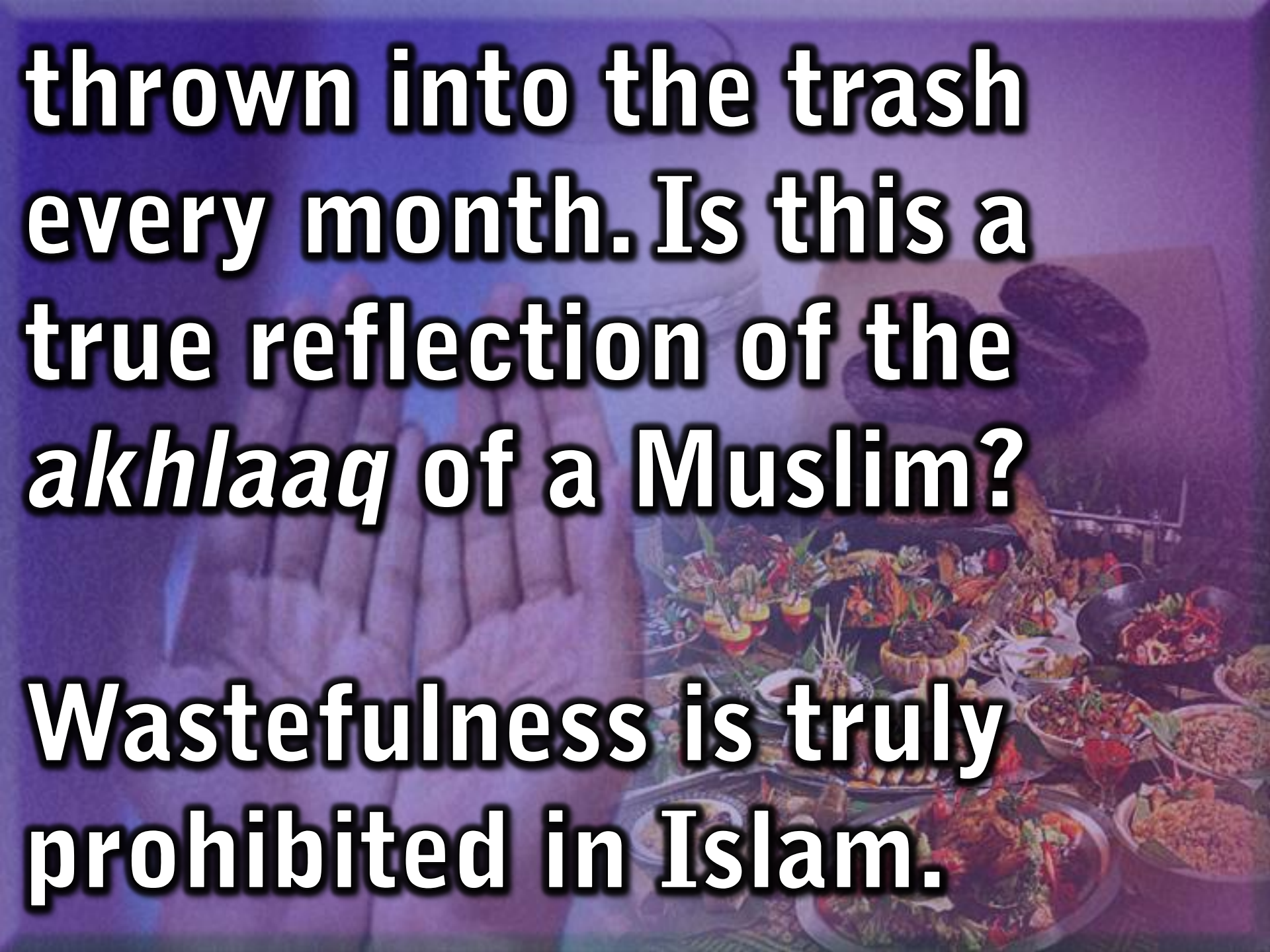
A large, ornate table set for a traditional Middle Eastern meal, featuring a roasted lamb, various salads, and breads. The table is covered with a white tablecloth and is surrounded by chairs. The background is a soft, out-of-focus view of a city skyline at night.

that consists of five individuals would spend on average RM1100 monthly on food alone. If we were to take a third from that amount as leftovers, then it would be an equivalent of RM360

The background image shows a table set with a variety of traditional Malaysian dishes. A large roasted bird, possibly a chicken or duck, is the centerpiece. Surrounding it are several plates of rice, vegetables, and other accompaniments. The table is covered with a white cloth, and the overall scene suggests a communal meal or a feast.

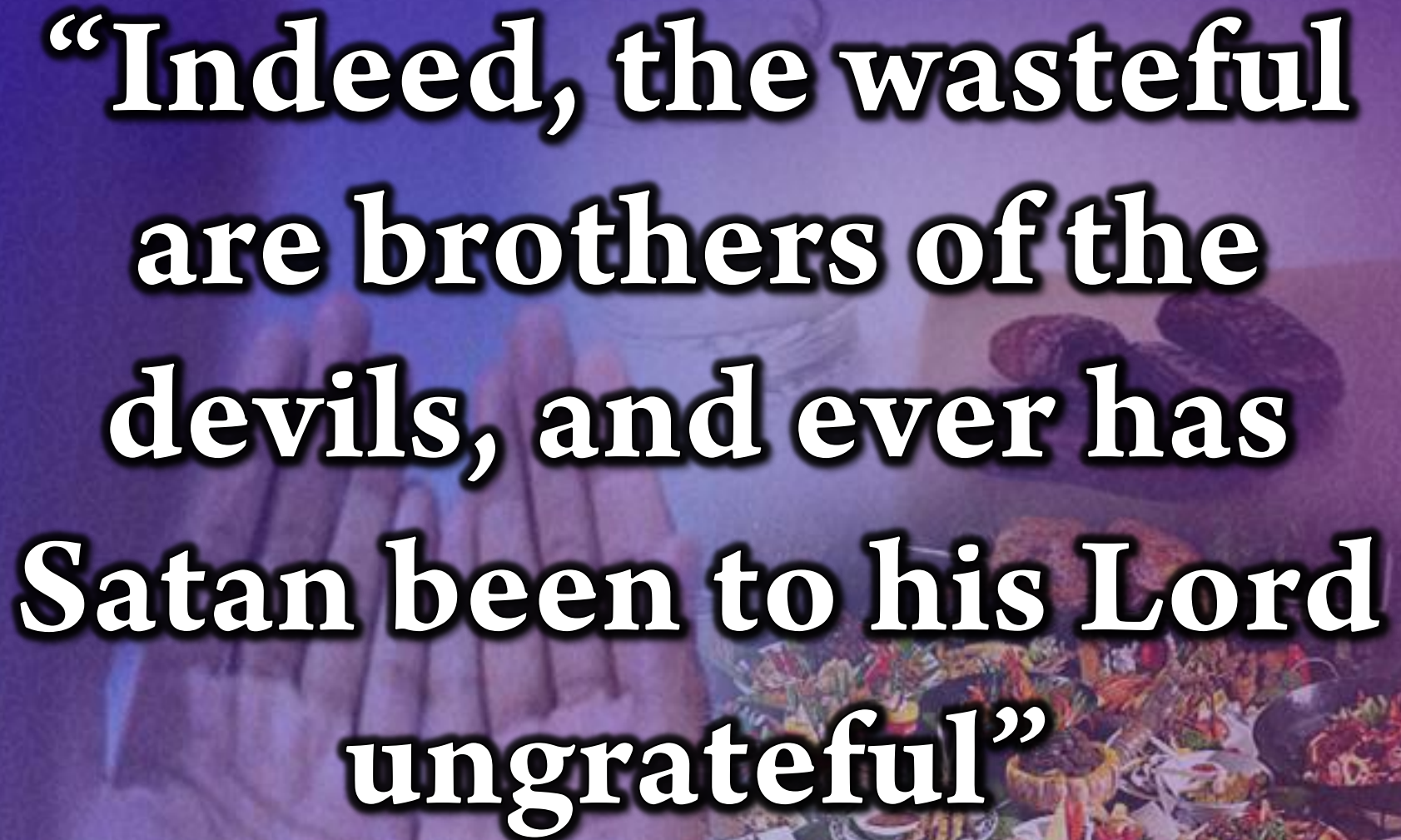
**thrown into the trash
every month. Is this a
true reflection of the
akhlaaq of a Muslim?**

**Wastefulness is truly
prohibited in Islam.**



**Surely, we do not want to
be among the brothers
of *Shaytaan*, as
mentioned in al-Qur'an
(interpretation of the
meaning):**



