




جَبَاتَانِ اِغَامَا اِسْلَامِ سِلَانْغُورِ
JABATAN AGAMA ISLAM SELANGOR

PATIENCE IN OUR LIVES



**I implore upon all of us to
strive in increasing our *taqwa*
of Allah *Subhaanahu*
Wata'aala by performing all
of His Commands and
avoiding all of His**

prohibitions. May our sincere efforts benefit us in this world and the Hereafter.

Today's *khutbah* intends to encourage us in becoming those having:

“Patience In Our Lives.”

Whenever Allah tests us, how should we respond to such trial?

The first thing is for us to have *sabr* (patience). For example, there are those that would actually want to jump

off a building when feeling distressed. There are those that are able to withstand stress but having the urge to scream their heart out. According to the science of counseling, screaming and

expressing one's feeling is one of the ways of relieving stress. While Islam prescribes several measures in reducing the stress that one endures. Among them:

- 1- To loosen up or calm down.**
- 2- To always remain in the state of *wudoo'*.**
- 3- To increase making *adhkaar* and *salawaat*.**
- 4- To increase performing**

supererogatory prayers.

**5- To increase supplicating
to Allah.**

6- Thinking well of Allah.

SABAR

When problems are mentioned, in reality no one is spared from having problems for as long as they are still alive in this world. After one problem is resolved, another one will

**then surface. Such is
*sunnatullaah.***

**Allah *Subhaanahu Wata'aala*
mentions in al-Qur'an:**

***“Do the people think that
they will be left to say, “We***

***believe” and they will not be
tried? But We have certainly
tried those before them, and
Allah will surely make
evident those who are
truthful, and He will surely
make evident the***

liars.”

(al-'Ankaboot 29:2-3)

**The lesson from these verses is
that humans will always be
tested in assessing their level
of *imaan* unto Allah
*Subhaanahu Wata'aala.***

What is deemed as problem is actually a form of test and trial from Allah *Subhaanahu Wata'aala* in order for us to prove the extent of our genuineness and integrity of *imaan* unto Him.

What is important is for us to not think negative of Allah for decreeing hardship and calamities upon us.

There are several types of *sabr* in our lives:

**1- *Sabr* in fulfilling the
commands of Allah**

Subhaanahu Wata'aala.

**Allah has commanded us to
have *sabr* in remaining
obedient and fulfilling His
Commands such as the**

**obligatory prayers, which may
be heavy for some people.**

**Allah *Subhaanahu Wata'aala*
mentions in al-Qur'an:**

***“And seek help through
patience and prayer, and***

**indeed, it is difficult except
for the humbly submissive
[to Allah].”**

(al-Baqarah 2:45)

The same goes with other obligations such the obligatory fasting, *hajj*, *zakaat*, and other *'ibaadah*. But for those who are always patient and standing firm with *imaan* unto Allah

***Subhaanahu Wata'aala*, they will taste sweetness in their lives. Having *sabr* in obedience will definitely have its hurdles. It is the nature of the *nafs* (desire) to dislike and remain heedless**

in the obedience of Allah. The example that Allah has given to us is in the story of Nabi Ibraaheem عليه سلام who was commanded by Allah in his dream to slaughter his own dear and beloved son.

However, as we know, Nabi Ibraaheem عليه سلام had fulfilled such decree with *ikhlaas* and *sabr*. Allah *Subhaanahu Wata'aala* had accepted Nabi Ibraaheem's sacrifice and replaced it with

a ram instead.

2- *Sabr* in leaving out and abstaining from the prohibitions of Allah *Subhaanahu Wata'aala.*

This is from among the most difficult type of *sabr* for we

are to always avoid these matters. And if we are able to have *sabr* with all those prohibitions, definitely we will be handsomely rewarded by Allah *Subhaanahu Wata'aala*.

The example that Allah has mentioned in al-Qur'an is in the story of Nabi Yoosuf عليه السلام with his tremendous display of *sabr* that he was saved from *Shaytaan's* temptations that would lead

to fornication. It is only with strong *imaan* and *taqwaa* of Allah *Subhaanahu Wata'aala* that such calamity could be avoided.

So what about us? To what extent is our *sabr* when

**tested in leaving disobedience
and avoiding the prohibitions
of Allah?**

**Allah *Subhaanahu Wata'aala*
mentions in al-Qur'an:**

"...Indeed, he who fears

Allah and is patient, then indeed, Allah does not allow to be lost the reward of those who do good.”

SABAR

(Yooosuf 12:90)

3- *Sabr* in the wake of trials and tribulations

It is *sabr* in the wake of distress and calamity that befalls upon every human being including the prophets. Among the ones that were

mentioned in al-Qur'an is *sabr* when enduring poverty and hunger, *sabr* when afflicted with pain, in times of war or fear, losing lives, and wealth. Allah
Subhaanahu Wata'aala

mentions in al-Qur'an:

“And We will surely test you with something of fear and hunger and a loss of wealth and lives and fruits, but give good tidings to the patient”.

