

I implore for all us to strive in increasing our taqwa of Allah Subhaanahu Wata 'aala by fulfilling all of His Commands and avoiding all of His prohibitions.

Let us increase our remembrance of Allah Subhaanahu Wata 'aala, sending salawaat and salaam upon our beloved Prophet Muhammad (صلى الله), as well as practicing all of his

sunnah. For we truly hope that these efforts will become beneficial for us in this world and the Hereafter. Today's khutbah intends to further increase our understanding that the: "Purity Of The Heart Is The Foundation Of Taqwa."

Cleanliness is from among matters that cannot be taken as lightly by the Muslim ummah. In Islam, cleanliness does not only refer to the physical purity such as personal hygiene or even

clean environment, but it encompasses spiritual cleanliness. Cleanliness is closely intertwined with our imaan unto Allah Subhaanahu Wata 'aala. Abu Maalik al-Ash'ari

## *radiyAllaahu 'anh* reported that Rasulullah(عليه وسلم) said: **"Cleanliness is half of faith..."** (Muslim)

Islam place heavy emphasis on matters regarding cleanliness, whether its physical or spiritual aspects. For example, Islam requires for its ummah to ensure cleanliness is observed

while performing salaah, such as the cleanliness of the physical body, clothing, the place of prayer, and many more. Furthermore, the heart and soul must be cleansed and made sincere solely for

the sake of Allah Subhaanahu Wata 'aala Alone. Similarly with regard to seeking rizq (sustenance), where Islam obligates the Muslims to ensure that their income is pure and free from

any form of corruption such as gambling, bribery, deceits, oppression, and many more. All these greatly manifest how Islam truly cares in the matter of physical and spiritual cleanliness.

Allah Subhaanahu Wata 'aala mentions in al-Qur'an: "...Indeed, Allah loves those who are constantly repentant and loves those who purify themselves." (al-Baqarah 2:222)

The outer cleanliness is an important factor in generating a healthy body. With a healthy body, we will be able to benefit in terms of improving our quality of 'ibaadah unto Allah

Subhaanahu Wata 'aala. Performing 'ibaadah in this state will definitely increase our concentration and khushoo' unto Him, as compared to our 'ibaadah while ill.

Hence, Rasulullah (صلى الله) had reminded his ummah to always preserve a healthy body, as mentioned in hadeeth of ibn 'Abbaas radiyAllaahu'anhuma: "Take advantage of five before five: your youth before your old age, your health before your illness, your riches before your poverty,

your leisure before your work, and your life before your death." (al-Haakim and al-Bayhaqi: saheeh)

The cleanliness of the heart is a very important factor in generating happiness in this world and the Hereafter. With cleansed and pure hearts, we will be able to live in peace and harmony.

Hence, to purify the heart and attain blissfulness, we must abstain from wicked traits such as having pride, arrogance, envy, and others. These evil traits existing in our hearts will become

obstacles to the harmonious living that we are all craving for. In this regard, an-Nu'maan ibn Basheer radiy Allaahu 'anh reported that he heard Rasulullah (عليه وسلم) as saying:

"... Truly in the body there is a morsel of flesh, which, if it be whole, all the body is whole, and which, if it is diseased, all of [the body] is diseased. Truly, it is the heart." (al-Bukhaari and Muslim)

The bad habit of neglecting one's own cleanliness and the surrounding can cause the spread of various diseases such as dengue fever that threatens and even causing deaths in these

recent times, due to our own negligence in maintaining cleanliness. Based on the statement by the Health Minister of Malaysia last August, a total of 65,672 cases of dengue were

reported throughout the nation since early 2014 until August, claiming 128 lives. Aside from that, negligence in cleanliness would cause food poisoning, diarrhea, and many others.

## Similarly, if we always neglect the purification of the heart, it will cause for destruction of noble values within ourselves.

Imaam al-Ghazzaali rahimahullaah has explained that the human heart will be destroyed once it gets fully dominated by shaytaan. However, shaytaan controls the human hearts by

inserting evil acts such as pride, arrogance, greed, and miserliness. These are among the vile acts that always tarnish the purity of our hearts and the entire Muslim ummah.

