



جَابَاتَانِ اِغَامَا اِسْلَامِ سِلَانْغُورِ

JABATAN AGAMA ISLAM SELANGOR

JABATAN AGAMA ISLAM SELANGOR

**AVOID THE**  
**DETRIMENTAL**  
**HABIT OF**  
**WASTING TIME**



Let us all develop and increase our *taqwa* in all aspects of our lives, by diligently fulfilling all of the Commandments of Allah *Subhaanahu Wata'aala* and avoiding all of His prohibitions.

Have certainty for it is only with *taqwa* that we will be granted aid and ease in our affairs of this world. And in the Hereafter, we will be joyfully immersed with *rahmah*, *maghfirah*, and the pleasure of Allah *Subhaanahu Wata'aala*.



Indeed, those having utmost *taqwa* are those that have successfully filled their lives with deeds giving off handsome returns in their lives of this world and the Hereafter.



The topic of today's  
*khutbah* is “**Avoid The  
Detrimental Habit Of  
Wasting Time.**”

Time is something that is of paramount importance in Islam. Its significance is very clear in al-Qur'an when Allah *Subhaanahu Wata'aala* swears by it at the beginning of several *soorahs*

– by time (وَالْعَصْرِ), by the dawn (وَالْفَجْرِ), by the morning brightness (وَالضُّحَىٰ), by the night (وَاللَّيْلِ), and many others.



Certainly those time period or instances mentioned in al-Qur'an bear significant meanings that Allah *Subhaanahu Wata'aala* swears by them. And upon them is great *hikmah* for His

slaves whom contemplate and  
reflect upon them. However,  
most mankind are heedless and  
neglectful of the grave  
importance of time throughout  
their lives.



On the authority of ibn  
'Abbaas *radiyAllaahu*  
'*anhuma*, the Messenger  
*sallAllahu 'alayhi wasallam*  
said:



**“There are two blessings  
which many people lose:  
(They are) Health and free  
time for doing good.”**

**(al-Bukhaari)**

Such truthfulness in his words.

We are always negligent and guilty in wasting time. This is even more apparent within our society especially during school holidays.



Many of the youth and and students are wandering off and wasting their precious time without indulging in beneficial activities throughout those periods. Make observations of what



they normally do. Are they actually beneficial activities or purely a waste of time? Among those activities are lounging with their buddies all day long, wandering around on their motorcycles

without any purpose, surfing  
the internet and chatting away  
on social websites for hours,  
engrossed in excessive  
entertainment, and unlawful  
free mixing between opposite  
genders.



Are these types of activities to be made as regular habit and culture? What and where is the value of time in our lives? Why do we fail to spend our time wisely with perfection?

