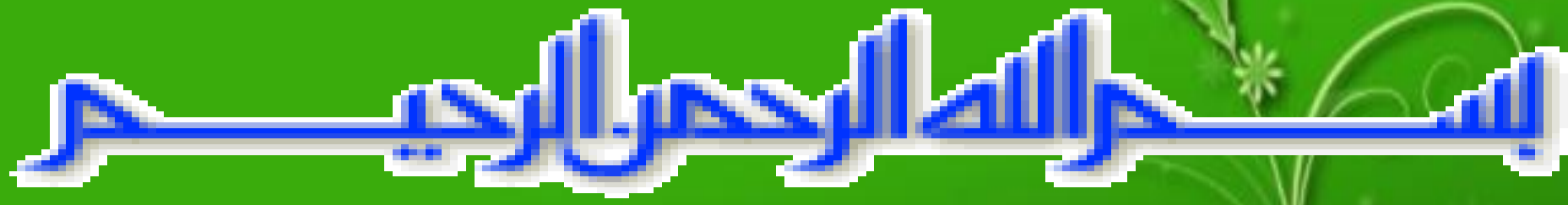




جَابَاتَانِ اِغَامَا اِيسْلَامِ سِلَانْغُورِ  
JABATAN AGAMA ISLAM SELANGOR

**AVOID WASTING,**  
**REDUCE FOOD**  
**WASTE**



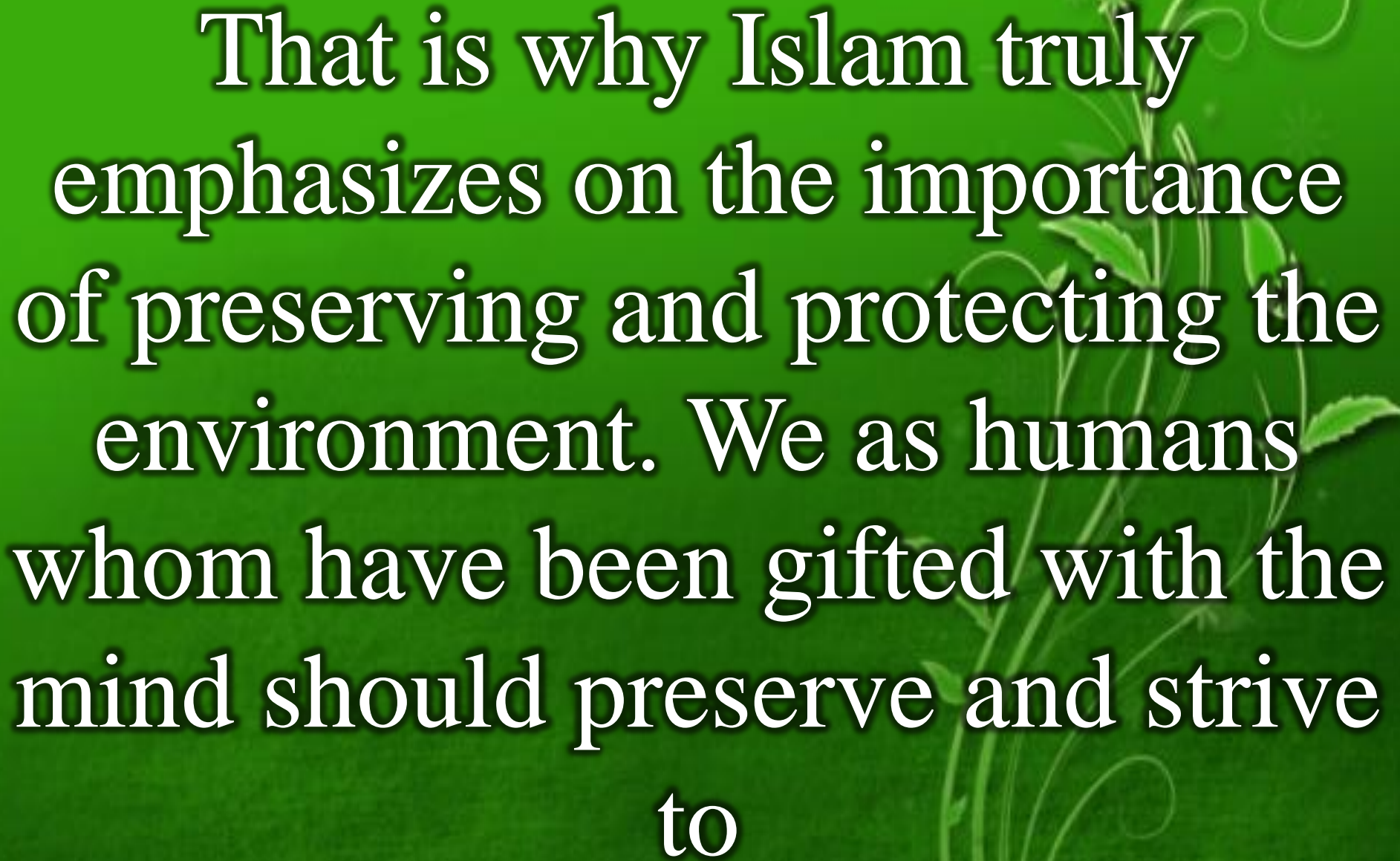
Let us strive to increase our *taqwa* of Allah *Subhaanahu Wata'aala* with full certainty and sincerity by performing all of His Commands and avoiding all of His prohibitions.

Truly, may we become individuals having *taqwa* and *imaan*, attaining salvation in this world and the Hereafter.

On this blessed day, let us ponder upon a *khutbah* entitled:  
***“Avoid Wasting, Reduce Food Waste.”***

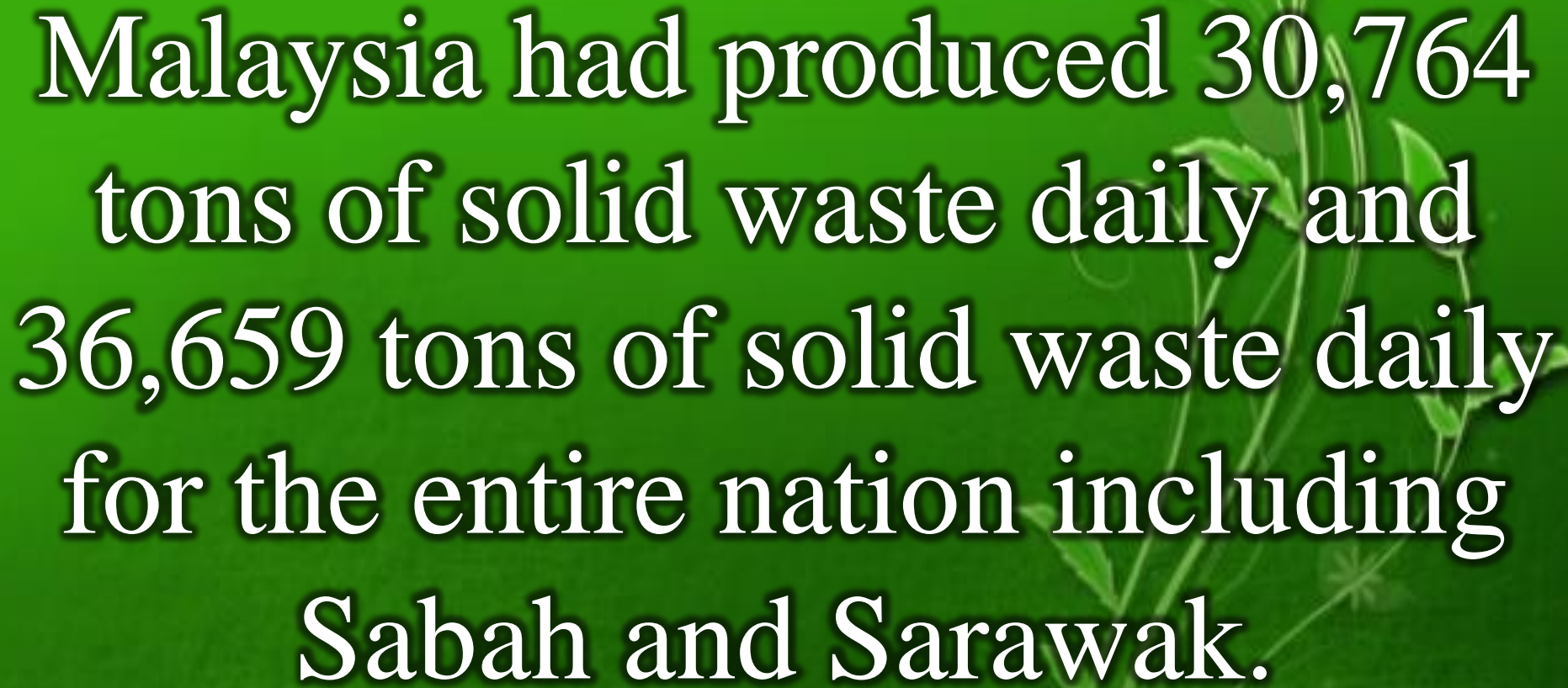
As humans, definitely we are always hoping for a life that is filled with ease, comfort, and happiness. We must be grateful and appreciate all the bounties bestowed by Allah *Subhaanahu Wata'aala*

upon us that serves as basic needs for human lives. The water, air, plants, animals, and others are all Allah's creations that serve as complement to human lives on the face of earth.



