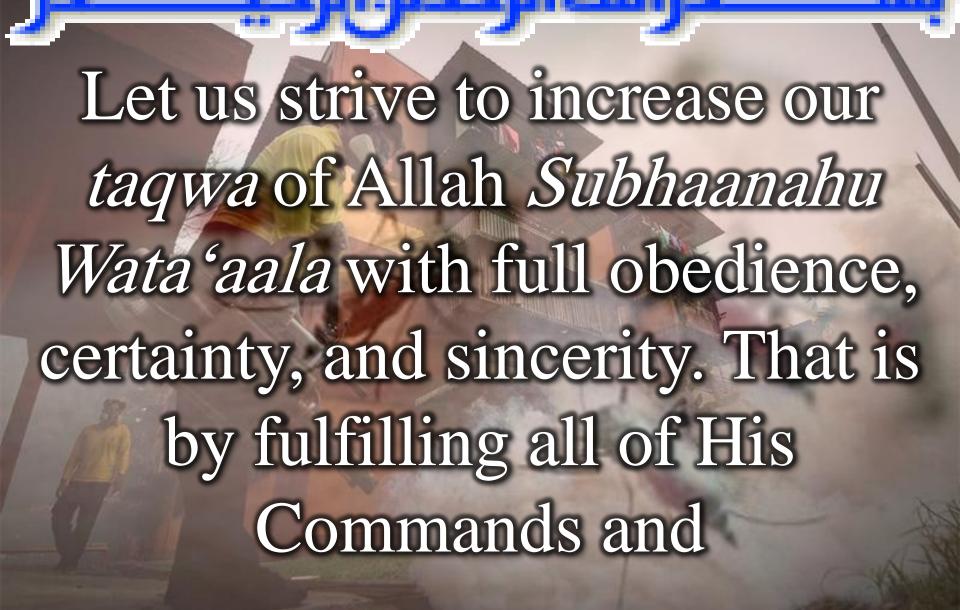


DENGUE AND DEATH LINGERINGIN **OUR HOMES**



avoiding all of His prohibitions. May we all become those having true taqwa, attaining success and salvation in this world and the Hereafter.

On this blessed day, let us ponder and contemplate upon a khutbah titled: "Dengue And Death Lingering In Our Homes."

Among important matters that are greatly emphasized in Islam is the aspect of health. Islam highly encourages maintaining good health, providing guidelines in this regard,

guidelines pertaining to halaal and haraam matters in medicine, and so forth. Just like in the reminder from our beloved Prophet Muhammad (عليه وسلم) that the body has rights that must be

safeguarded. Aside from that, the statement of Rasulullah صلى الله) that every disease has its cure and with appropriate medicine the illness will be cured. Such is the deen of Islam, for every question or

need in the lives of mankind, guidelines are provided for and its path shown. In to Islam, good health is truly a major blessing bestowed by Allah upon His creations. Furthermore, the

blessing of good health is deemed as a great bounty after the bounty of imaan and Islam. For that, Rasulullah (عليه وسلم) had always reminded mankind not to neglect the blessings of good

health and free time. He (عليه وسلم) also emphasized that good health is a bounty and goodness bestowed by Allah Subhaanahu Wata 'aala, after certainty and imaan. Good health is an amaanah and

bounty that is held accountable upon mankind, and definitely will be questioned about on the Day of Judgment. ibn 'Abbaas radiy Allaahu 'anhuma reported:

Rasulullah (صلى الله) said to a man and he was admonishing him: "Take advantage of five before five: your youth before your old age, your health before your illness,

your riches before your poverty, your leisure before your work, and your life before your death." (al-Bayhaqi: saheeh)

For this reason, every Muslim must preserve the bounty or favor of good health bestowed upon them before getting struck by illness or death. Proper health care can be practiced

with a healthy diet, consistent health screening, and following healthy guidelines outlined by health experts, and also guidelines mentioned in al-Qur'an and as-Sunnah.

Indeed, those that are neglectful, unappreciative, and unthankful upon all the bounties bestowed by Allah Subhaanahu Wata'aala, also having kufr (disbelief) upon Him, will be threatened by

Allah Subhaanahu Wata'aala with severe torment. Allah Subhaanahu Wata'aala mentions in al-Qur'an:

"And when adversity touches man, he calls upon his Lord, turning to Him [alone]; then when He bestows on him a favor from Himself, he forgets Him whom he called upon

before, and he attributes to Allah equals to mislead [people] from His way. Say, "Enjoy your disbelief for a little; indeed, you are of the companions of the Fire."" (az-Zumar 39:8)

Today, more than 100 countries across South Asia, Southeast Asia, Africa, and other regions are plagued with the problem of dengue or dengue fever. Dengue fever is often found in the

city and its surrounding area. It often occurs in countries located within the tropical regions. In recent years, this mosquitoborne disease has caused widespread problem for public health across the

globe. Perhaps, many of us deem mosquito bites as not posing a major threat or something normal that one should not need to worry about. However, mosquito bites is a serious matter and

should cause great concern especially ones from Aedes mosquitoes, for it not only cause the spread of deadly virus, moreover it can even cause deaths. Truly indeed, dengue can cause death.