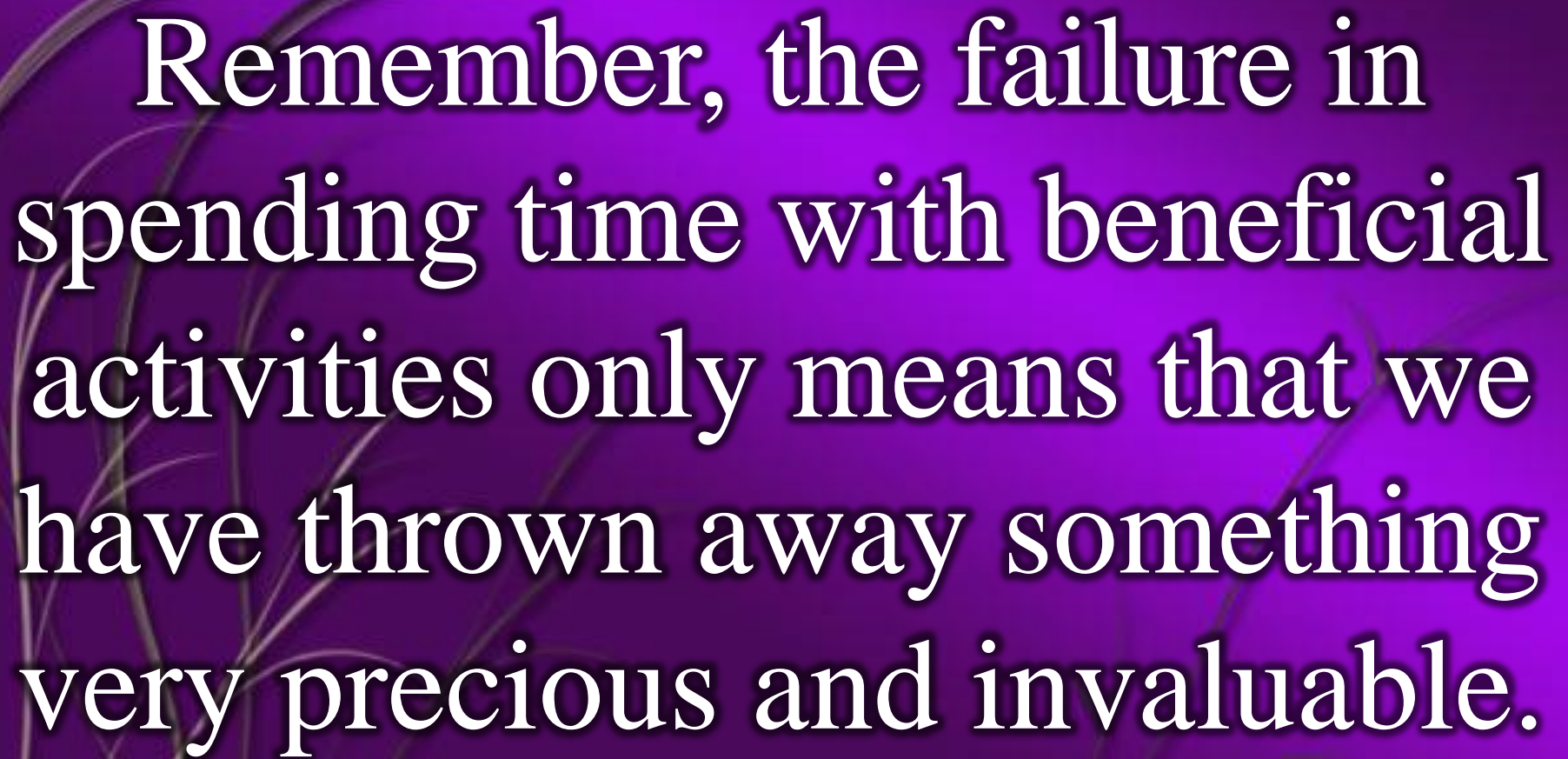


Why do we continue to waste our time without feeling guilty or sinful? Truthfully, these are all due to the lack of awareness and insensitivity in appreciating the importance of time by

the parents and the youth themselves. Therefore, let us look at some of the reasons why Islam heavily emphasize on the gravity of time, as follows:



1- Time is something that is very precious. Every single second wasted can never be replaced or compensated to get it back again.



Remember, the failure in spending time with beneficial activities only means that we have thrown away something very precious and invaluable.



2- Time is actually our age.  
Our age is the capital for our  
lives that has already been  
predetermined. It must be  
sufficiently filled in  
determining our success in this  
life and the Hereafter.



Are we aloof to such scenario?

A whole entire day that goes  
away without an iota of  
knowledge, good action,  
*'ibaadah*, or any form good  
deed only means that those  
time period

were intentionally left to expire  
and eat away our lives. This  
will later cause tremendous  
never ending regret in the  
Hereafter. Allah *Subhaanahu*  
*Wata'aala* mentions in al-  
Qur'an:



**“[For such is the state of the disbelievers], until, when death comes to one of them, he says, “My Lord, send me back. That I might do righteousness in that which I left behind.”**



**No! It is only a word he is saying; and behind them is a barrier until the Day they are resurrected.”**

**(al-Mu'minoon 23:99-100)**

3- Time is a *ni'mah* that will be accounted for in the Hereafter. We will be questioned on how we spent every single second of it.



In the *hadeeth* of Abu Barzah  
al-Aslamiy *radiyAllaahu ‘anh*,  
the Messenger of Allah  
*sallAllahu ‘alayhi wasallam*  
said:

**“A man will not be let go on  
the Day of Resurrection until  
he has been asked about four  
matters: His life and how he  
spent it, his**



**knowledge and what he did  
with it, his wealth and how  
he earned it, and his body  
and how he used it.”**

**(at-Tirmidhi: *saheeh*)**

After realizing the importance of time and the reality of the detrimental habit of wasting time, let us take necessary measures to ensure that every second ticking is spent in the best



manner possible:

# **1- Plan and organize daily activities**

This is the first and most important step. Parents can assist their children to schedule their activities.

Allocate times for reading,  
*hifdh* of al-Qur'an, and  
revision, also watching  
television and playtime during  
school holidays. Give a  
balanced and due rights upon  
the mind, spiritual, and



physical dimension of the children. Without beneficial activities, they will succumb to wasting time. This is as it was reminded to us by al-Imam ash-Shaafi'i *rahimahullahu ta'aala:*

*“If you do not make  
yourself busy with the  
truth, it will surely make  
you busy with  
falsehood.”*




**2- Have targets and objectives to be achieved during the holiday break**

**This must be done so that the children will appreciate time and busy**

themselves in achieving those goals. Hence, there is no room for time to be wasted. For example, setting the goal to memorize the entire *juz 'amma* and few other





*soorahs*, improving one's  
*salaah*, enrolling in an  
intensive language course, and  
many more.