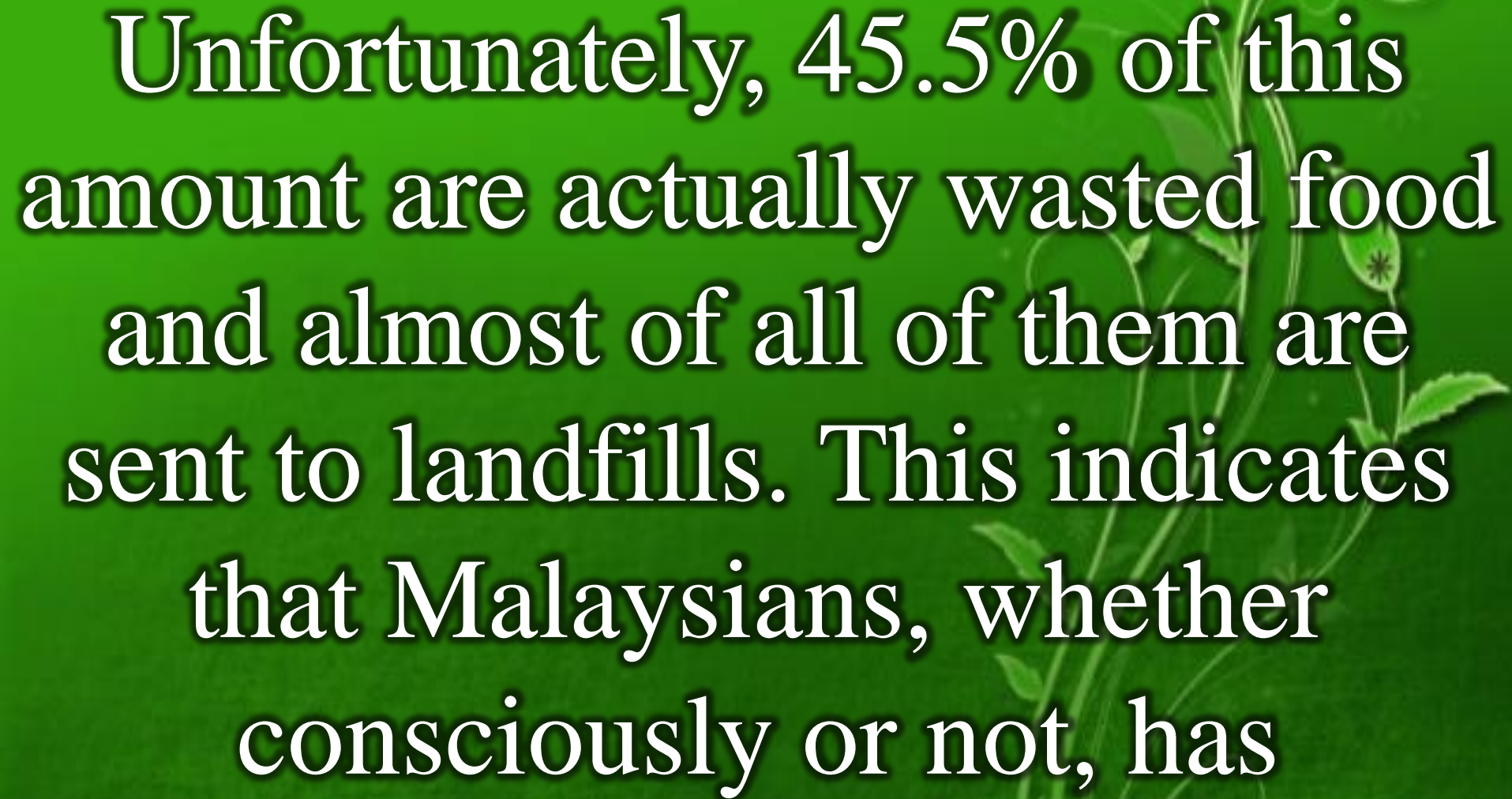
That is why Islam truly emphasizes on the importance of preserving and protecting the environment. We as humans whom have been gifted with the mind should preserve and strive to

bring prosperity on earth, which was bestowed by Allah, in a way that is befitting, not by destroying, polluting, and wasting it. In 2014, it was indicated that citizens in peninsula

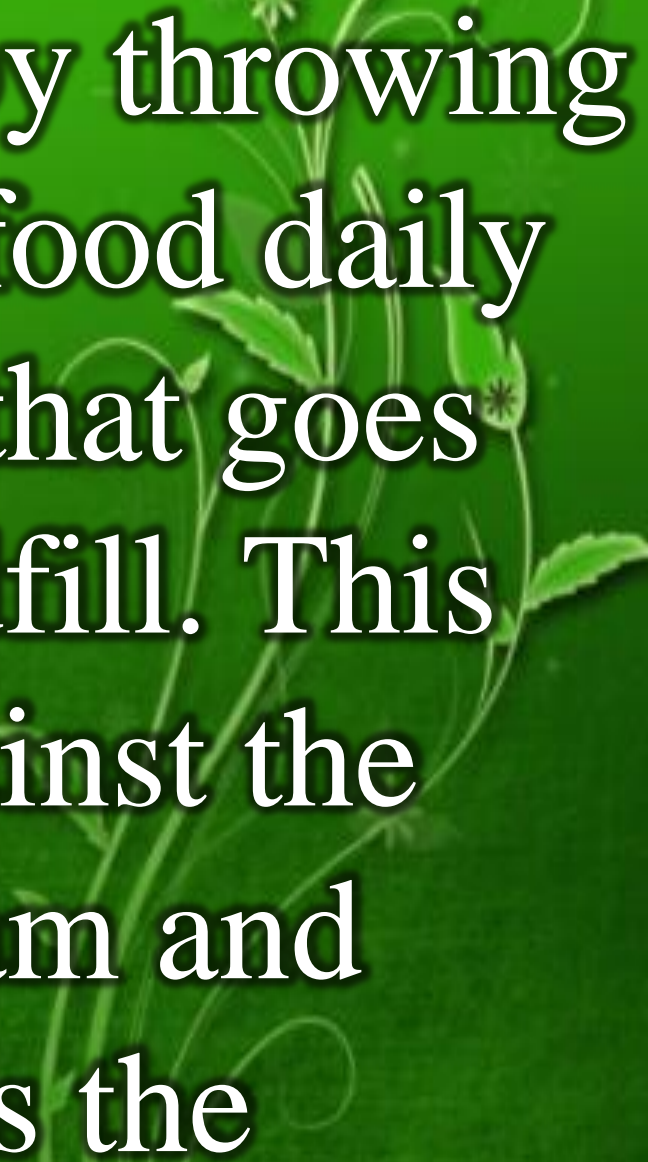


Malaysia had produced 30,764 tons of solid waste daily and 36,659 tons of solid waste daily for the entire nation including Sabah and Sarawak.





Unfortunately, 45.5% of this amount are actually wasted food and almost of all of them are sent to landfills. This indicates that Malaysians, whether consciously or not, has



wasted lots of food by throwing  
out 16,680 tons of food daily  
into the trash can that goes  
straight to the landfill. This  
actually goes against the  
teachings of Islam and  
wastefulness is the

practice of *shaytaan*. Allah  
*Subhaanahu Wata'aala*  
mentions in al-Qur'an:

**“Indeed, the wasteful are  
brothers of the devils, and  
ever has Satan been to his  
Lord ungrateful.”**

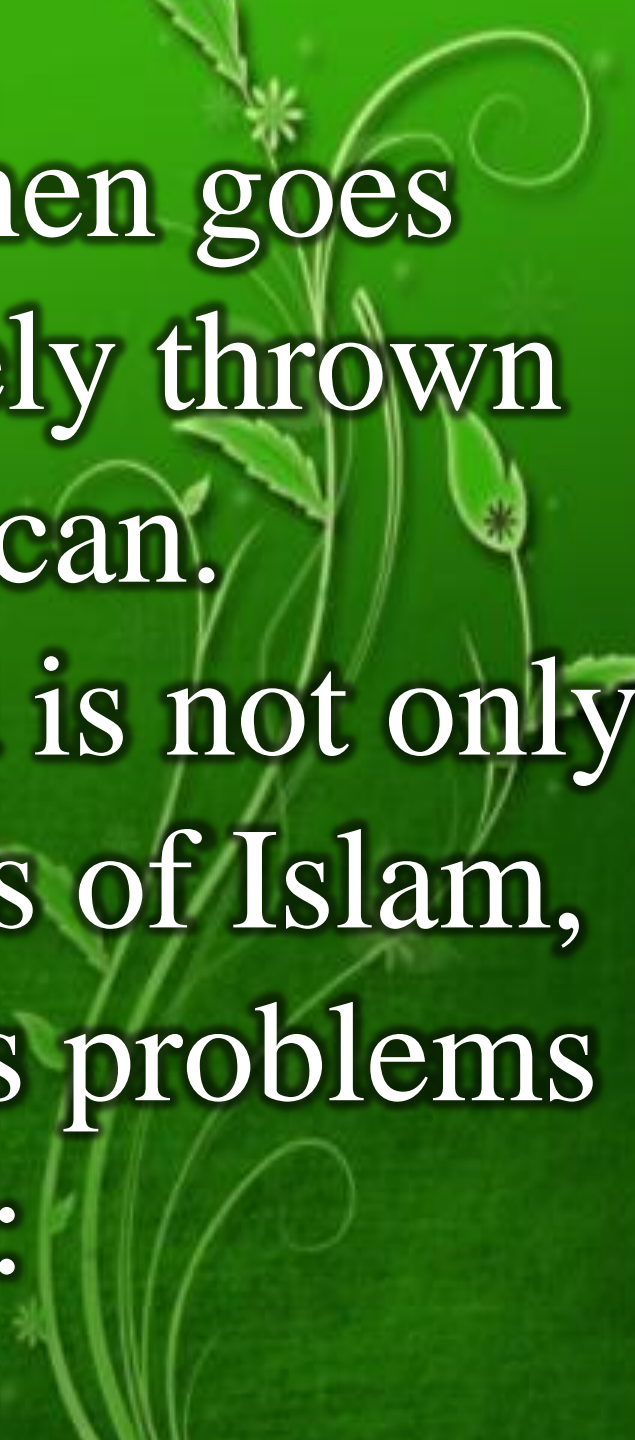
**(al-Israa' 17:27)**

Among the cause for such wastefulness is as follows:

1- The society's attitude in extravagance when it comes to food, deeming that there is no loss incurred when food are thrown away.

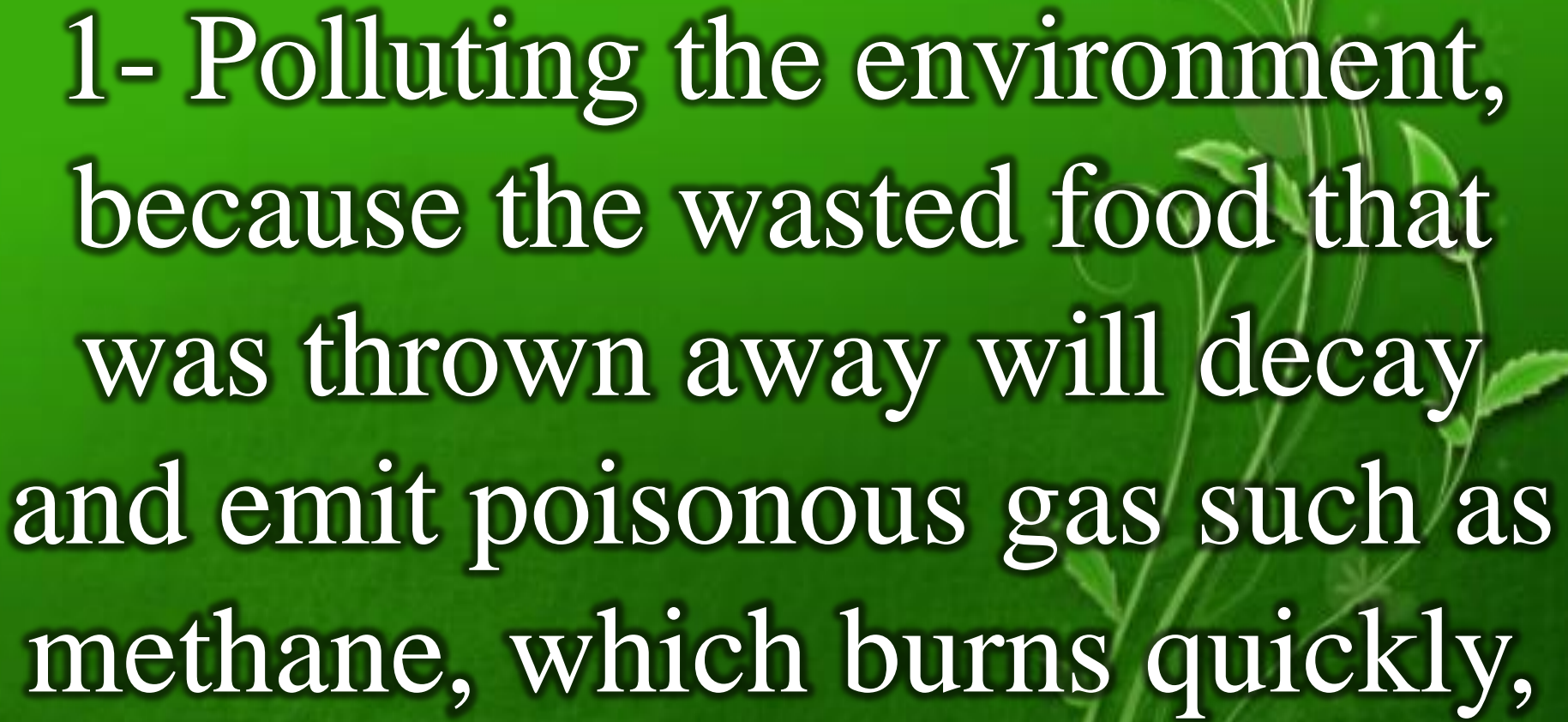
2- No thorough planning made prior to purchasing groceries where in the end some of the purchased items were never used, only to be thrown away after its expiry.

3- One's own evil greed especially when attending open house, banquets, and *iftaar* gathering. Hoarding and loading up plates with variety of food due to one's evil desire and empty



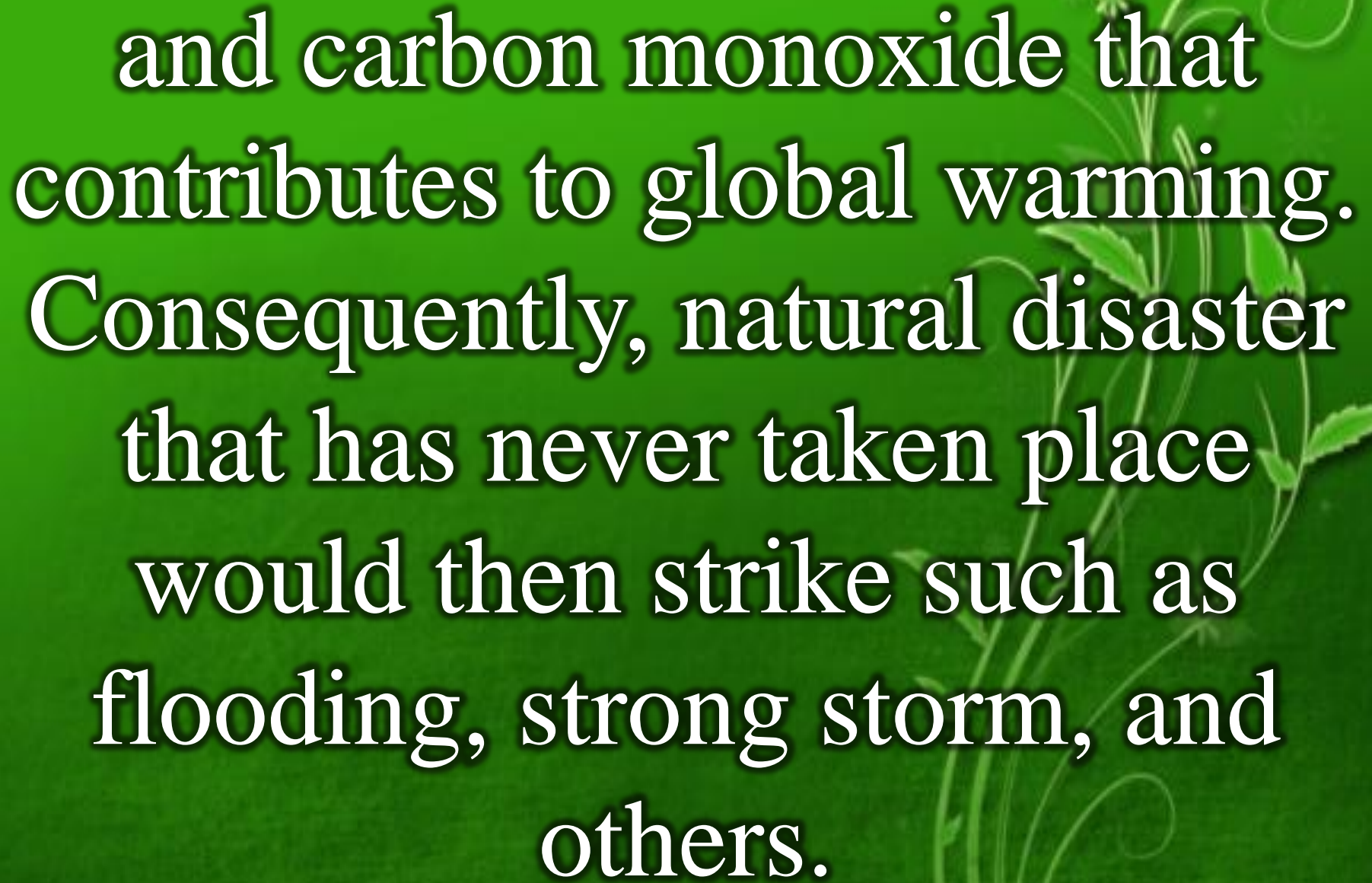
stomach, which then goes untouched, ultimately thrown into the trash can.