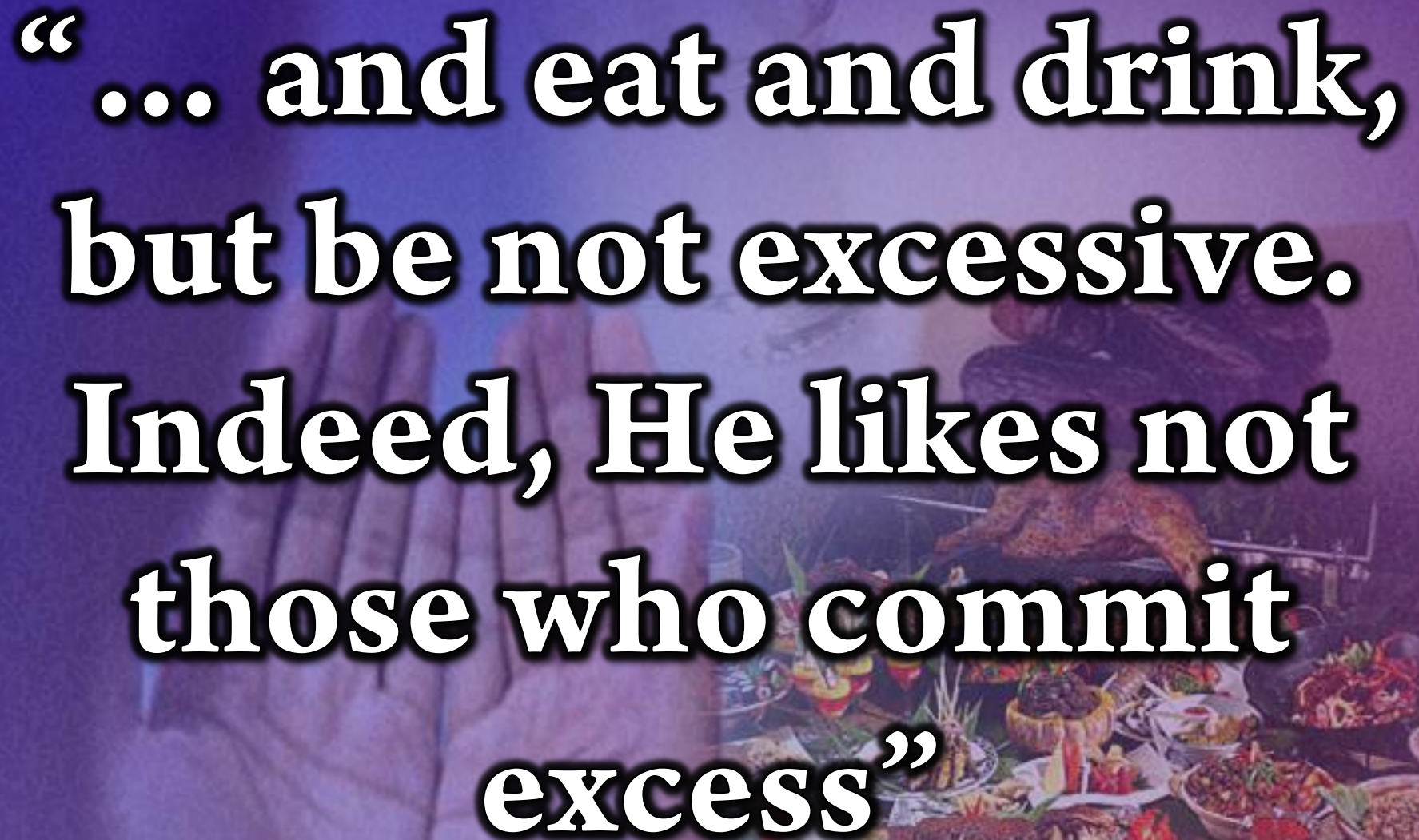
The background of the image is a composite. On the left, there is a large, semi-transparent image of a human hand with fingers spread, palm facing forward. On the right, there is a photograph of a table laden with various dishes of food, including what appears to be meat, vegetables, and bread, suggesting a feast or a large meal.

**“Indeed, the wasteful
are brothers of the
devils, and ever has
Satan been to his Lord
ungrateful”**

(al-Israa' 17:27)

Remaining moderate in eating has been clearly mentioned in al-Qur'an (interpretation of the meaning):

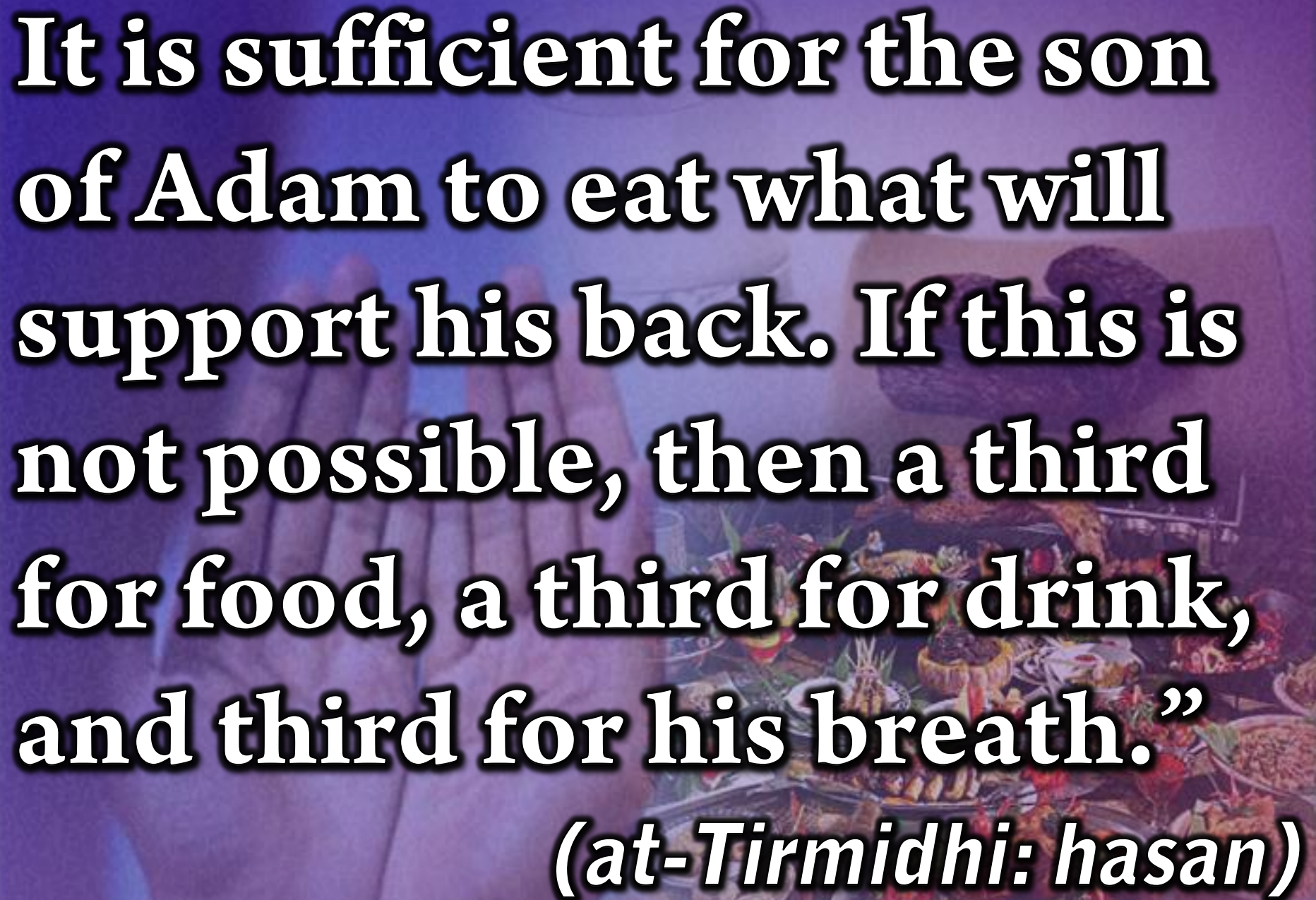


The background of the image is a composite. On the left, there is a close-up of a person's hands, palms facing each other in a gesture of prayer or supplication. On the right, there is a large, elaborate spread of food, including a roasted bird, various salads, and other dishes, suggesting a feast or a large meal. The entire image has a purple tint.