### **3- Spending the weekend with the children**

Reward their obedience and discipline by taking them out to visit relatives, sightseeing, or go on a family vacation.



At the very least, take out the entire family for a dinner outing. Educate and train our children to perform *salaah* in *jamaa'ah* at the masjid along with us.

Such is effective and efficient time spending strategy that can be implemented so that the children will truly feel loved and appreciated.

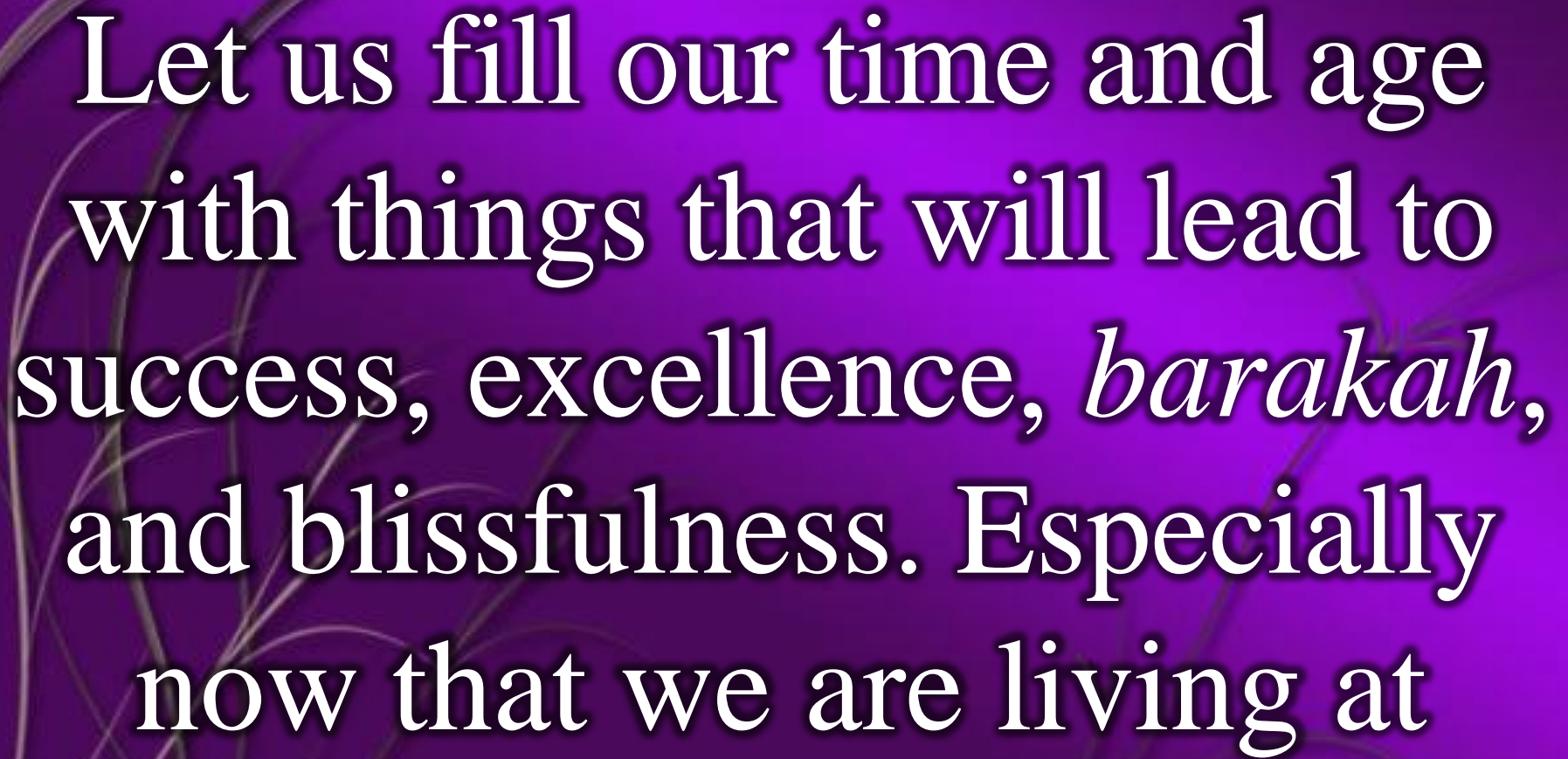




With this love and care, their  
hearts will flourish and  
become empowered to rise and  
strive for success and  
excellence.

We must action quick before  
losing out for time flies by  
very quickly. We have been  
wasting too much time with  
non-beneficial activities  
whether for this worldly life or  
the Hereafter.





Let us fill our time and age  
with things that will lead to  
success, excellence, *barakah*,  
and blissfulness. Especially  
now that we are living at

the end of time, where time is very short and passes by quick.