This wastage of food is not only against the teachings of Islam, but causes numerous problems as follows:

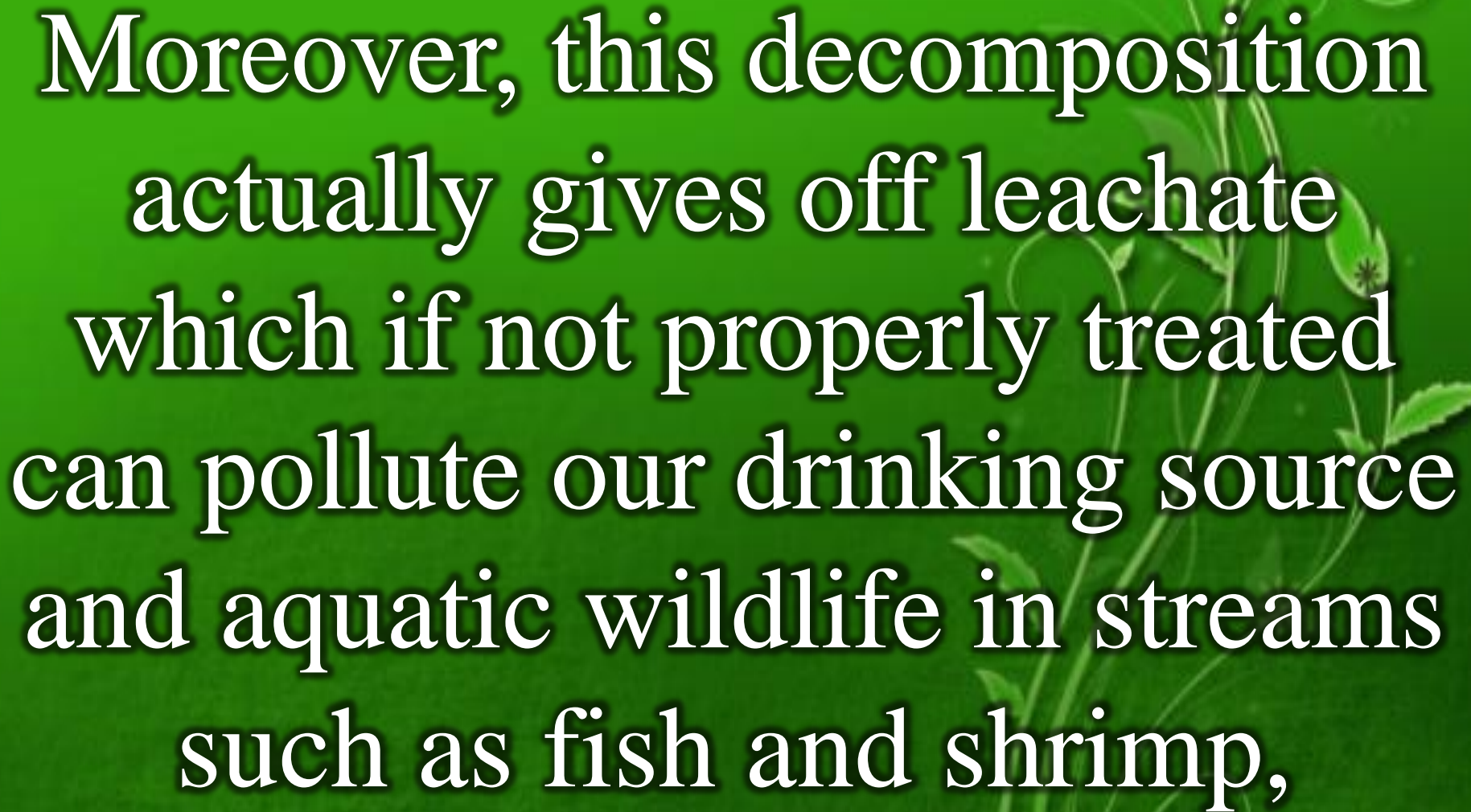


1- Polluting the environment,  
because the wasted food that  
was thrown away will decay  
and emit poisonous gas such as  
methane, which burns quickly,





and carbon monoxide that contributes to global warming. Consequently, natural disaster that has never taken place would then strike such as flooding, strong storm, and others.

The background is a solid green color with a decorative vine and leaves on the right side. The vine is light green and has several leaves and small star-shaped flowers. The text is white with a black outline and is arranged in seven lines.

Moreover, this decomposition  
actually gives off leachate  
which if not properly treated  
can pollute our drinking source  
and aquatic wildlife in streams  
such as fish and shrimp,

causing them to die.

Furthermore, if it flows into the sea, it will then affect marine life, which then affects the nation's fish supply.

*Allah Subhaanahu Wata 'aala*  
mentions in al-Qur'an:

**“Corruption has appeared  
throughout the land and sea  
by [reason of] what the hands  
of people have**

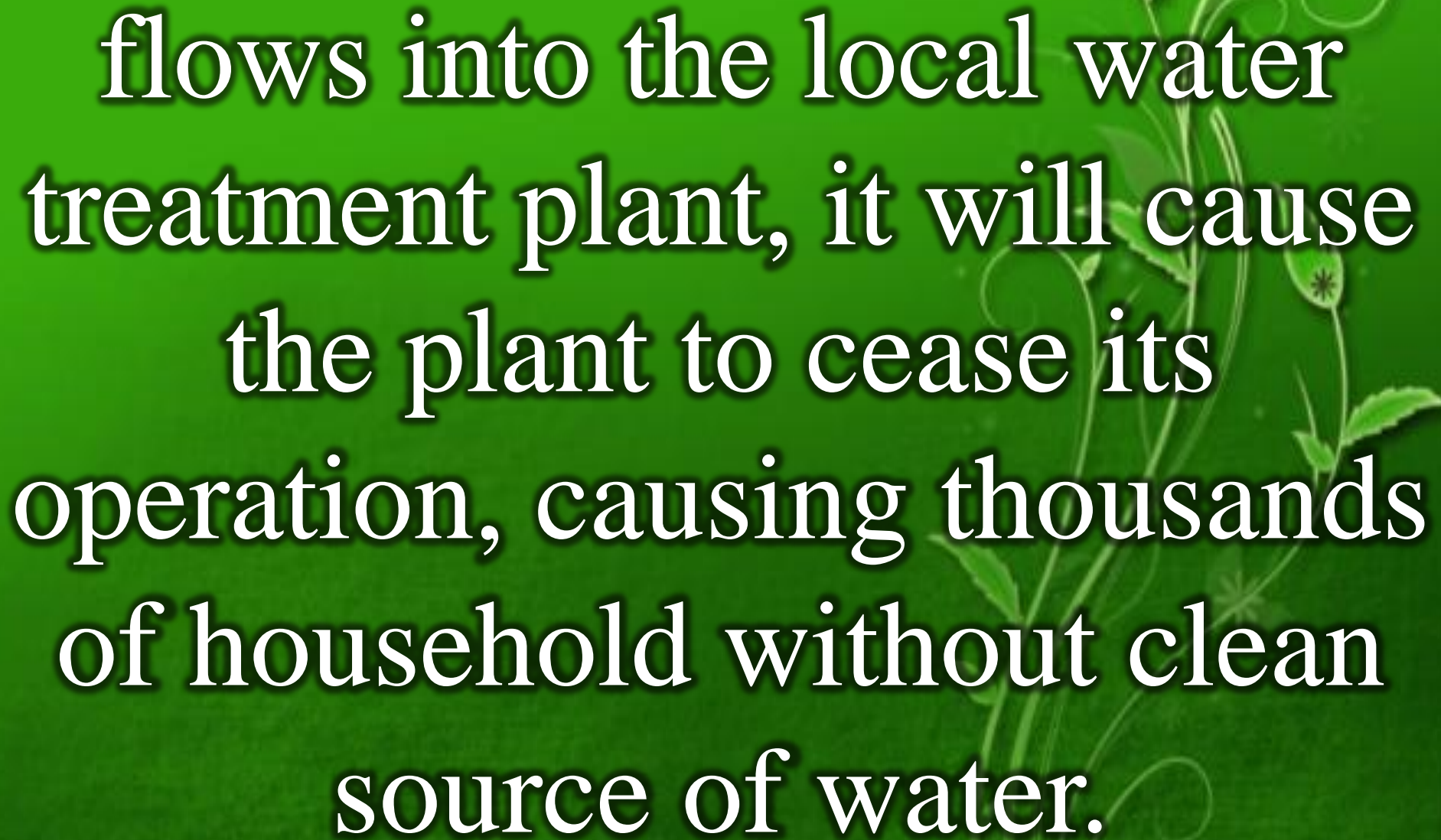
**earned so He may let them  
taste part of [the consequence  
of] what they have done that  
perhaps they will return [to  
righteousness].”**

**(ar-Room 30:41)**

2- It is a waste of public funds because the treatment process for leachate and methane gas in reaching the required standard requires a substantial amount of funds, while the gas and leachate

will be produced continuously for many years even though after the closure of the landfill.