**“... and eat and drink,
but be not excessive.
Indeed, He likes not
those who commit
excess”**

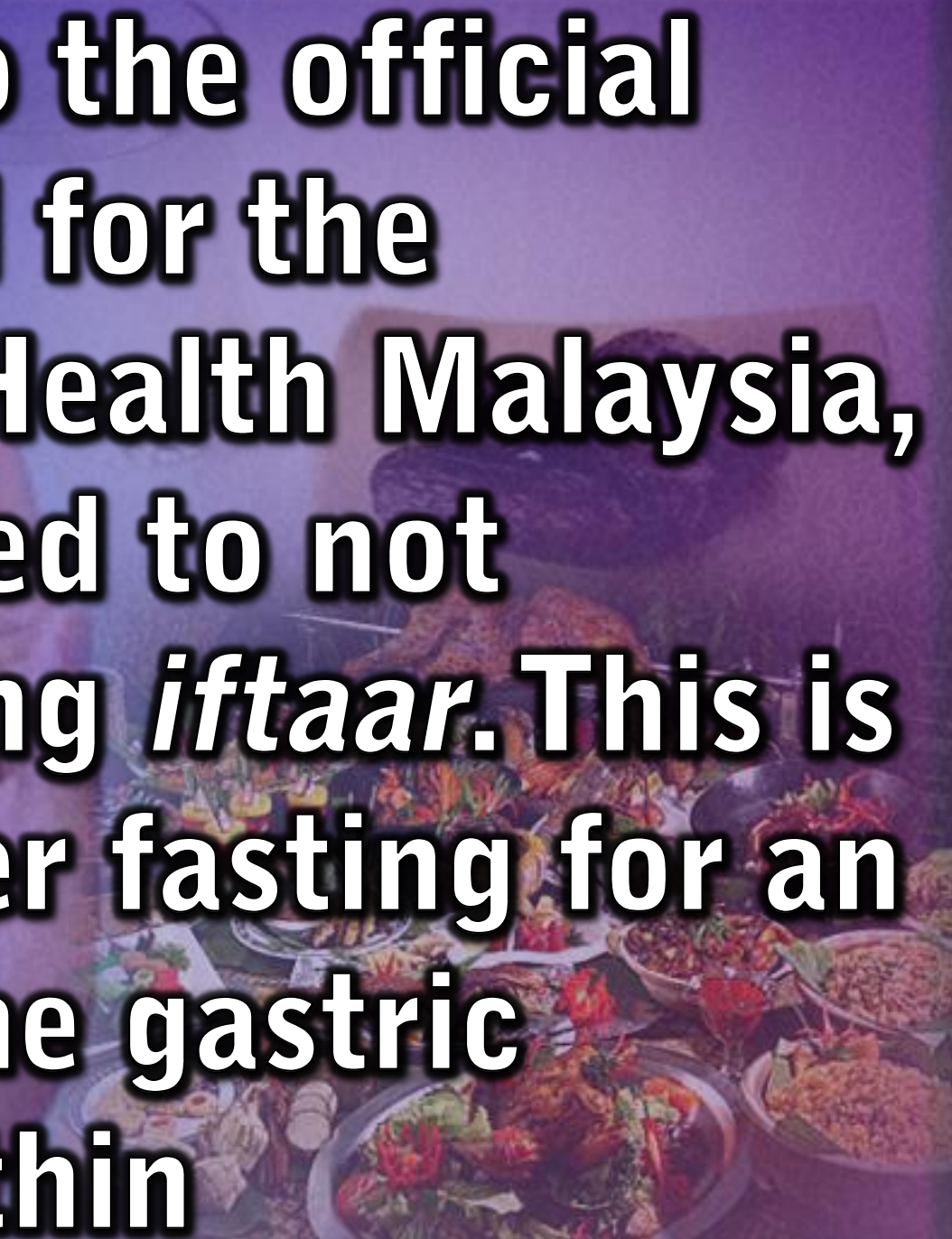
(al-A'raaf 7:31)

**Narrated Miqdaam bin
Ma'deekarib *radiyAllaahu*
'anh: I heard that
Rasulullah ﷺ said:
“The human does not fill
any container that is
worse than his stomach.**

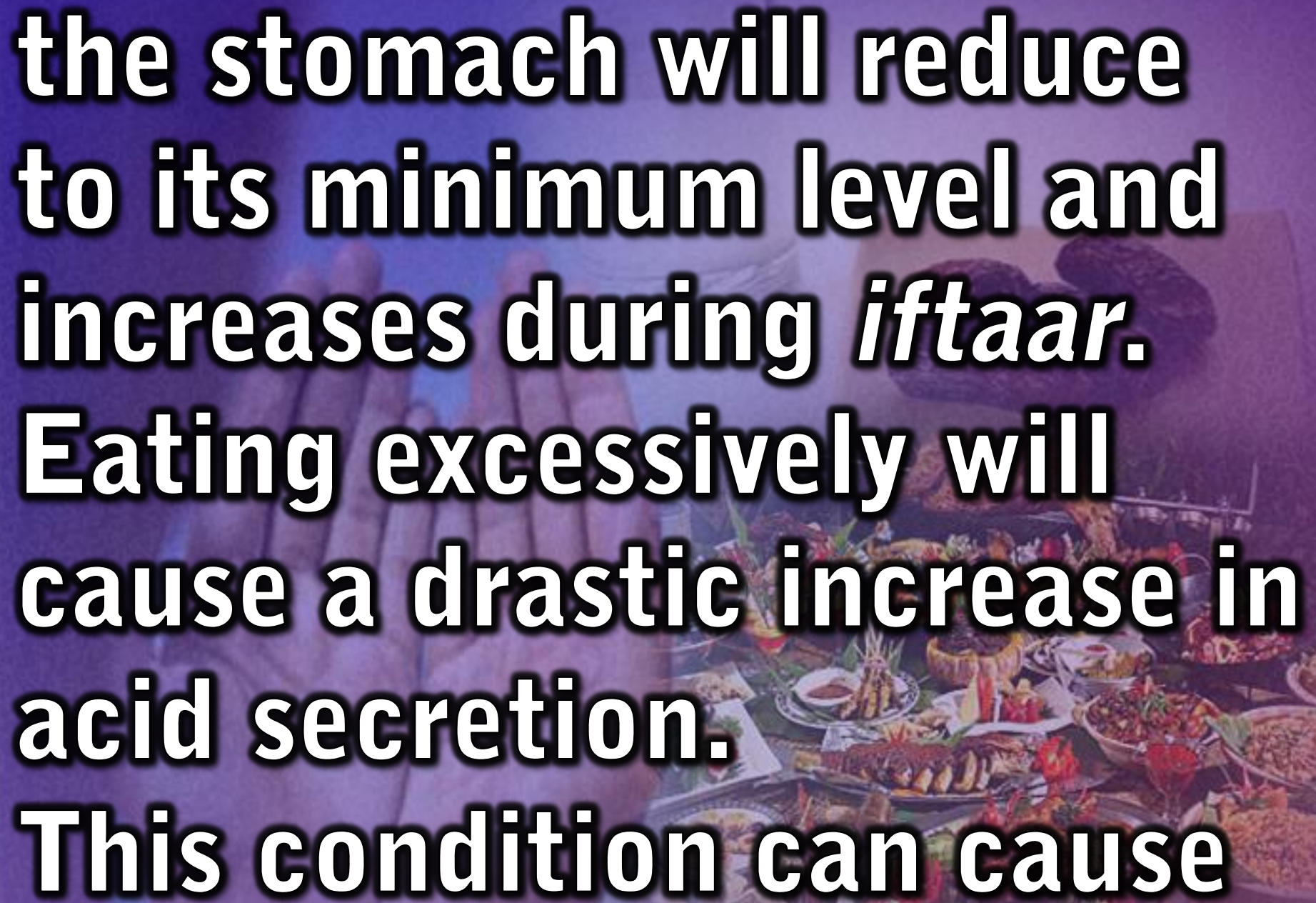


**It is sufficient for the son
of Adam to eat what will
support his back. If this is
not possible, then a third
for food, a third for drink,
and third for his breath.”**
(at-Tirmidhi: hasan)

According to the official online portal for the Ministry of Health Malaysia, we are advised to not overeat during *iftaar*. This is because, after fasting for an entire day, the gastric activities within