Those having even a speck of pride in their hearts are truly hated by Allah Subhaanahu Wata 'aala, just as it is hated by a community of those having belief unto Him.

This is because arrogance will produce individuals that are selfish, arrogant, and being proud of themselves, not caring about the community affairs pertaining to their surroundings.

Consequently, it will severe the ties of kinship amongst mankind and eradicates noble values within societal living such as unity, caring, respectful of others, and many more.

## Whilst in reality, mankind does not even have the right to have pride for it solely belongs to Allah Subhaanahu Wata 'aala Alone.

As it was mentioned in hadeeth Qudsi, narrated by Abu Hurayrah radiyAllaahu 'anh that Rasulullah (صلى الله) said: Allah 'azza wajall says:

"Pride is my cloak and majesty is my lower garment, and I shall throw him who view with me regarding one of them into Hell." (Abu Dawood: *saheeh*)

Aside from pride, among the vile acts that tarnishes and destroys the heart is the evil of greed. The heart that is engulfed with greed will only cause the individual to view harm as something

good, and will always strive to achieve his desires regardless of whether it is halaal or haraam. This phenomenon can be visibly seen today, among them in lobbying efforts, bribery,

corruption, betrayal, and many more, all of them stemming from greed that exists in the heart of men. In the hadeeth of ibn 'Abbaas radiyAllaahu'anhuma, he heard Rasulullah (صلى الله) as

## saying: "If the son of Adam (human being) had two valley of money, he would wish for a third, for nothing can fill the

## belly of Adam's son except dust, and Allah forgives him who repents to Him." (al-Bukhaari)

Hence, pride, greed, and all of the wicked acts are deemed as inner defilements that are to be thrown far away from our hearts so that it will always remain pure and pristine.

The most effective method to treat a heart that has been smeared with wicked acts is by performing *tawbah* (repentance) and increasing the remembrance of Allah Subhaanahu Wata 'aala.

The sinful slave, upon performing tawbah nasooha (sincere repentance), Allah Subhaanahu Wata 'aala will not only forgive his sins and cleanse his heart; moreover he will be loved and granted

Paradise that is filled with countless bounties. Allah Subhaanahu Wata'aala mentions in al-Qur'an: "O you who have believed, repent to Allah with sincere repentance.

Perhaps your Lord will remove from you your misdeeds and admit you into gardens beneath which rivers flow...? (at-Tahreem 66:8)

Dhikrullaah (remembrance of Allah) must be intensified from time to time for it can elevate our soul unto obeying fully the commands of Allah Subhaanahu Wata'aala. This deed will

then serve as the fortress for our hearts from being smeared by evil acts. Dhikrullaah also leaves deep effect upon the cleanliness of our hearts, where it can generate the feeling of

servitude unto Allah Subhaanahu Wata 'aala Alone, hence our lives will always be in peace and security. Allah Subhaanahu Wata'aala mentions in al-Qur'an:

"Those who have believed and whose hearts are assured by the remembrance of Allah. Unquestionably, by the remembrance of Allah hearts are assured." (ar-Ra'd 13:28)

In conclusion, cleanliness truly has a significant impact upon our physical and spiritual developments. The clean physical body symbolizes the purity of our hearts, similarly with the

clean heart that affects the cleanliness of our physical body. Therefore, let us contemplate and strive to practice these matters: 1- To strive our utmost in cleansing our hearts from