3- It affects the water source, where if the wastewater is not properly treated and then



flows into the local water treatment plant, it will cause the plant to cease its operation, causing thousands of household without clean source of water.

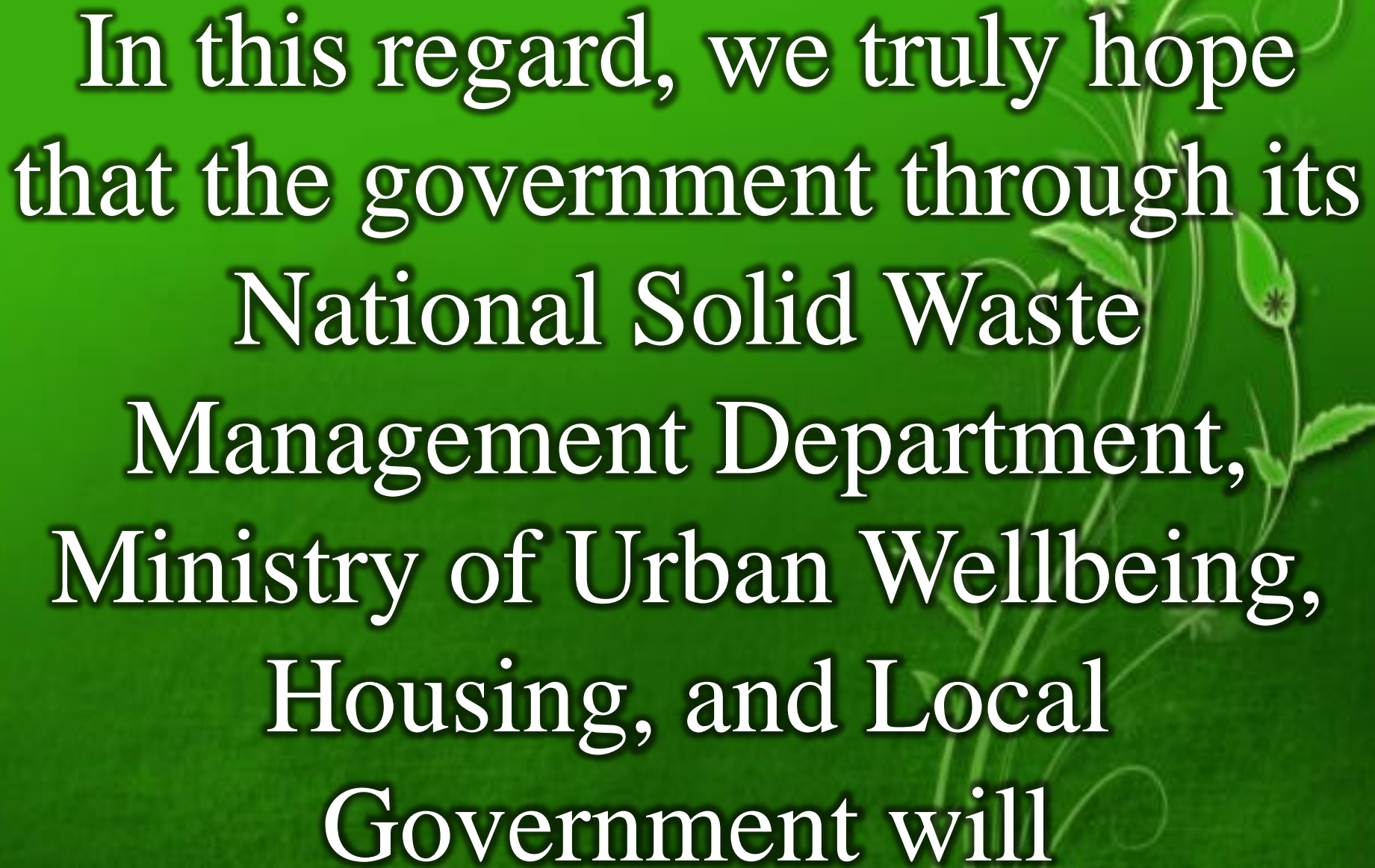


4- The nation's food supply will be affected due to the demand being greater than the nation's food production. In the end, prices of sources and ingredients such as rice, sugar, flour, chicken, and

others will skyrocket and some food items will then have to be imported from abroad. With the unstable global temperature due to the temperature rise worldwide, the agricultural output in

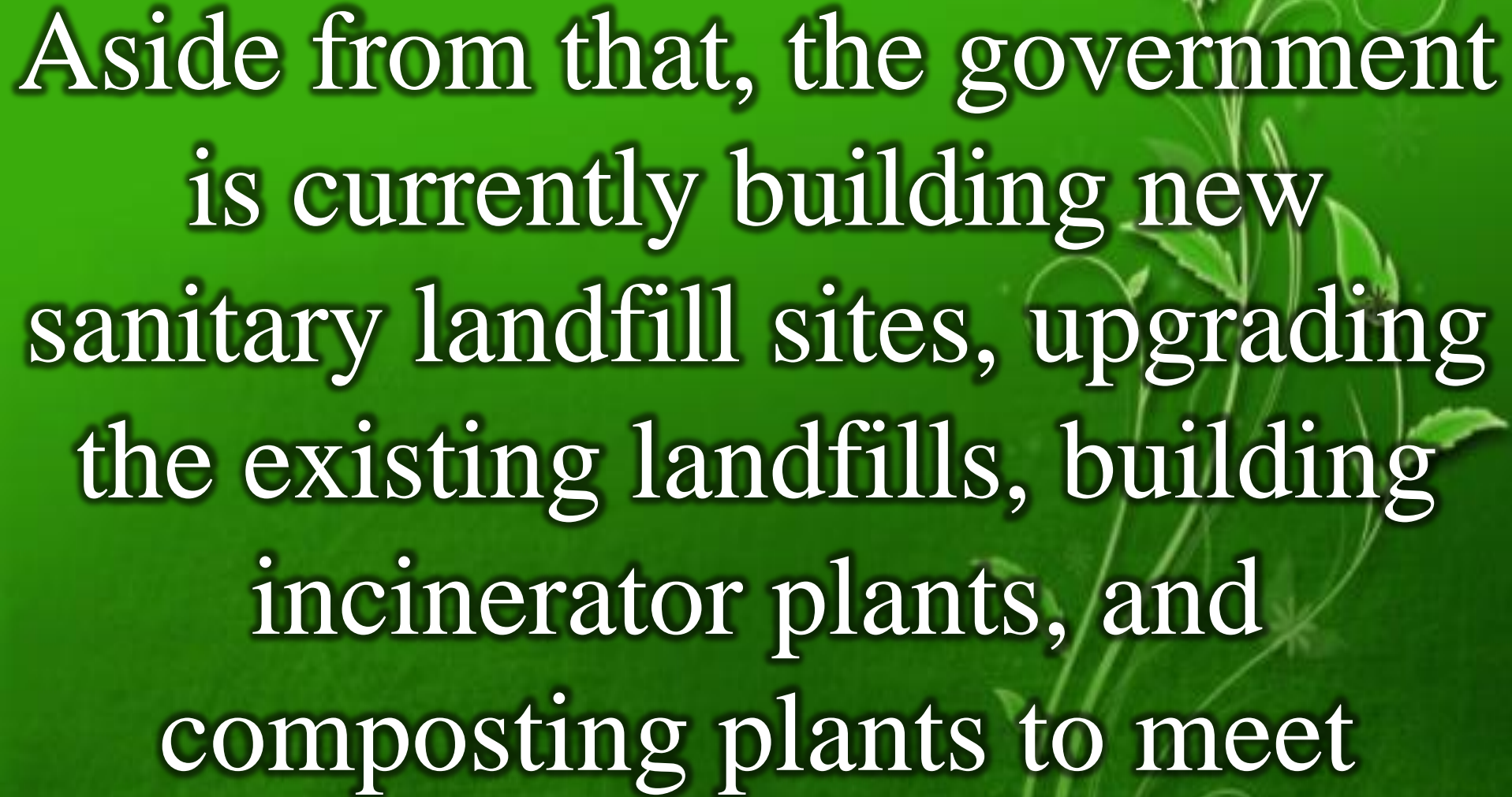


most food exporting nations  
has declined, causing  
importing cost for food stuff  
to rise.