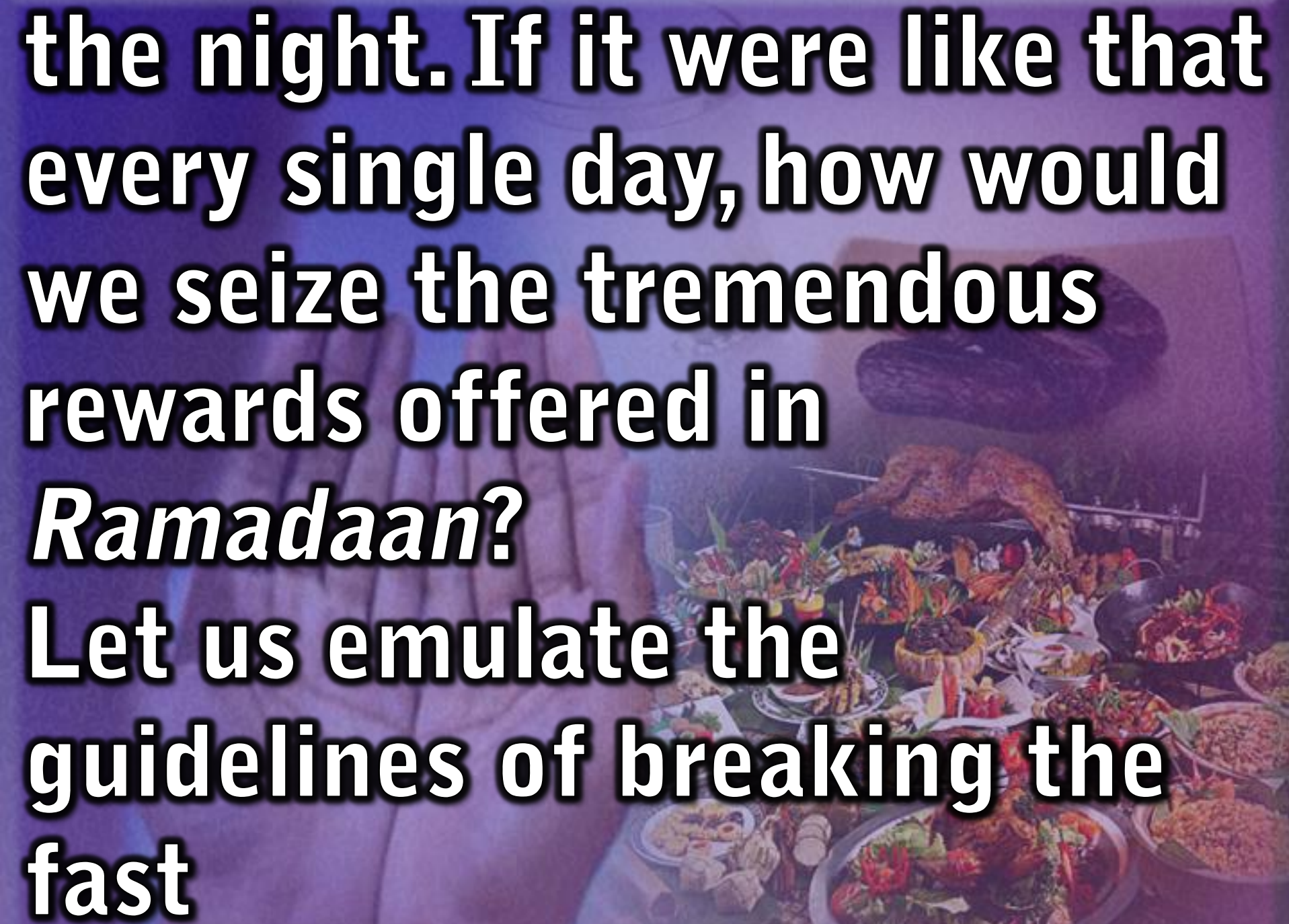
The background image shows a table filled with various dishes of iftar food, including rice, meat, vegetables, and bread. In the background, there are people in traditional attire, possibly during a meal or gathering.

the stomach will reduce to its minimum level and increases during *iftaar*. Eating excessively will cause a drastic increase in acid secretion. This condition can cause



discomfort and affect
one's health. Due to being
full or satiated, the body
becomes lethargic,
resulting in laziness
whereby one would then
excuse himself from
performing *'ibaadah* during

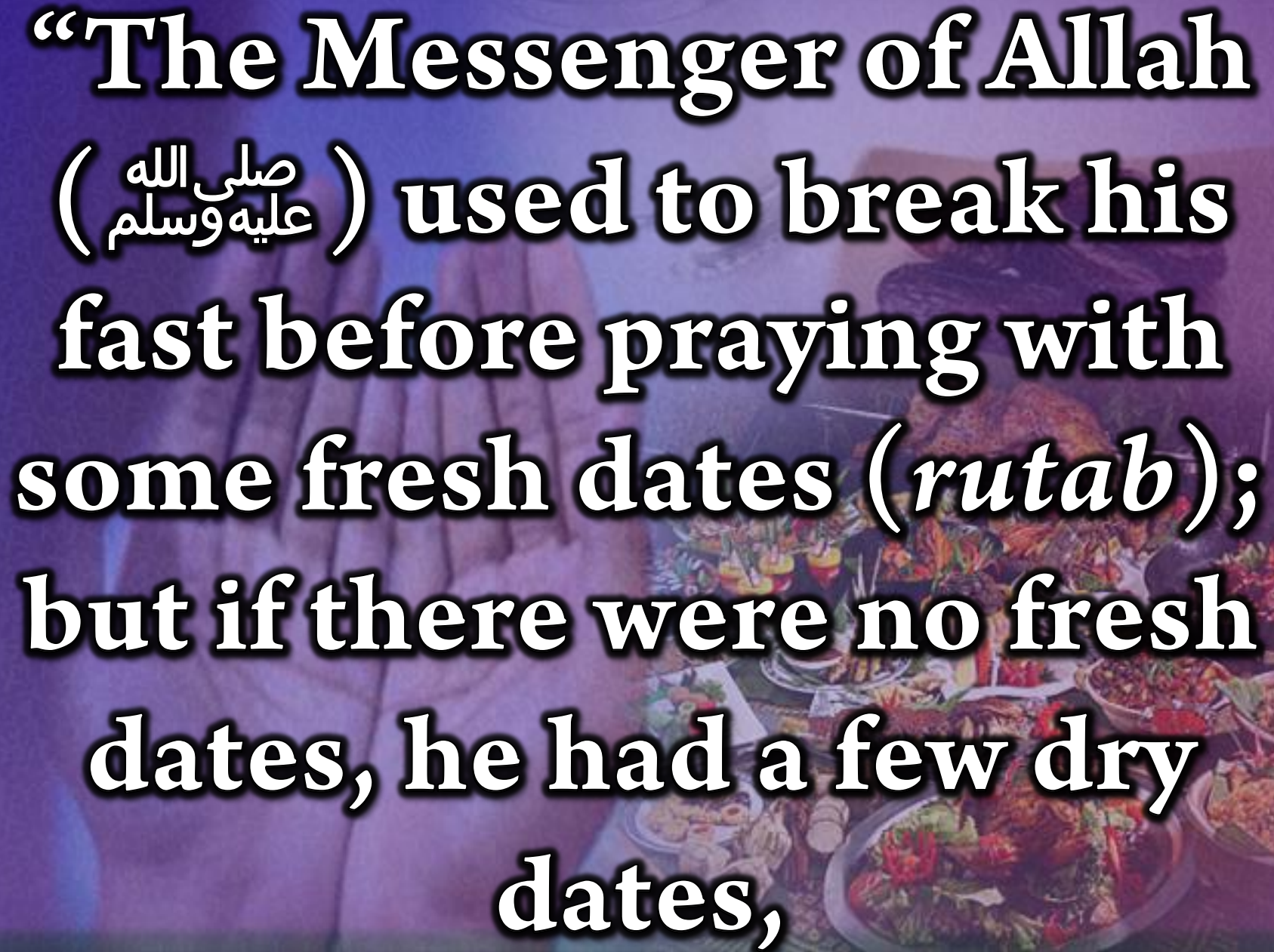
the night. If it were like that
every single day, how would
we seize the tremendous
rewards offered in
Ramadaan?
Let us emulate the
guidelines of breaking the
fast



as shown by Rasulullah
ﷺ with food that are
easy to eat and digest.
Narrated Anas bin Maalik
radiyAllaahu 'anh, in
explaining the practice of
Rasulullah ﷺ when

breaking the fast:

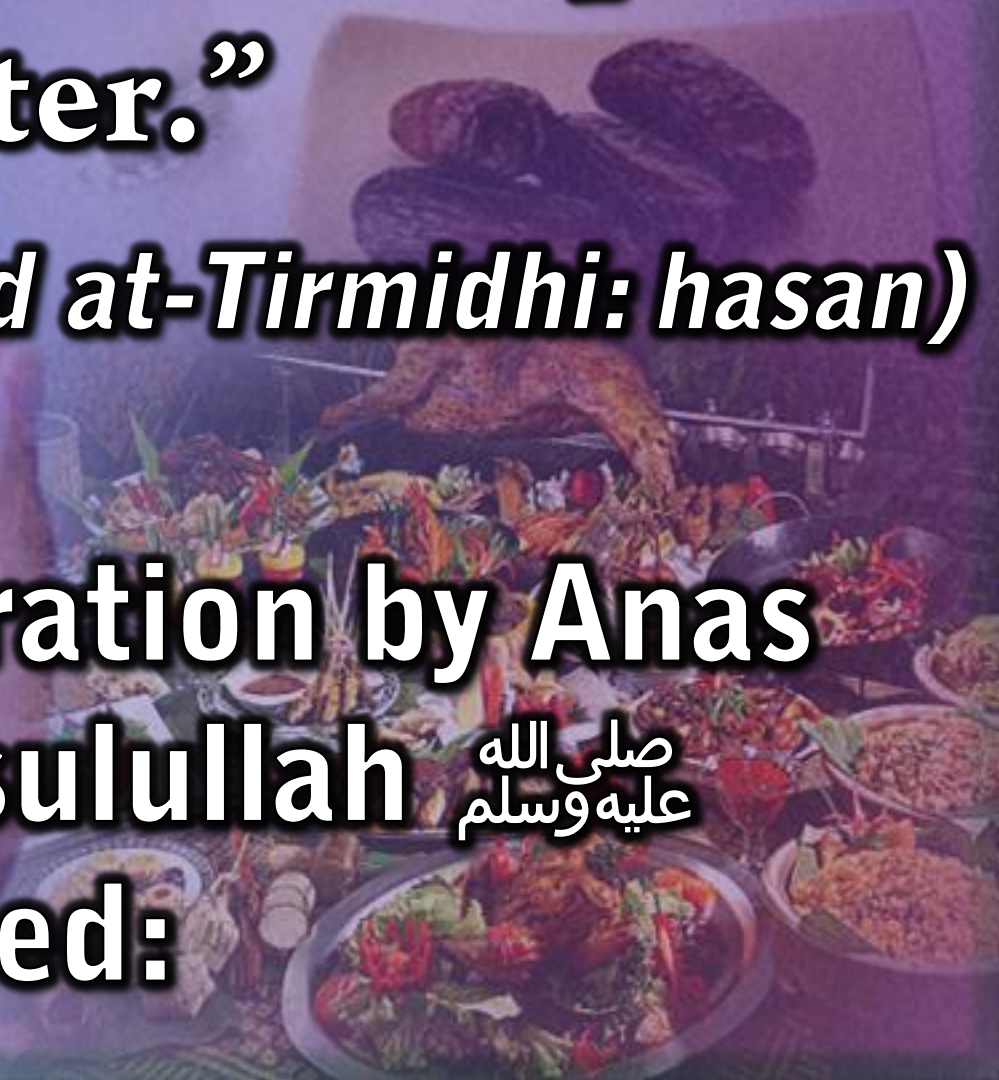
**“The Messenger of Allah
(ﷺ) used to break his
fast before praying with
some fresh dates (*rutab*);
but if there were no fresh
dates, he had a few dry
dates,**

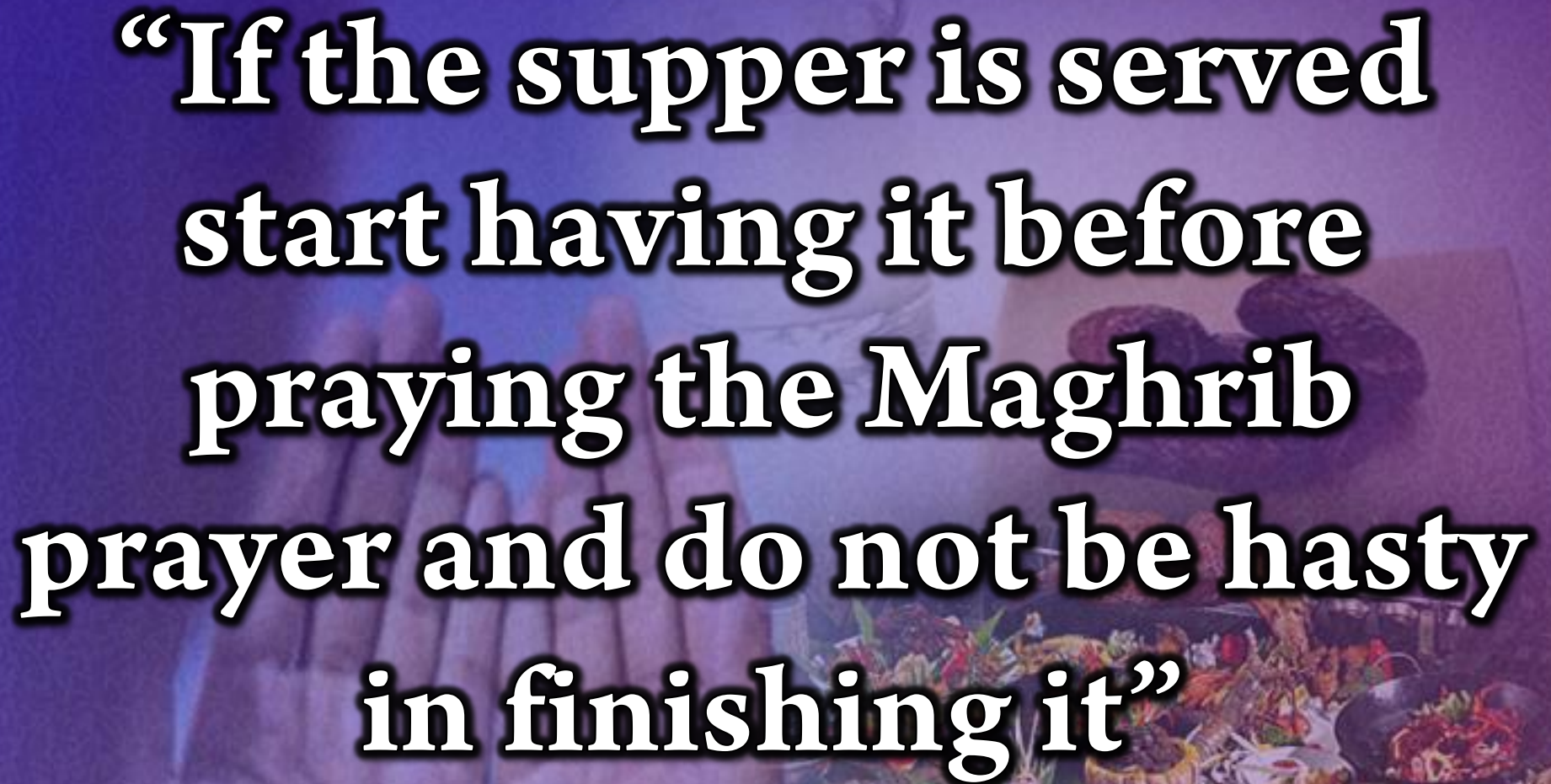


**and if there were no dry
dates, he took a few sips of
water.”**

(Abu Dawood and at-Tirmidhi: hasan)

**In another narration by Anas
bin Maalik, Rasulullah ﷺ
further explained:**



The background of the image is a composite. On the left, there is a close-up of hands in a prayer position (Tasbeeh), with fingers spread and palms facing each other. On the right, there is a photograph of a table laden with various dishes of food, including what appears to be meat, vegetables, and bread, typical of a traditional meal. The entire image has a purple tint.

**“If the supper is served
start having it before
praying the Maghrib
prayer and do not be hasty
in finishing it”**

(al-Bukhaari and Muslim)

In concluding today's *khutbah*, the following matters should be thoroughly observed, namely:

1. The Muslims should fast in *Ramadaan* with full



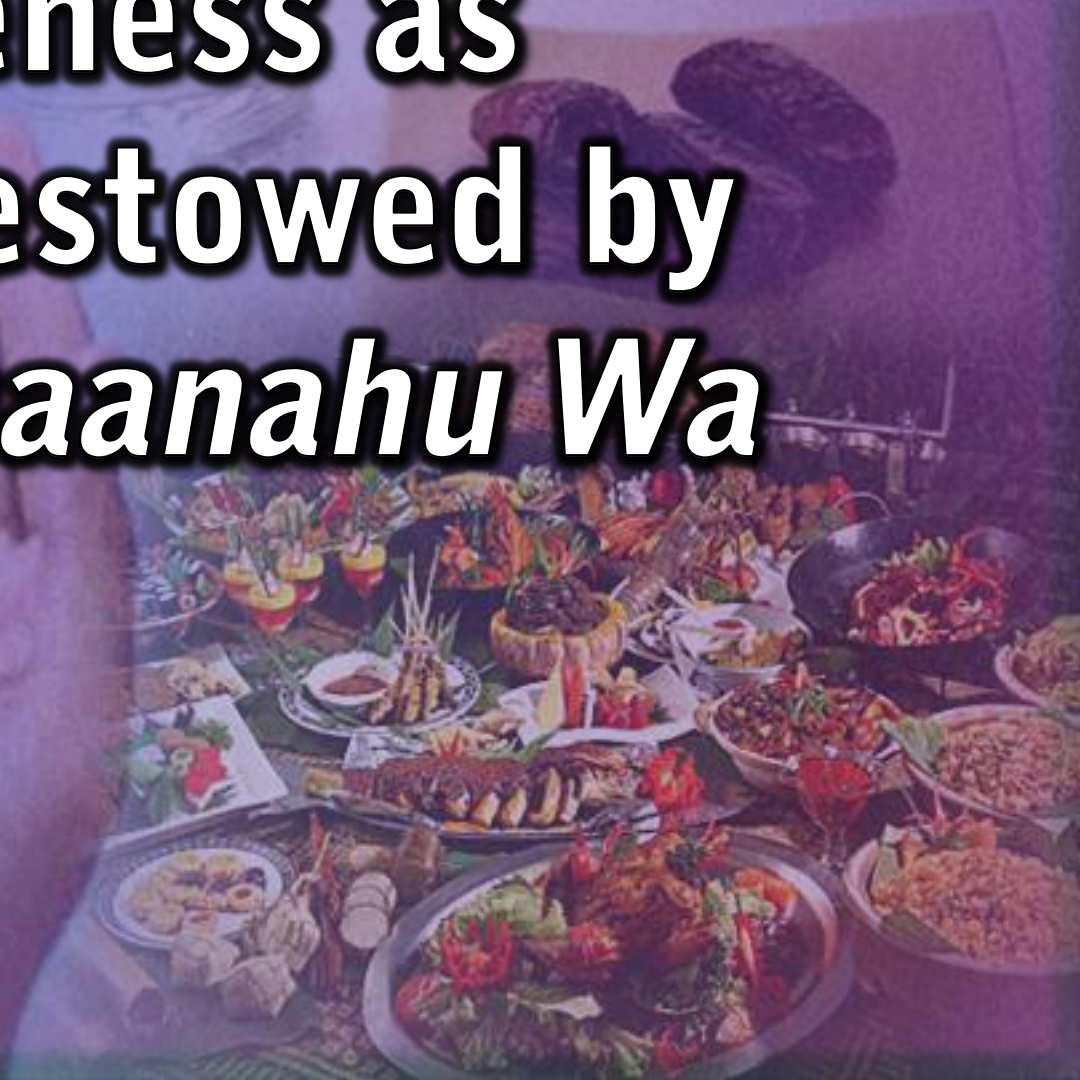
***khushoo'* (humility) and a high level of *taqwa* of Allah *Subhaanahu Wa Ta'aala*.**

2. The Muslims should not turn *Ramadaan* into a month of wastefulness or

extravagance when buying food for *iftaar* and *suhoor* (pre-dawn meal).

3. The Muslims should always remember that *Ramadaan* is a month for

**reaping as much reward
and forgiveness as
possible, bestowed by
Allah *Subhaanahu Wa
Ta'aala.***



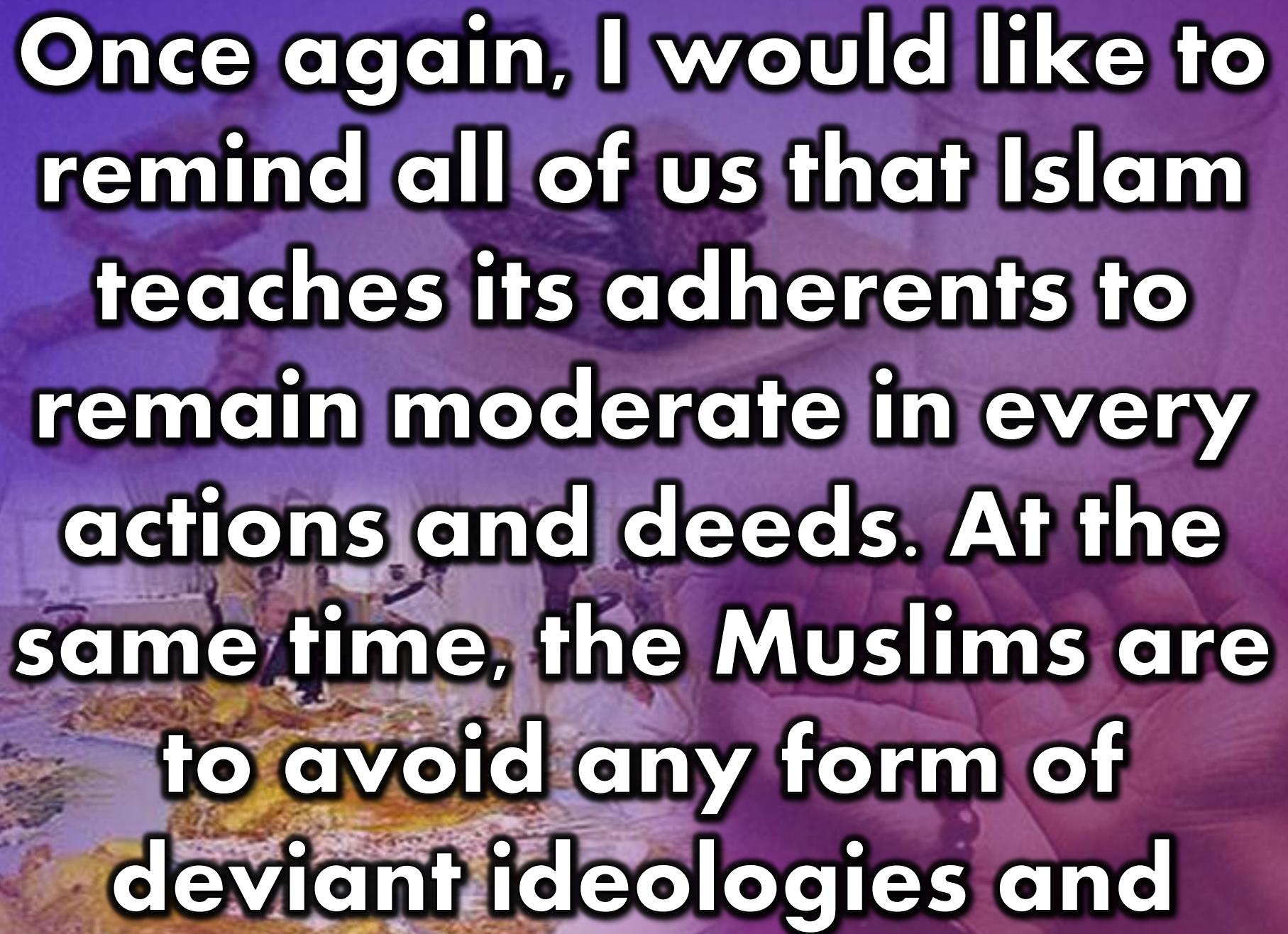
**“O children of Adam, take
your adornment at every
masjid, and eat and drink,
but be not excessive.
Indeed, He likes not those
who commit excess”
(al-A‘raaf 7:31)**

بَارَكَ اللَّهُ لِي وَلَكُمْ فِي الْقُرْآنِ الْعَظِيمِ وَنَفَعَنِي
وَإِيَّاكُمْ بِمَا فِيهِ مِنَ الْآيَاتِ وَالذِّكْرِ الْحَكِيمِ
وَتَقَبَّلَ مِنِّي وَمِنْكُمْ تِلَاوَتَهُ إِنَّهُ هُوَ السَّمِيعُ
الْعَلِيمُ.