(al-Baqarah 2:155)

In al-Qur'an, Allah has mentioned the suffering that was endured by Nabi Ayyoob عليه سلام, where he was afflicted with an extremely difficult illness for many years, the loss of his

family and wealth that no one during his time wanted to come close to him. He had suffered from such illness for 18 years, a very long duration. Even then, he never complained and never

gave up with what Allah had willed for him. Instead, he kept on supplicating as it was mentioned in al-Qur'an:

“And [mention] Job, when he called to his Lord, “Indeed, adversity has

***touched me, and you are
the Most Merciful of the
merciful.”***

(al-Anbiyaa' 21:83)

We are truly weak and impatient when we are tested with sickness, even though it may be temporary or not severe. Many of us would complain and seek shortcuts, even willing to spend a lot of

money while committing *shirk*
and *khurafaat* (superstition)
just to get cured and attain
enjoyment in this temporary
world. *Na'oodhu billaahi min
dhaalik.*

**In concluding today's *khutbah*,
let us take valuable lessons by
heeding to the following
suggestions:**

**1- Have *sabr* in fulfilling the
commands of Allah and
abstaining from His**

prohibitions, as well as having certainty that such trial is a sign of Allah's love to His slaves.

2- Every Muslim should have *sabr* when Allah *Subhaanahu Wata'aala*

**bestows the bounty of
wealth and pleasure upon
them. This is because not
many were successful in
the trial of ease and
comfort.**

3- We should endure the trials of life with *sabr* that is accompanied with effort and supplications. Whatever befalls us, *insha Allah* it will bring about good if we would accept it with a

**positive attitude, put in
maximum effort, and
followed by both
supplication and full
reliance in Allah (*tawakkal*).**

4- Have certainty that the more frequent and severe the trial that Allah bestows upon us, the more *sabr* is required, hence the bigger the reward and *rahmah* from Allah that will be bestowed upon us.

***“O you who have believed,
persevere and endure and
remain stationed and fear
Allah that you may be
successful.”***

(Atal-‘Umraan 3:200)

بَارَكَ اللهُ لِي وَلَكُمْ فِي الْقُرْآنِ الْعَظِيمِ
وَنَفَعَنِي وَإِيَّاكُمْ بِمَا فِيهِ مِنَ الْآيَاتِ وَالذِّكْرِ
الْحَكِيمِ وَتَقَبَّلَ مِنِّي وَمِنْكُمْ تِلَاوَتَهُ إِنَّهُ هُوَ
السَّمِيعُ الْعَلِيمُ. أَقُولُ قَوْلِي هَذَا وَأَسْتَغْفِرُ
اللهَ الْعَظِيمَ لِي وَلَكُمْ وَلِسَائِرِ الْمُسْلِمِينَ
وَالْمُسْلِمَاتِ وَالْمُؤْمِنِينَ وَالْمُؤْمِنَاتِ الْأَحْيَاءِ
مِنْهُمْ وَالْأَمْوَاتِ فَاسْتَغْفِرُوهُ
إِنَّهُ هُوَ الْغَفُورُ الرَّحِيمُ