We are all afflicted with this dilemma and experience. In the

*hadeeth* of Anas bin Maalik  
*radiyAllaahu 'anh,*



the Messenger *sallAllahu*

*'alayhi wasallam* said:

**“The Hour shall not come  
until time will be considered  
short, and a year will appear  
like a**

**month, a month like a week,  
a week like a day, a day like  
an hour, and an hour like a  
flash of fire.”**

**(at-Tirmidhi: *saheeh*)**



Let us take valuable lessons by reflecting upon the main points from today's *khutbah*, among them:

1- Time is of essence, which is priceless and irreplaceable.

Take heed for the time that has passed can never be brought back or redeemed.

2- Islam heavily emphasizes on efficient time management for it is an *amaanah* that will be



questioned about. Hence, plan ahead and organize beneficial activities accordingly so that this *amaanah* will be fulfilled with perfection.

3- Wasting time and failure in proper time management will only incur heavy loss in this world and enormous regret in the Hereafter.



**“Do you not see that to Allah  
prostrates whoever is in the  
heavens and whoever is on  
the earth and the sun, the  
moon, the stars, the**

**mountains, the trees, the  
moving creatures and many  
of the people? But upon  
many the punishment has  
been justified.**



**And he whom Allah  
humiliates - for him there is  
no bestower of honor.  
Indeed, Allah does what He  
wills.”**

**(al-Hajj 22:18)**

بَارَكَ اللهُ لِيْ وَلكُمْ فِي الْقُرْآنِ الْعَظِيْمِ وَنَفَعَنِي  
وَإِيَّاكُمْ بِمَا فِيهِ مِنَ الْآيَاتِ وَالذِّكْرِ الْحَكِيْمِ وَتَقَبَّلْ  
مِنِي وَمِنْكُمْ تِلَاوَتَهُ إِنَّهُ هُوَ السَّمِيْعُ الْعَلِيْمُ. أَقُوْلُ  
قَوْلِيْ هَذَا وَأَسْتَغْفِرُ اللهَ الْعَظِيْمَ لِيْ وَلكُمْ وَلِسَائِرِ  
الْمُسْلِمِيْنَ وَالْمُسْلِمَاتِ وَالْمُؤْمِنِيْنَ وَالْمُؤْمِنَاتِ  
الْأَحْيَاءِ مِنْهُمْ وَالْأَمْوَاتِ فَاسْتَغْفِرُوْهُ  
إِنَّهُ هُوَ الْغَفُوْرُ الرَّحِيْمُ



**O Allah, You are the Almighty Lord, we are grateful unto You for having bestowed upon us Mercy and Blessings, nourishing us to strive to continue in strengthening the Muslim nation especially the state of Selangor, as an advanced, progressive, peaceful, and benevolent state.**



**We beseech and beg You, Ya Allah,  
to strengthen our *imaan*, increase  
our good deeds, strengthen our  
unity, increase our provision,  
enrich us with beneficial  
knowledge, nourish our soul with  
beautiful *akhlaaq*, guide us to the  
Path that is Pleasing to You,**

**protect us from Your severe tribulations such as the long drought, severe flooding, disease outbreak, violence and instability, poverty, and others, so that our land will become more peaceful and blessed.**



**Oh Allah, we ask You to open up the hearts of the Muslim *ummah* especially in Selangor, to fulfill their *zakaat* obligation as You had decreed in al-Qur'an. Bless the lives of those who have fulfilled their *zakaat* obligation, loving and caring for the poor and needy.**

**Purify their wealth and soul so  
that they will live according to  
that which pleases You. Protect  
the poor and needy from disbelief  
and everlasting poverty.**

***Allaahummaa ameen***



**O Allah, We beg You... Please help  
our brothers in Gaza...Please free  
them from the colonialism of  
Zionist ..O Magnificent, O  
Honored One,**

**Oh God, Blessed them with  
bravery, strength, courage,  
healthy and patient in fighting  
Your enemy....**

**O Allah We beg You, Please  
heal their sickness and blessed  
them with martyr.**

**O Allah, Please unite the  
Muslims and Arabic leaders to  
help the Palestinians .. O Allah,  
Please destroy the enemies of  
Islam, protect the territories of  
Islam and unite the word of the  
Muslims in truth, oh lord of the  
worlds.**



**O Allah, Please Unite the hearts  
Muslims, Guide us on the paths  
of peace and lead us from  
darkness into light, O  
Magnificent, O Honored One..  
Amin Ya Rabbalalamin..**



جَابَاتَانِ اِغَامَا اِيسْلَامِ سِلَانْغُورِ  
JABATAN AGAMA ISLAM SELANGOR

DI SEDIAKAN OLEH :

BAHAGIAN KHUTBAH,

JABATAN AGAMA ISLAM SELANGOR

ILLUSTRASI OLEH :

UNIT TEKNOLOGI MAKLUMAT,

JABATAN AGAMA ISLAM SELANGOR