أَقُولُ قَوْلِي هَذَا وَأَسْتَغْفِرُ اللَّهَ الْعَظِيمَ لِي
وَلَكُمْ وَلِسَائِرِ الْمُسْلِمِينَ وَالْمُسْلِمَاتِ
.إِنَّهُ هُوَ الْغَفُورُ الرَّحِيمُ فَاسْتَغْفِرُوهُ

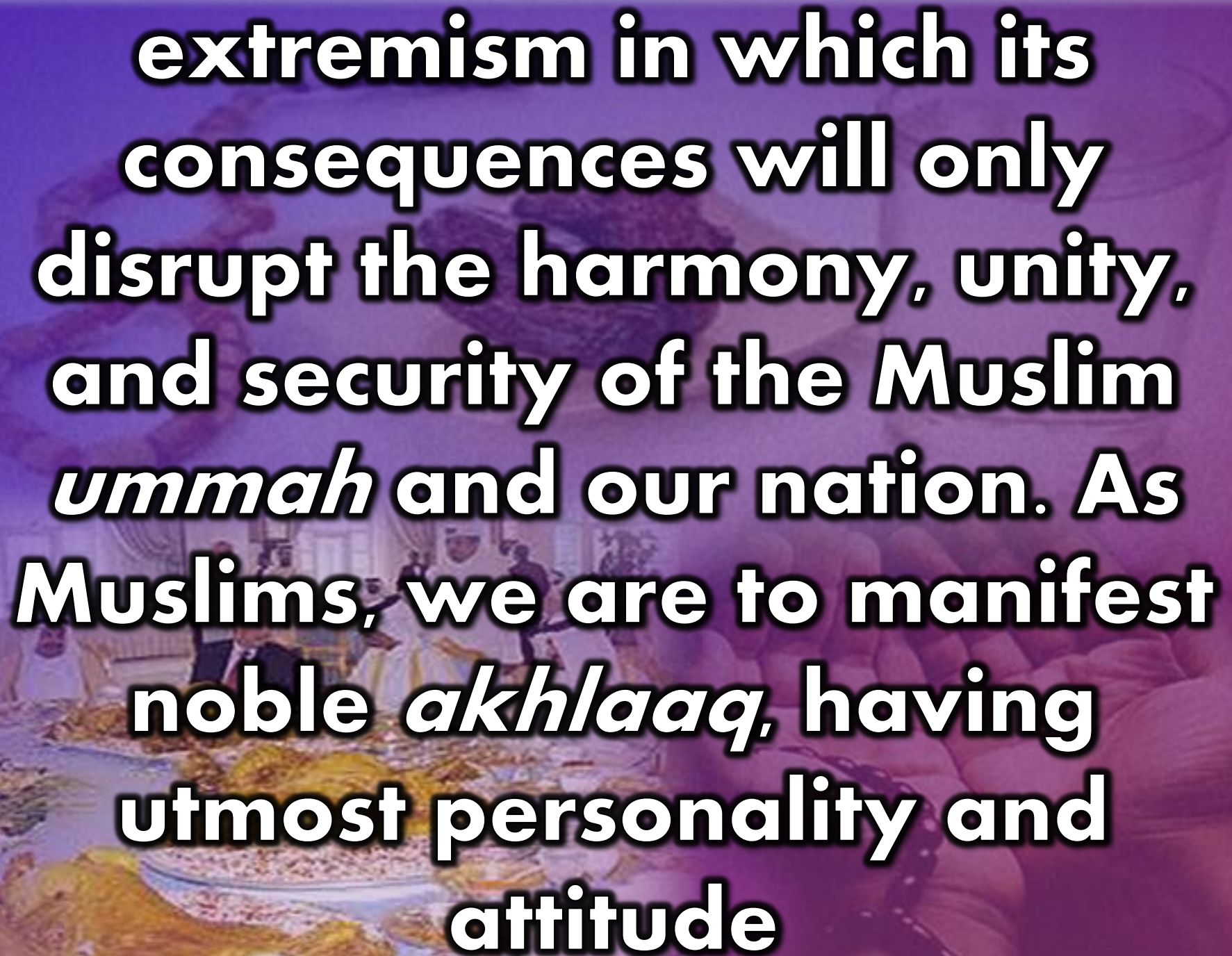


THE SECOND KHUTBAH

The background of the image is a photograph of a mosque courtyard. In the center, there is a large, ornate fountain with water spraying upwards. Several people are visible in the courtyard, some standing and some walking. The architecture of the mosque is visible in the background, featuring domes and minarets. The overall scene is peaceful and well-maintained.

Once again, I would like to remind all of us that Islam teaches its adherents to remain moderate in every actions and deeds. At the same time, the Muslims are to avoid any form of deviant ideologies and

**extremism in which its
consequences will only
disrupt the harmony, unity,
and security of the Muslim
ummah and our nation. As
Muslims, we are to manifest
noble *akhlaaq*, having
utmost personality and
attitude**