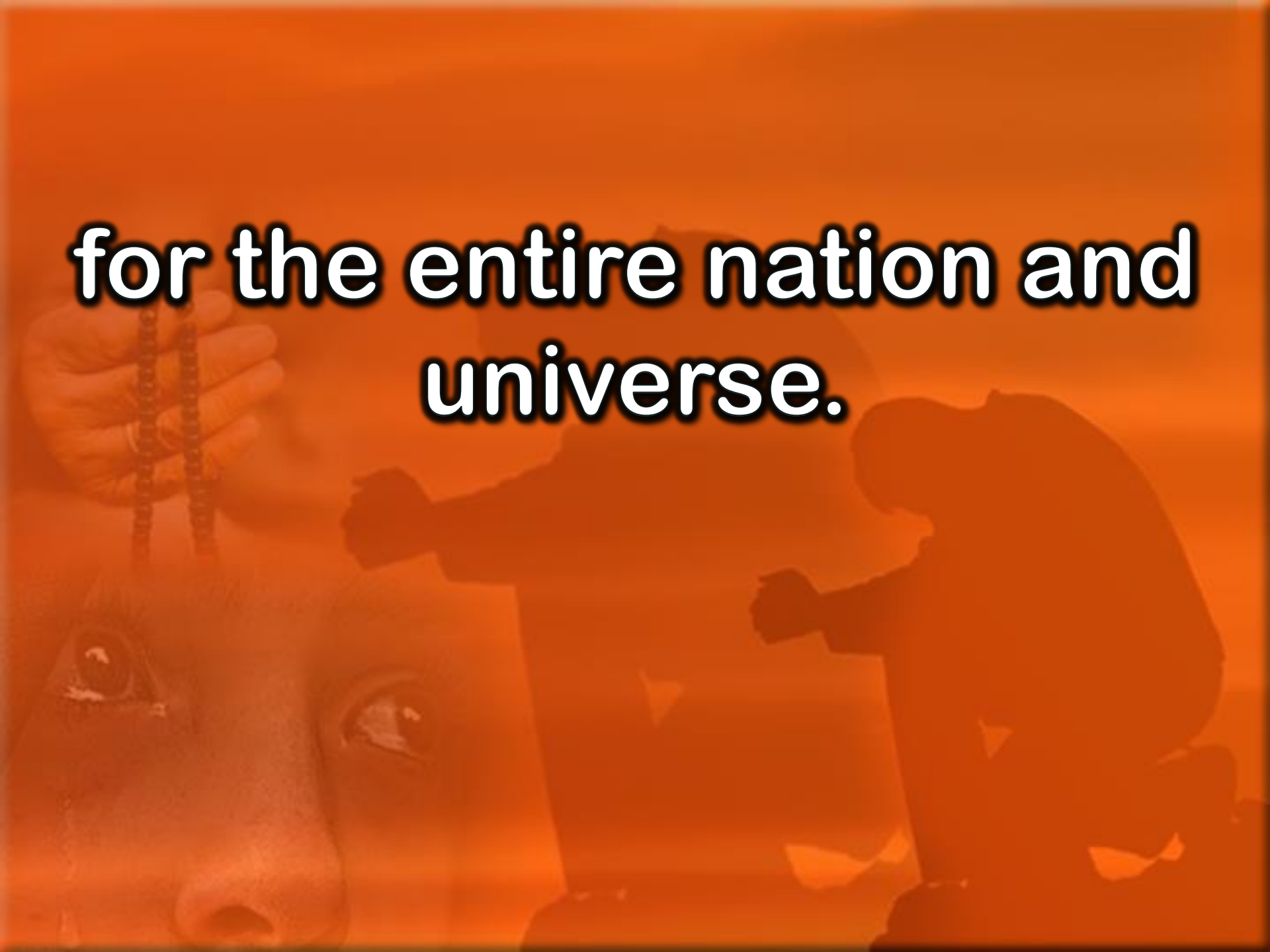
Once again, I would like to remind all of us that Islam teach its adherents to remain moderate in all actions and deeds. At the same time, the Muslims are to avoid any form of extremism in which its

**consequences will only
disrupt the harmony, unity,
and security of the Muslim
ummah and our nation.**

**Extremism will only give
negative impression upon the
nobility and holiness of al-
Islam. On the contrary, the
Muslim**

ummah must inculcate noble
akhlaaq, having utmost
personality and attitude as
true Muslims so that the
world will know that
Rasulullah (ﷺ) was sent
down as a messenger, and
Islam that was revealed is
mercy

**for the entire nation and
universe.**



O Allah, You are the Lord that is All Mighty, we are grateful to You for having bestowed upon us *rahmah* and *ni'mah*, that we are able to continue the effort in empowering the Muslim *ummah* especially in Selangor, as an

advanced state, prosperous,
and providing welfare.

Hence, we sincerely beseech
you, O Allah, strengthen our
imaan, accept our deeds,
strengthen our unity, increase
our *rizq*, enrich us with

**beneficial knowledge, cultivate
our soul with good
mannerisms, return us to the
path that you are pleased with,
protect us from disasters and
your severe trials, so that our
nation will become more
peaceful and filled with
blessings.**

O Allah, we sincerely beseech you, strengthen our beliefs according to the creed of *Ahlu Sunnah wal-Jamaa'ah*, and protect us from deeds and *'aqeedah* that are astray such as the extreme *Shee'is*, *Qadiyani*, and other ideologies.

○ Allah, open up our hearts in fulfilling the five daily prayers, performing *zakaat*, and other obligations. Bless those that have fulfilled their *zakaat* and loving the *fuqaraa'* and *masaakin*, and those that have

**made waqf and gave up
their wealth for Tabung
Amanah Pembangunan
Islam Selangor (Islamic
Development Trust Fund of
Selangor) with continuous
reward until the Hereafter.**

**O Allah, increase and widen
the *rizq* of those that made
waqf from their wealth with
perpetual rewards until the
Last Day.**



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JABATAN AGAMA ISLAM SELANGOR

DISEDIAKAN OLEH :

UNIT KHUTBAH.

BAHAGIAN PENGURUSAN MASJID.

JABATAN AGAMA ISLAM SELANGOR