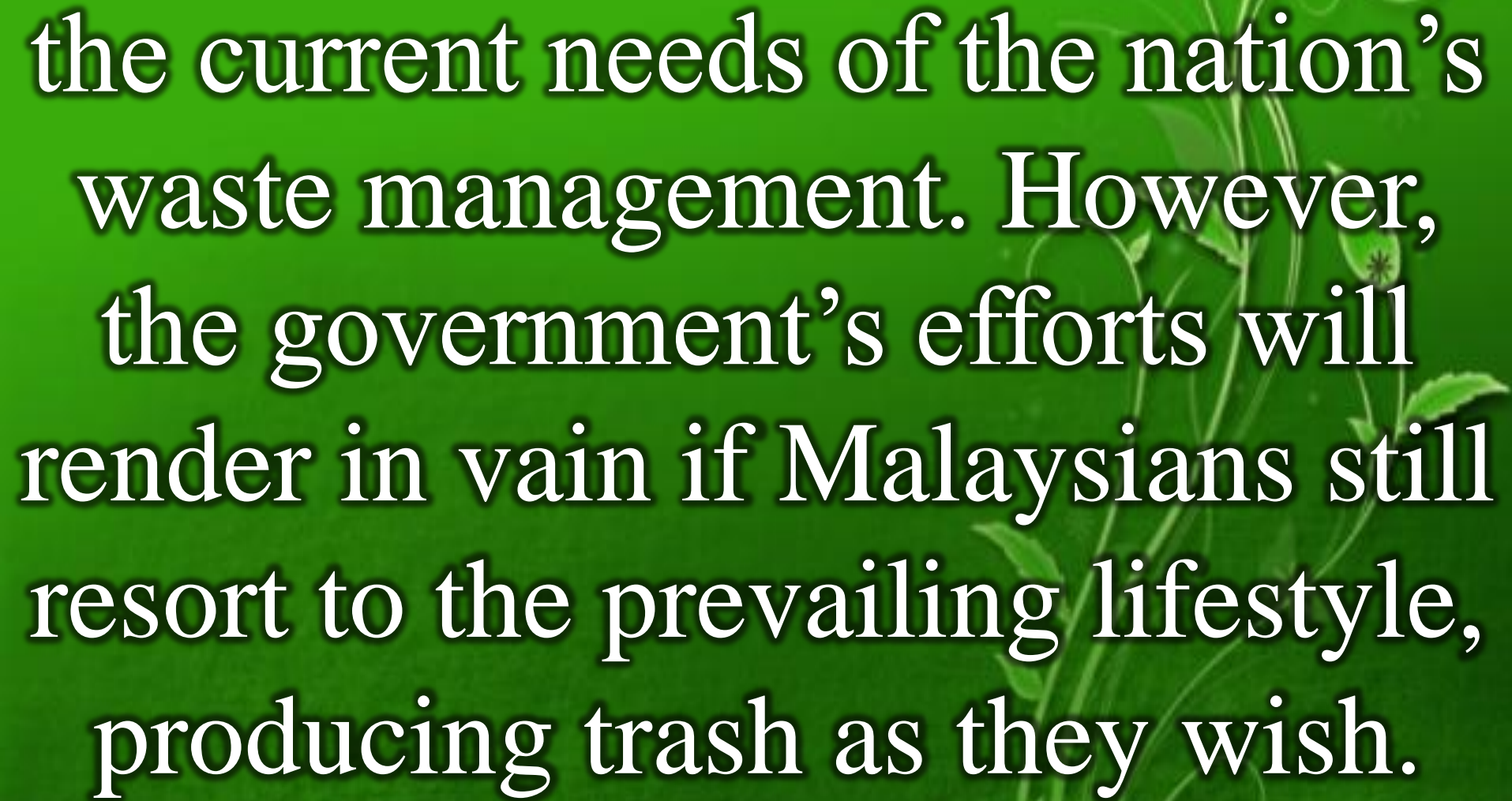


In this regard, we truly hope  
that the government through its  
National Solid Waste  
Management Department,  
Ministry of Urban Wellbeing,  
Housing, and Local  
Government will

continue with intensified efforts  
in overcoming this problem  
through awareness campaigns  
such as recycle run, posters,  
establishing recycling bank in  
schools, seminars, and other  
programs.



Aside from that, the government is currently building new sanitary landfill sites, upgrading the existing landfills, building incinerator plants, and composting plants to meet

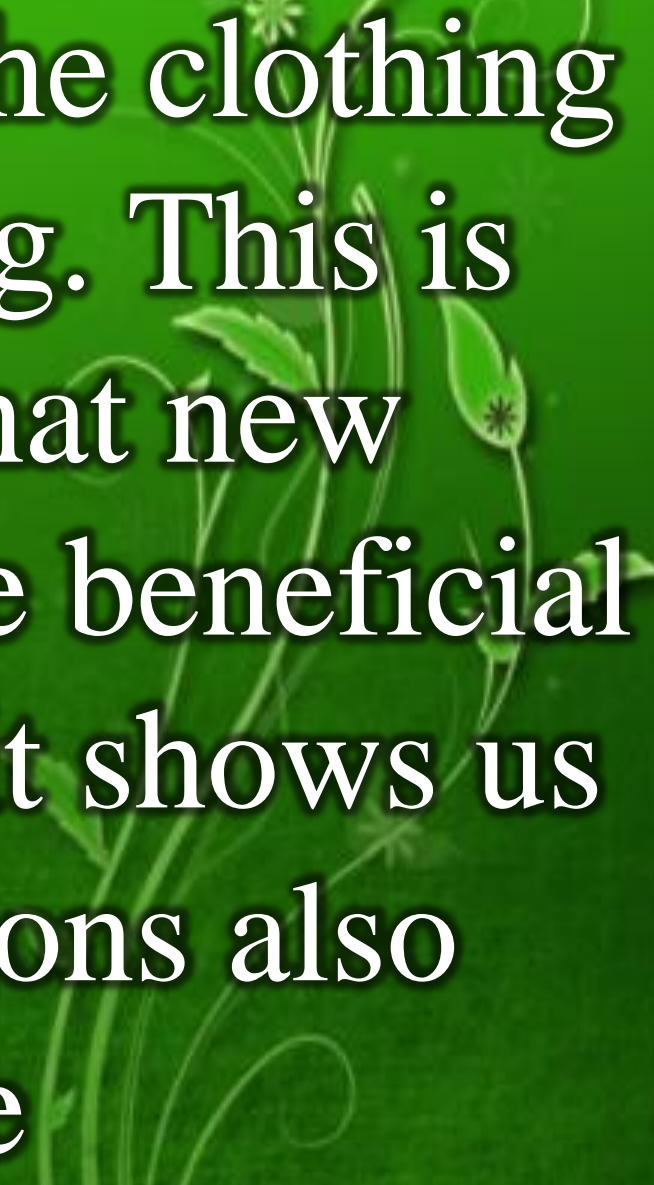


the current needs of the nation's waste management. However, the government's efforts will render in vain if Malaysians still resort to the prevailing lifestyle, producing trash as they wish.

In a *hadeeth* collected in Saheeh al-Bukhaari, it was narrated that the Companion of Rasulullah (صلى الله عليه وسلم), Abu Bakr as-Siddeeq *radiyAllaahu 'anh* had requested 'A'ishah *radiyAllaahu 'anha* to shroud



his dead body with the clothing  
that he was wearing. This is  
because he felt that new  
clothing will be more beneficial  
for the living. Here it shows us  
how the Companions also  
display the

A decorative green vine graphic with leaves and small flowers, positioned on the right side of the page, partially overlapping the text.

same attitude as Rasulullah  
(صلى الله عليه وسلم), which is to optimize the  
usage of any item.

Therefore, let us work together  
and galvanize our efforts in  
overcoming this matter by  
inculcating

practices such as:

1- Instilling the appreciation for food to our children and educating them to not waste their food.

2- Remaining thrifty and frugal when it comes to the

quantity of food consumed.

3- Planning ahead and listing out the grocery needed so as to avoid purchasing unnecessary food items.

4- Giving away extra and leftover food to welfare



organizations and those in need  
such as the poor and needy.

5- Processing or composting  
excessive foods into fertilizers  
that can be later used to fertilize  
the soil and plants.

6- Utilizing the existing waste disposal facilities at recycling centers.