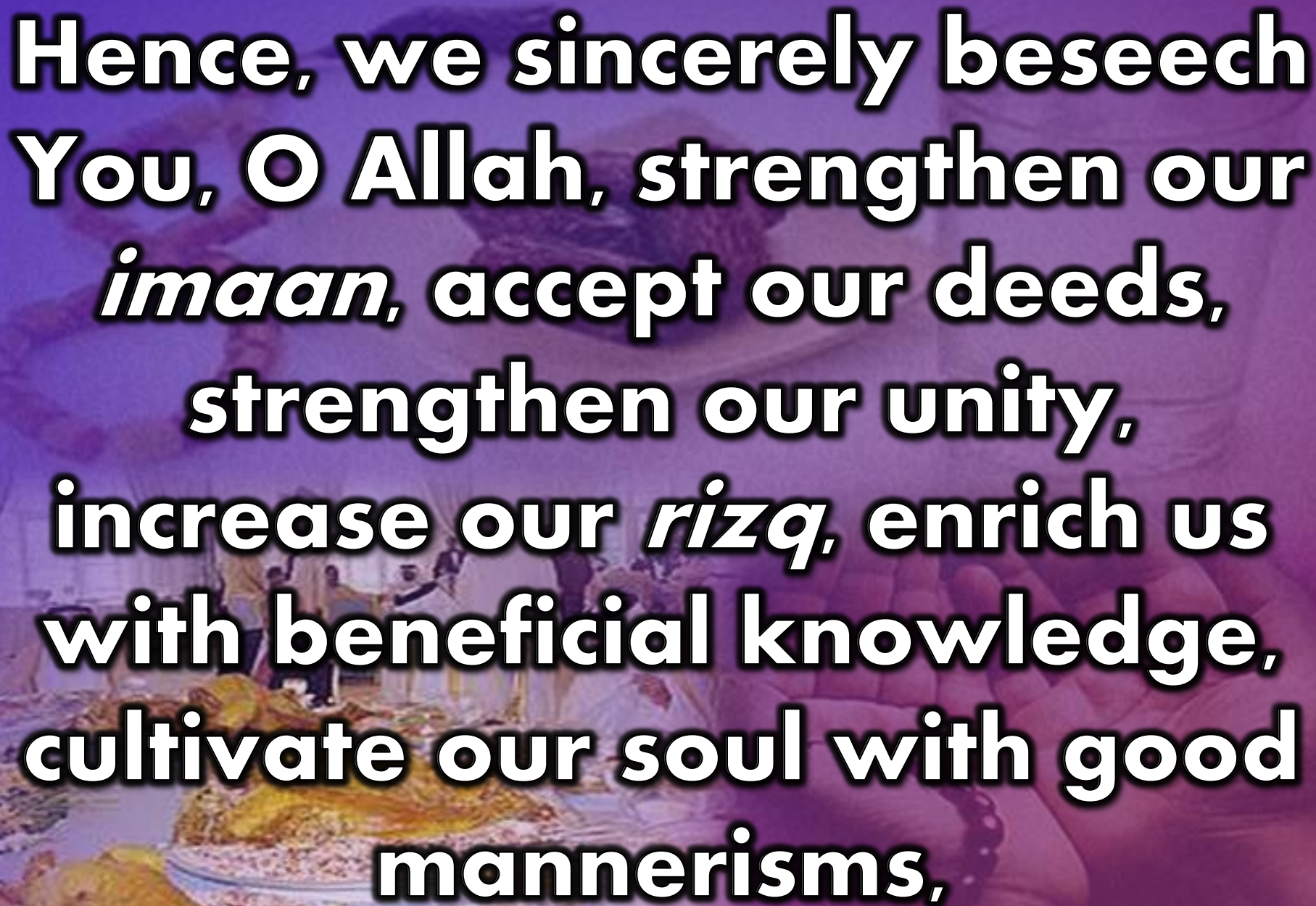


**for Rasulullah ﷺ was
sent to perfect *akhlaaq*
and as mercy for the
entire mankind and the
worlds.**

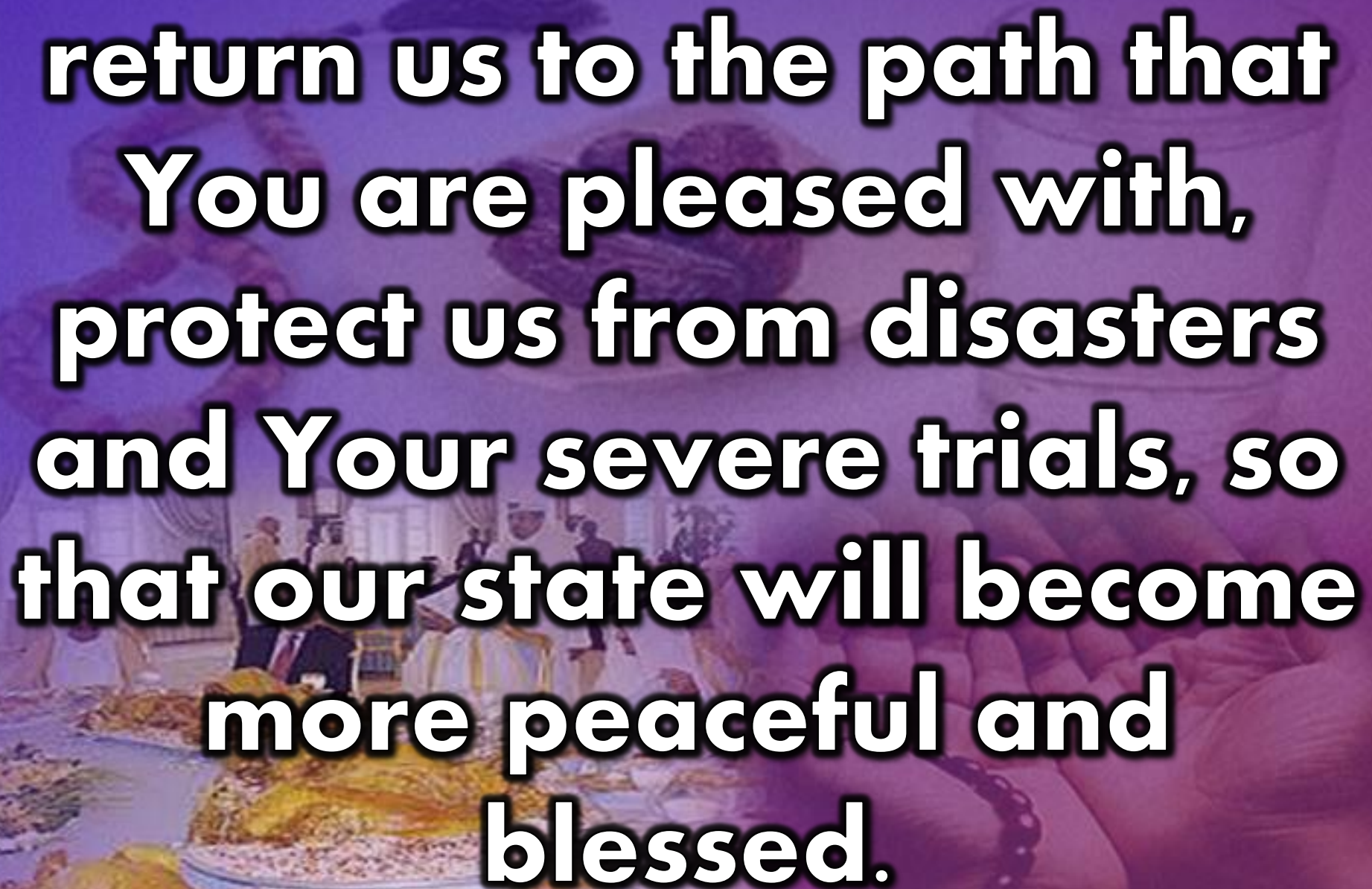


○ Allah, You are the Lord that is All Mighty, we are grateful to You for having bestowed upon us *rahmah* and *ni'mah*, that we are able to continue the effort in empowering the Muslim *ummah* especially in Selangor, as an

**advanced state,
prosperous, and providing
welfare, under the
auspices and leadership
of our Ruler as the Head
of Islamic Affairs in this
state.**

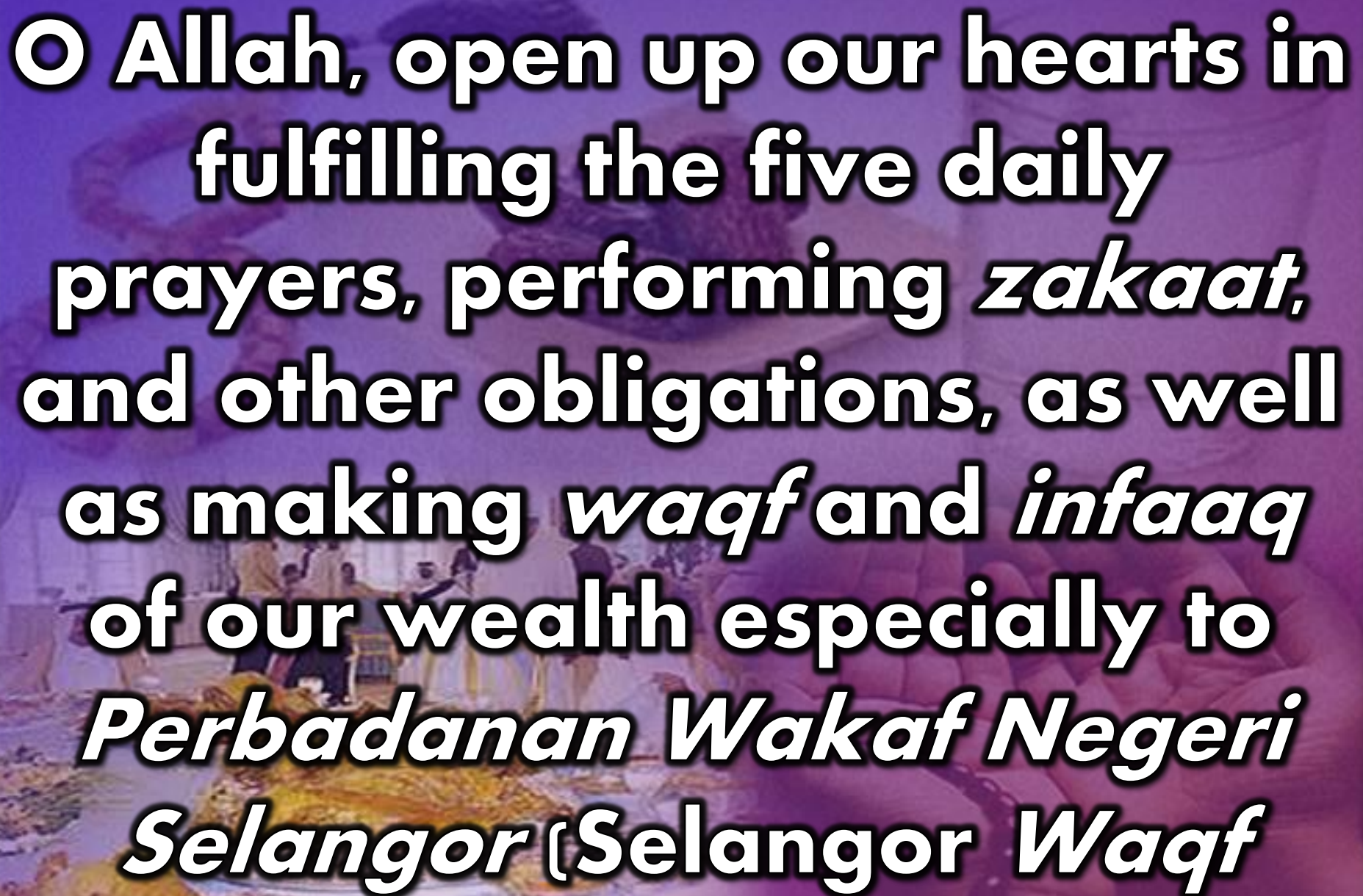


**Hence, we sincerely beseech
You, O Allah, strengthen our
imaan, accept our deeds,
strengthen our unity,
increase our *rizq*, enrich us
with beneficial knowledge,
cultivate our soul with good
mannerisms,**



**return us to the path that
You are pleased with,
protect us from disasters
and Your severe trials, so
that our state will become
more peaceful and
blessed.**

○ Allah, we sincerely beseech
You, strengthen our beliefs
according to the creed of *Ahl/
as-Sunnah wal Jamaa'ah*, and
protect us from the practices
and *'aqeedah* that are astray
such as *Shee'ah*, *Qadiyaani*,
and other ideologies.



○ Allah, open up our hearts in fulfilling the five daily prayers, performing *zakaat*, and other obligations, as well as making *waqf* and *infaaq* of our wealth especially to *Perbadanan Wakaf Negeri Selangor* (Selangor Waqf

Corporation) and *Tabung Amanah Pembangunan Islam Selangor* (Islamic Development Trust Fund of Selangor). With these deeds, O Allah, bless our lives and widen our *rizq* with perpetual rewards until the Last Day.



JABATAN AGAMA ISLAM SELANGOR

UNIT KHUTBAH,

BAHAGIAN PENGURUSAN MASJID,

JABATAN AGAMA ISLAM SELANGOR