Dengue is transmitted to humans through Aedes mosquito bites, which carries the virus. As soon as someone is bitten, the dengue virus will enter and circulate within the blood

flow, inflicting the illness upon the victim. The dengue virus will then spread, causing the illness to spread among humans within eight to 12 days after the Aedes mosquito's initial bite and

sucking out the blood. Based on the press statement released by Malaysia's Minister of Health on the 34th week, which is between August 17th-23rd 2014, a total of 2812 cases of dengue

along with two casualties were reported. The overall reported cases of dengue throughout the nation for 2014 are 65672 cases, as compared to 18099 reported cases in 2013. Moreover, the

overall number of deaths caused by dengue in 2014 is recorded at 128 deaths, compared with 35 deaths recorded in 2013. It is with grave concern that these numbers may continue to

increase from time to time. It was recorded that until today, unfortunately, the state of Selangor has championed the number of dengue cases recorded at 36941 with 32 deaths

reported up until July 2014. Majority of dengue cases skyrocketed after the monsoon season. This is because mosquitos, especially Aedes, easily breed in stagnant water or in

water puddles formed. There are four types of dengue posing threat to mankind, namely the dengue fever, dengue hemorrhagic fever, dengue shock syndrome, and classic dengue.

Each one of them is different. However, the most frequent one to occur is dengue fever and its simple symptoms are both fever and common cold.

Dengue hemorrhagic fever is the most feared one and it usually occurs among children and young adults. Dengue shock syndrome is the most lethal of all, inflicting the highest

casualty, often causing deaths. The classic dengue usually would cause its victim to feel aching on the body, diarrhea, nausea, reddish skin rash, and it is deemed as a common health

problem. Among the symptoms of dengue fever in general are sudden on-set fever, continuous fever, muscle and joint pains, headache (behind the eyes), red dots or rashes on the

skin, bleeding underneath the skin, nose, and gums, loss of appetite, vomiting, abdominal pain, and itchiness on the body. Hence, when these symptoms are visible, hasten to have them

examined by medical experts. Among preventive measures that can be undertaken in curbing dengue fever is that the general public is advised to consume a lot of plain water,

maintaining cleanliness, and not allowing any standing water to exist for it will easily become the breeding ground for Aedes mosquitos. Every household is advised to spend approximately 10

minutes every week for preventive measures such as to remove excessive water around the house straightaway. For water reservoir that are needed, ensure that they are always

covered or treated with mosquito larvae-killing drugs, and examined on a weekly basis.

Other than that, everyone must be protected and safeguarded from mosquito bites. Mosquito repellants and killers can be used for this very purpose. Also, to install nettings on the

windows at home in preventing mosquitos from entering the house. Avoid from visiting high risk places or areas that are full of mosquitos during the day. May Allah Subhaanahu Wata 'aala

protect us always. The conclusions that can be drawn from today's khutbah are: 1- It behooves every Muslim to always safeguard their health for the well-being of

the mind, soul, and physical body.

2- We must always maintain the cleanliness of our dwelling and destroy any potential mosquito breeding ground.

3- Every community member must exercise their role and cooperate in addressing and preventing dengue by instilling the awareness upon the danger of dengue within the society,

to share all information regarding the importance of maintaining good health, and together implementing preventive measures in curbing the dengue epidemic. 4- Everyone must exercise their very role and remain committed in the noble effort of preventing and eradiating dengue.

"And spend in the way of Allah and do not throw [yourselves] with your [own] hands into destruction [by refraining].



بَارَكَ اللهُ لِي وَلَكُمْ فِي الْقُرْآنِ الْعَظِيْمِ وَنَفَعَنِي وَإِيَّاكُمْ بِمَا فِيْهِ مِنَ الأَبّاتِ وَالنَّكُرِ الْحَكِيْمِ وَتَقَبَّلَ مِنِّي وَمِنْكُمْ تِلاوَتُهُ إِنَّهُ هُوَ السَّمِيعُ الْعَلِيمُ. أَقُولُ قُوْلِيْ هَذَا وَأَسْتَغْفِرُ اللهَ الْعَظِيْمَ لِيْ وَلَكُمْ وَلِسَائِرِ الْمُسْلِمِيْنَ وَالْمُسْلِمَاتِ وَالْمُؤْمِنِيْنَ وَالْمُؤْمِنَاتِ الأُحْبَاءِ مِنْهُمْ وَالأُمُواتِ فَاسْتَغْفِرُوهُ إِنَّهُ هُوَ الْغَفُورُ الرَّحِيْمُ

O Allah, You are the Almighty Lord, we are grateful unto You for having bestowed upon us Mercy and Blessings, nourishing us to strive to continue in strengthening the Muslim nation especially the state of Selangor, as an advanced, progressive, peaceful, and benevolent state.

We beseech and beg You, Ya Allah, to strengthen our imaan, increase our good deeds, strengthen our unity, increase our provision, enrich us with beneficial knowledge, nourish our soul with beautiful akhlaaq, guide us to the Path that is Pleasing to You,

protect us from Your severe tribulations such as the long drought, severe flooding, disease outbreak, violence and instability, poverty, and others, so that our land will become more peaceful and blessed.

Oh Allah, we ask You to open up the hearts of the Muslim ummah especially in Selangor, to fulfill their zakaat obligation as You had decreed in al-Qur'an. Bless the lives of those who have fulfilled their zakaat obligation, loving and caring for the poor and needy.

Purify their wealth and soul so that they will live according to that which pleases You. Protect the poor and needy from disbelief and everlasting poverty. Allaahummaa ameen



DI SEDIAKAN OLEH:

BAHAGIAN KHUTBAH,

JABATAN AGAMA ISLAM SELANGOR

ILLUSTRASI OLEH:
UNIT TEKNOLOGI MAKLUMAT,
JABATAN AGAMA ISLAM SELANGOR