7- It is onus upon the Muslim *ummah* to maintain the cleanliness of their

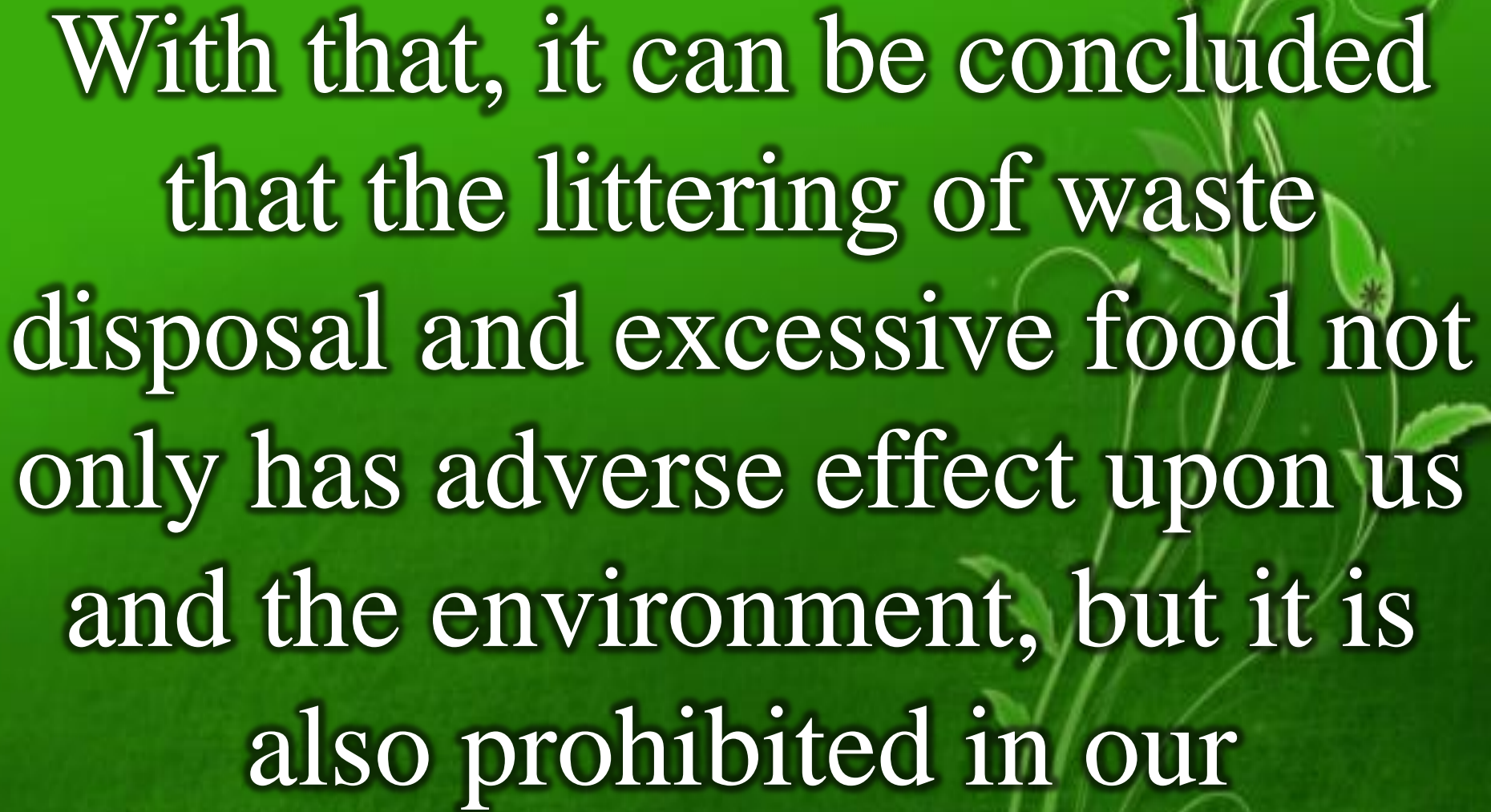
surrounding and not become  
litterbugs.

Abu Maalik al-Ash'ari  
*radiyAllaahu 'anh* reported:

Rasulullah (ﷺ) said:

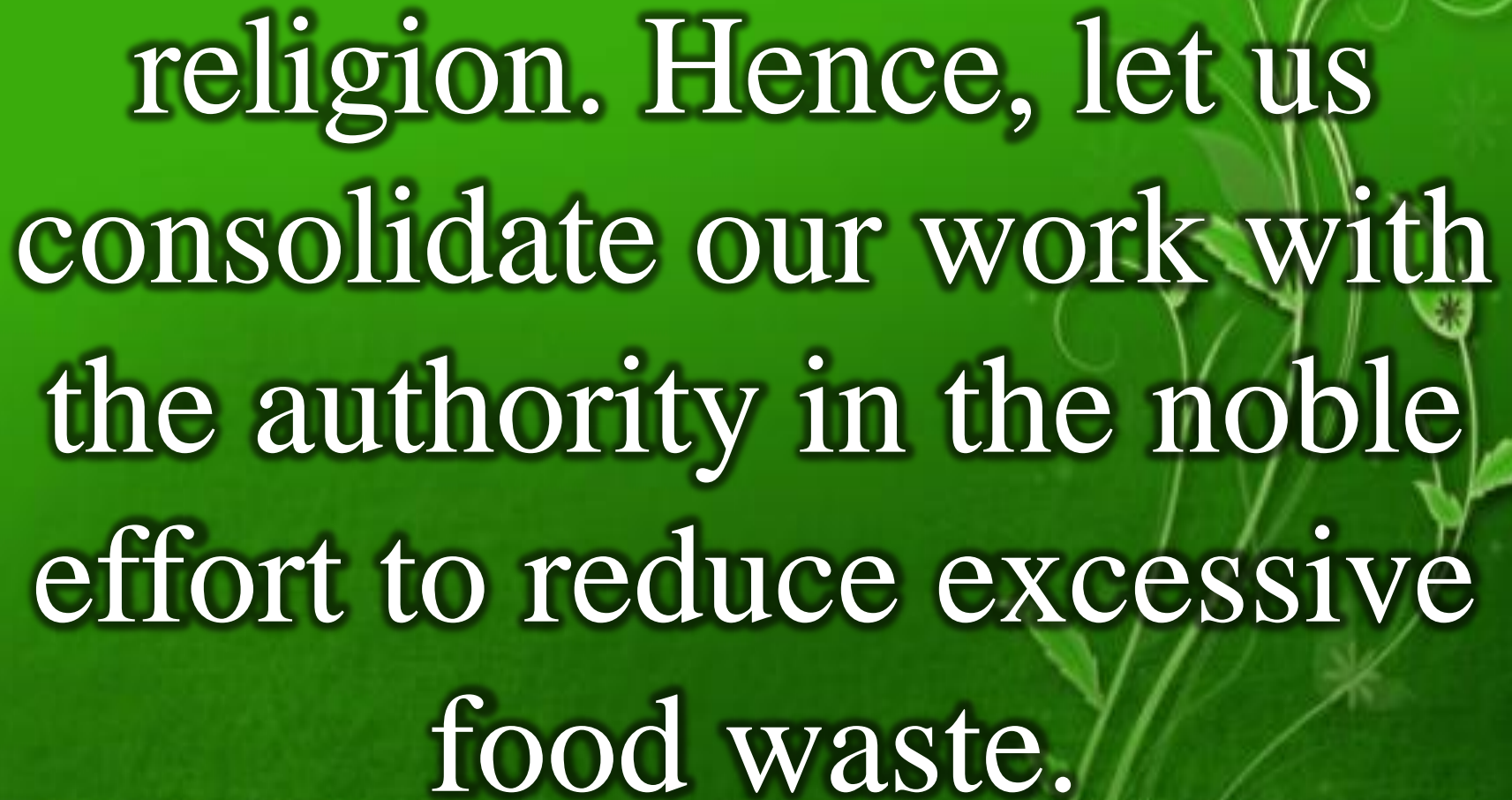
**“Cleanliness is half of faith...”**

(Muslim)