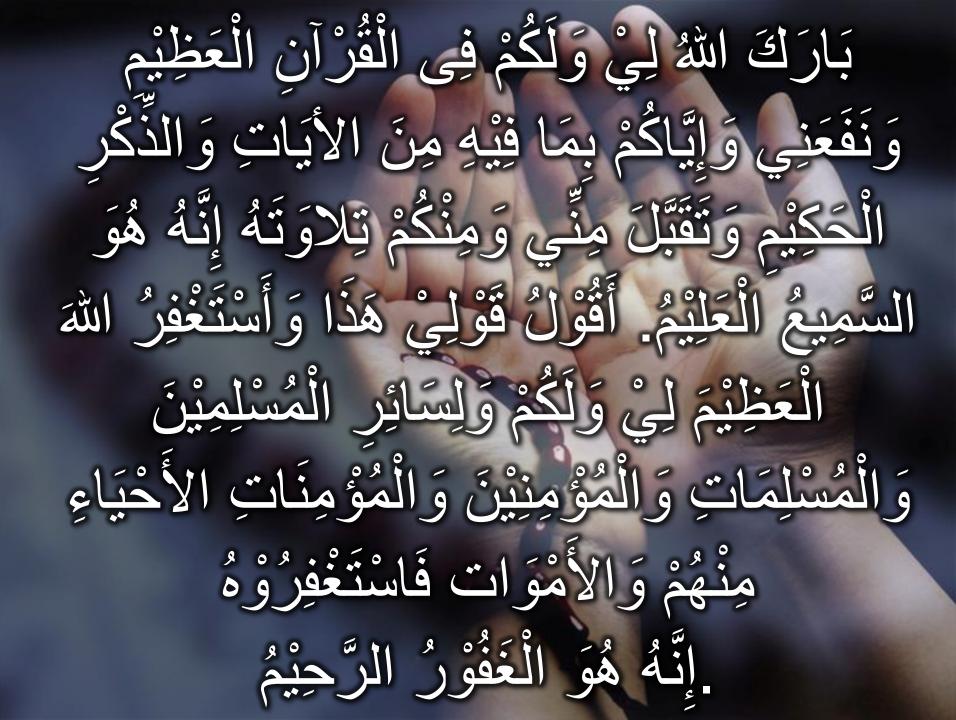
evil traits by increasing our dhikr, tawbah, and 'ibaadah unto Allah Subhaanahu Wata 'aala. 2-Always striving to attend religious lessons and Islamic discourses organized by

mosques and suraus, aiming to develop our personality unto becoming individuals having virtuous akhlaaq. 3- Ensuring ourselves and our surrounding to always remain clean and hygienic,

so as to avoid various illnesses that can harm our body. 4- Getting involved with gotong royong (community clean-ups) in preserving cleanliness, aside from

connecting and strengthening the ties of kinship amongst community members. 5- Always having positive thoughts about Allah Subhaanahu Wata 'aala and mankind.

## "He has succeeded who purifies it, and he has failed who instills it [with corruption]." (ash-Shams 91: 9-10)



**O** Allah, you are the Lord that is All Mighty, we are grateful to You for having bestowed upon us rahmah and ni'mah, that we are able to continue the effort in empowering the Muslim ummah especially in Selangor, as an advanced state, prosperous, and providing welfare.

Hence, we sincerely beseech you, O Allah, strengthen our imaan, accept our deeds, strengthen our unity, increase our *rizq*, enrich us with beneficial knowledge, cultivate our soul with good mannerisms,

return us to the path that you are pleased with, protect us from disasters and your severe trials, so that our nation will become more peaceful and filled with blessings.

O Allah, we sincerely beseech you, strengthen our beliefs according to the creed of Ahlus Sunnah wal-Jamaa'ah, and protect us from deeds and 'ageedah that are astray such as the extreme Shee'is, Qadiyani, and other ideologies.

**O** Allah, open up our hearts in fulfilling the five daily prayers, performing zakaat, and other obligations. Bless those that have fulfilled their zakaat and loving the fugaraa' and masaakin, and those that have

made waqf and gave up their wealth for the Tabung Amanah Pembangunan Islam Selangor **(Islamic Development Trust Fund** of Selangor) with continuous reward until the Day of Judgment.



**DI SEDIAKAN OLEH :** 

BAHAGIAN KHUTBAH,

JABATAN AGAMA ISLAM SELANGOR

**ILLUSTRASI OLEH:** 

UNIT TEKNOLOGI MAKLUMAT,

JABATAN AGAMA ISLAM SELANGOR