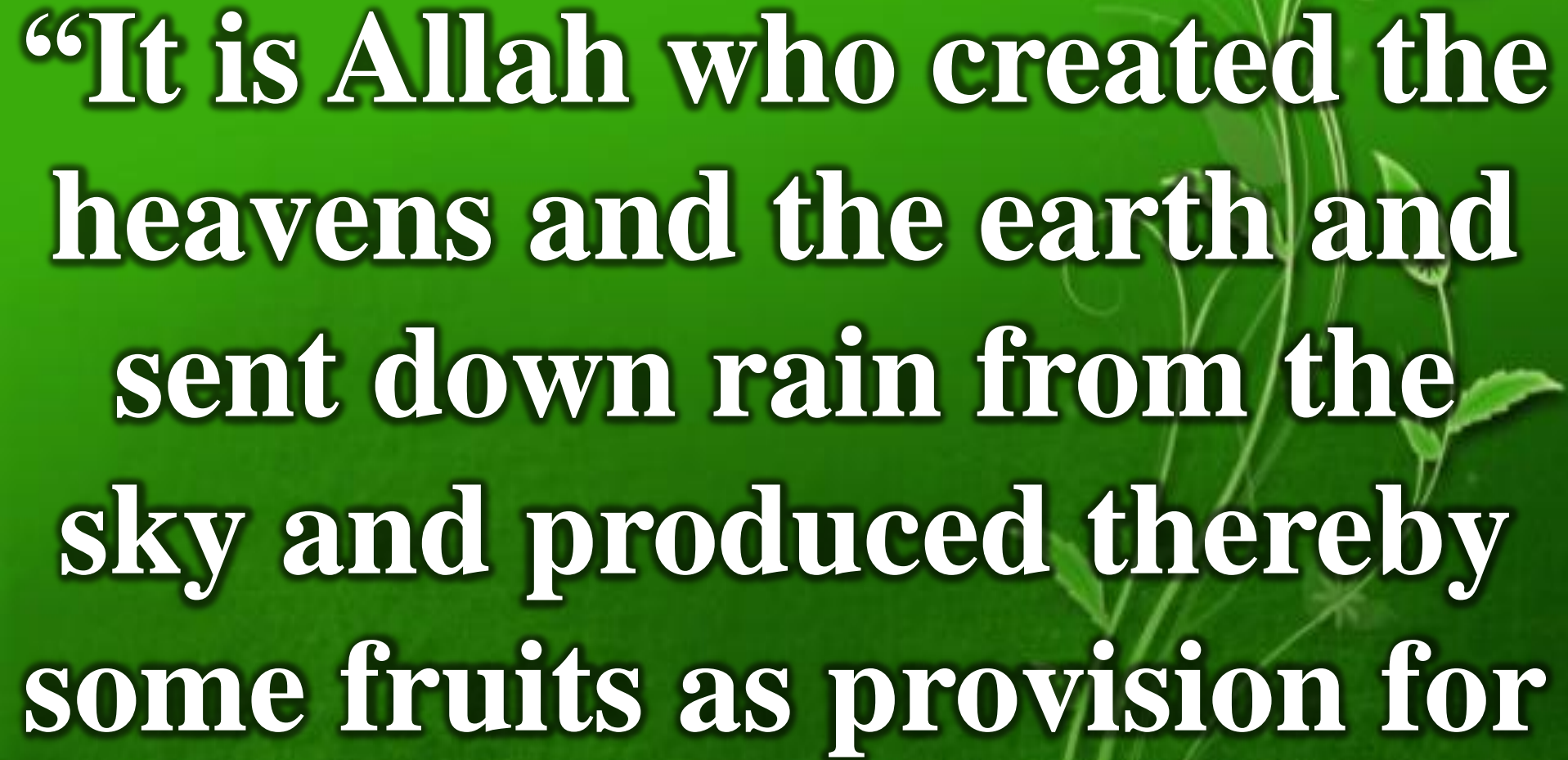


With that, it can be concluded that the littering of waste disposal and excessive food not only has adverse effect upon us and the environment, but it is also prohibited in our





religion. Hence, let us  
consolidate our work with  
the authority in the noble  
effort to reduce excessive  
food waste.



**“It is Allah who created the heavens and the earth and sent down rain from the sky and produced thereby some fruits as provision for**

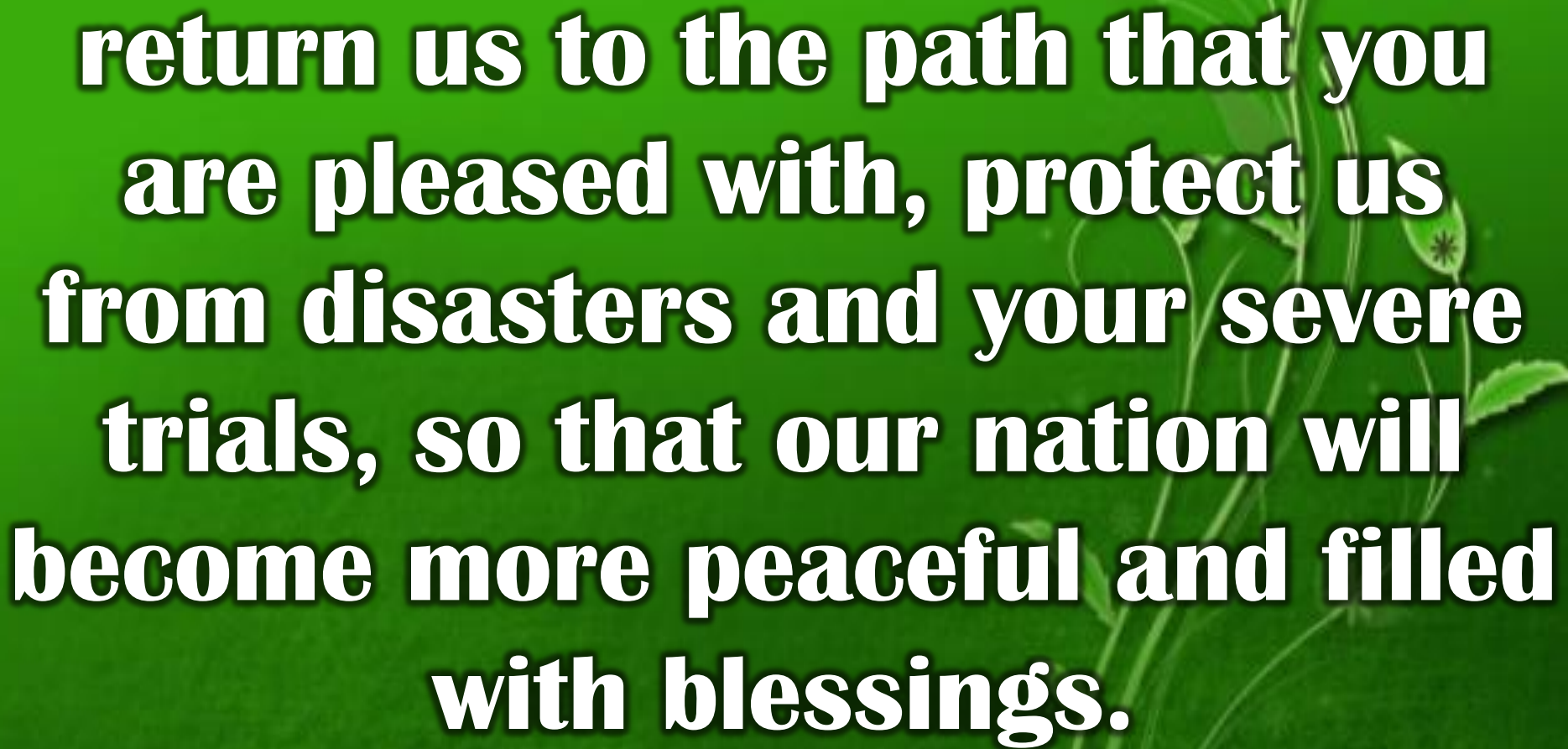
**you and subjected for you  
the ships to sail through  
the sea by His command  
and subjected for you the  
rivers.”**

**(Ibraaheem 14:32)**

بَارَكَ اللهُ لِيْ وَلكُمْ فِي الْقُرْآنِ الْعَظِيمِ وَنَفَعَنِي  
وَإِيَّاكُمْ بِمَا فِيهِ مِنَ الْآيَاتِ وَالذِّكْرِ الْحَكِيمِ وَتَقَبَّلْ  
مِنِّي وَمِنْكُمْ تِلَاوَتَهُ إِنَّهُ هُوَ السَّمِيعُ الْعَلِيمُ. أَقُولُ  
قَوْلِي هَذَا وَأَسْتَغْفِرُ اللهَ الْعَظِيمَ لِيْ وَلكُمْ وَلِسَائِرِ  
الْمُسْلِمِينَ وَالْمُسْلِمَاتِ وَالْمُؤْمِنِينَ وَالْمُؤْمِنَاتِ  
الْأَحْيَاءِ مِنْهُمْ وَالْأَمْوَاتِ فَاسْتَغْفِرُوهُ  
. إِنَّهُ هُوَ الْغَفُورُ الرَّحِيمُ

**O Allah, you are the Lord that is All Mighty, we are grateful to You for having bestowed upon us *rahmah* and *ni'mah*, that we are able to continue the effort in empowering the Muslim *ummah* especially in Selangor, as an advanced state, prosperous, and providing welfare.**

**Hence, we sincerely beseech you,  
O Allah, strengthen our *imaan*,  
accept our deeds, strengthen our  
unity, increase our *rizq*, enrich  
us with beneficial knowledge,  
cultivate our soul with good  
mannerisms,**



**return us to the path that you  
are pleased with, protect us  
from disasters and your severe  
trials, so that our nation will  
become more peaceful and filled  
with blessings.**

**O Allah, we sincerely beseech you, strengthen our beliefs according to the creed of *Ahlu Sunnah wal-Jamaa'ah*, and protect us from deeds and *'aqeedah* that are astray such as the extreme *Shee'is*, *Qadiyani*, and other ideologies.**



**O Allah, open up our hearts in fulfilling the five daily prayers, performing *zakaat*, and other obligations. Bless those that have fulfilled their *zakaat* and loving the *fuqaraa'* and *masaakin*, and those that have**

**made *waqf* and gave up their  
wealth for the *Tabung Amanah  
Pembangunan Islam Selangor*  
(Islamic Development Trust Fund  
of Selangor) with continuous  
reward until the Day of  
Judgment.**



جَابَاتَانِ اِغَامَا اِيسْلَامِ سِلَانْغُورِ  
JABATAN AGAMA ISLAM SELANGOR

**DISEDIAKAN OLEH :**

**UNIT KHUTBAH, BAHAGIAN PENGURUSAN MASJID  
JABATAN AGAMA ISLAM SELANGOR**

**ILLUSTRASI OLEH :**

**UNIT TEKNOLOGI MAKLUMAT,  
JABATAN AGAMA ISLAM SELANGOR**